

# En Voyage

Aurigny's leisure and business magazine

ISSUE 27

# SPRING IS IN THE AIR

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# AIMING HIGH

A MESSAGE FROM AURIGNY CEO NICO BEZUIDENHOUT

The year has got off to a flying start (excuse the pun!) as we continue to develop the airline and add new destinations to meet demand from residents of Guernsey and visitors to our beautiful island home alike.

As Guernsey's airline, reshaping Aurigny has been a major priority in recent years, and we are striving to make it as efficient as possible. At the delivery end of our activities, our fantastic team of highly trained pilots, first officers, cabin crew and ground staff are working hard to try to ensure that your experience with us is as good as it possibly can be.

The weather still presents us with a curveball on occasion, especially at this time of year, and we constantly strive to reduce any inconvenience through operational agility and the effective use of technology, such as the world-first ClearVision navigational system that has recently been activated on Aurigny's ATR fleet. While technologies such as ClearVision by no means eliminate all weather-related flight disruptions, it does allow Aurigny to operate under conditions of reduced visibility where it otherwise would not have been able to.

From a connectivity perspective, Aurigny connects nine regular year-round destinations in the UK with Guernsey and our beautiful northern isle, Alderney. In 2022 Aurigny provided regular and ad hoc flight services between Guernsey and more destinations than ever before, and we will continue to respond to demand for more network flight options in 2023.

We have recently launched an exciting and varied programme of destinations for this year and are delighted to enable families and friends to travel directly to a whole host of popular destinations, including Majorca, the Spanish mainland and Paris. You can also enjoy St Patrick's Day in Ireland or hop over to Edinburgh with the family for half term, and the popular winter ski link to Grenoble is also continuing.

Whether it be high-frequency services between Guernsey and Gatwick to support the business community, attending a sporting event in Manchester or a medical appointment in Southampton, a weekend break to Europe, or welcoming a visitor from Dublin – all of us at Aurigny are looking forward to serving you, our customer.


Welcome onboard.

*Nico*



# Helping you reach your next destination


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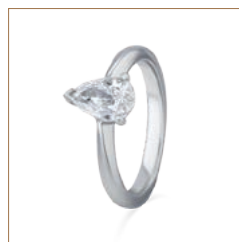
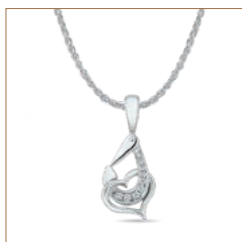


# CATHERINE BEST



## Cradle your loved ones

The Cradle of Love Pendant is inspired by Catherine's love for her family and that instinctive desire to keep them close when they are apart. Each runner within the crescent holds a gemstone to represent a loved one, making each combination unique to the owner and a truly sentimental handcrafted gift. We also have other gift options for this season, please see below for a small selection of these.



Explore Online

LONDON | JERSEY | GUERNSEY



catherinebest.com

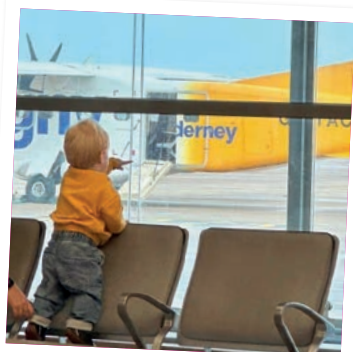




# #Aurigny

## SEND US YOUR SHOTS!

We want to see your photos, perhaps a colourful sunset at 12,000 feet, a runway panoramic or an onboard abstract. Upload your best photo to any social media platform and tag using #Aurigny. It could be featured in the next issue of En Voyage. Please remember to make sure your device is switched to the flight safe mode for taxi, take-off and landing, and upload at a suitable time.



@mrsmspot

When you coordinate your outfit with your transport for your Christmas travels



@guernseyhermphotography

Amazing view of Guernsey from @aurigny\_gsy



@maaikepilot  
Jumpseat views



@av1ation

@aurigny\_gsy ATR 72-600 (G-OATR) seen here having taken off from RWY 23R @manairportuk

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@tieneluu

Throwback to Livis second flight

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### CONTRIBUTORS

What's a magazine without wordsmiths? En Voyage receives content from a variety of writers and contributors in both Guernsey and further afield.





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Any space, is possible



Kitchens | Bedrooms |  
Bathrooms | Homeware | Tiles

"IN LIFE, IT'S NOT WHERE YOU GO.  
IT'S WHO YOU TRAVEL WITH."

Charles Schulz



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# SUNSHINE IN OUR SIGHTS

Hurrah! We've made it this far through the dismal winter, survived dry January, abandoned veganuary and the gym is proving a step too far – now let's have some fun. Boost your feel good factor by booking one of our Direct Summer Sun flights, and you can spend the next few, probably rainy, weeks looking forward to it. Book at [aurigny.com](http://aurigny.com)

Picture the scene: aqua blue inviting sea, cloudless sky, just the right amount of cover from your sunshade and a padded lounger. It doesn't have to be a desk-bound fantasy. Aurigny has tuned into the needs of our Guernsey community and has laid on more direct flights and more destinations than ever before to make reaching the summer sun one easy step.

We don't think many of you yearn for that extra mainland leg, with its associated costs (emotional and fiscal), pricey airport hotel nights, and extra several hours of hanging around at the connecting airport,

constantly trying to round up the children and keep them out of the shops and watching the board for updates. Worse still, you suddenly wonder why having to get up at 3am to check in seemed like such a good idea when you booked. No. None of that is suffered by our direct-from-Guernsey fliers.

Our schedule has civilised times so you can easily rope in friends or family to give you a lift to the airport without having to apologise for the timings, then board the aircraft, safe in the knowledge that your luggage is with you and stays with you

until your destination. Relax and enjoy some refreshments; the only stress is choosing between a glass of fizz to start your holiday or one of our other tipples and what duty free to select.

We leave you to decide what type of holiday suits your particular scenario, although we are looking at providing one-stop flight and accommodation offers going forward to make things even easier. If you are still wondering where to head from here, cast an eye over our 'Hidden Gems' guide in the next few pages...





ABOVE: THE OLD TOWN AT NIGHT.  
RIGHT: PAELLA. ALL IMAGES ©ISTOCKPHOTO.



# IBIZA UNCOVERED

Forget the 'party all night' tag that Ibiza has acquired over the years. This Balearic gem is perfect for R&R and has scenery which justifies its position as the go-to place for celebs and the glitterati. While its reputation for top end clubs, villas and hotels might dominate international news, the truth is that Ibiza has an enormous range of accommodation to suit everyone, from young singles to family groups and couples, and some of the most beautiful beaches in the Med.

Laughter is always a sign of a good holiday and Ibiza brings out plenty of that, with its twisty coastal tracks testing your navigation, unexpected bays and superb food and drink scene. If Guernsey roadworks have made you wish you were never in a car, don't bother to hire one and use the network of fantastic small ferries instead. From most resorts, small ferries connect to nearby beaches several times per day, from San Antonio to all the beautiful beaches of the west coast like **Cala Bassa**, **Cala Conta** or **Cala Salada** or from **Ibiza Town** to **Cala Llonga**, **Figueretas** and **Playa d'en Bossa**.

There are also lots of boat excursions - hippy market in **Es Cana** anyone? The lively resorts of **San Antonio** and **Ibiza Town** can get very hectic in summertime so, while they might prove best value

as an accommodation base, head to the north or east for a more relaxing experience. **Portinatx**, **Santa Eulalia**, **Puerto de San Miguel** and **Port des Torrent** are all good places to stay in Ibiza.

Much of the area north-east of **Sant Carles de Peralta** is sleepy, with farms, people on bikes and dusty tracks. **Cala Mastella**, **Santa Eulalia**, is reached through a pine forest and matches the areas quiet charm. A rocky seabed means clear water, with good snorkeling over patches of seagrass. Book ahead to get a table at the tiny harbour restaurant where cooking is done over wood and there is only fish on the menu, usually caught within hours of being offered.

For those who want adventurous hiking or a more active stay, head to the west coast. The rocky headlands are covered in pine forests and much of the coast is only accessible on foot. The effort is well worth it, with turquoise water and superb beaches.

On this coast, after a challenging hike, you can find the **sea cave of Na Coloms**. It's possible to climb or jump into a deep turquoise pool, but the only way out is to swim through an underwater tunnel to the foot of the cliffs before climbing back up the hill, so be prepared.

## FIVE POPULAR IBIZAN DISHES

### 1. Paella de Marisco

As a working fishing island, Ibiza is one of the best places in the world to try out an authentic seafood dish.

### 2. Flaó

These delicious filled pastries are a great place to start. Usually a circle of pastry filled with local goat's cheese and ground almonds and honey, they're the perfect treat for an afternoon snack or a lovely dessert.

### 3. Greixonera

Easier to eat than say, this traditional dessert made from leftover pastries and bread with a delicious golden topping. Rich and often served with cream, it's the best way to top off any evening meal.

### 4. Sofrit Pagés

This authentic local stew features various meats, including chicken, lamb and, of course, Ibizan sausages. It is usually served with seasonal vegetables like potatoes, peppers and artichokes, and is one of the most popular island dishes.

### 5. Bullit de peix

Another traditional Spanish food you may want to try out while you're on the island is the wonderful Bullit de peix, another stew but this time served with a combination of various fish, always fresh from the Mediterranean that morning. Served up alongside potatoes and various local spices - delicious!





## POPULAR MALLORCAN FOOD

1. **Sobrasada** is a cured pork sausage made with pork loin, pork belly/bacon, paprika, salt and pepper. Sometimes its also made with cayenne pepper
2. **Trempó** is Mallorca's traditional salad made from finely diced onions, bell peppers and tomatoes.
3. **Ensaimada** is an incredibly light and quite flaky pastry (sort of like a croissant).
4. **Pica Pica** is squid stewed in a sauce of tomato, onion, garlic, and spicy paprika.
5. **Cocarrois** is an exotic version of a pasty.

## 10 THINGS TO DO IN MALLORCA

1. Tour **Palma** and its amazing historic buildings.
2. Visit the enormous **Caves of Drach**.
3. Take a tour of Palma's impressive **aquarium**.
4. Explore the rugged **Sierra de Alfàbia** mountains.
5. Spend a showbiz day in the glitz of **Alcudia**.
6. Take the **vintage train** from Palma to Soller.
7. Go **wine tasting** in Binissalem.
8. Lounge or water sport on the beautiful beach **Es Trenc**.
9. Visit the **Miro Art Centre**.
10. Hike some of the 170k **Route de Pedra**.

# MALLORCA MAGIC

Unlike plenty of film and tv locations, the 'big island' of the Balearics won't disappoint fans of the Mallorca Files. The glamour and glitz are easy to find - but so is great value family accommodation, hotels perfect for couples and home stays for groups of friends. Explore the hugely-varied landscape thanks to our Direct Summer Flights which start soon. Book on [aurigny.com](http://aurigny.com)

Front of mind in marketing is the truth that people vote with their feet, and Mallorca has been top of holiday lists for decades for good reason: it provides every sort of sunshine holiday in settings that match every mood. Whether you want a busy hotel with superb child activities (happy children/happy parents) or a romantic week away with your partner, this large island has it all by the bucket load.

Mallorca is one of the Med destinations which constantly reviews its offering and aims for improvement. It ensures that it continues to compete and out-do many other holiday spots and that has made it a staple for millions of visitors each year. It is easy, though, to escape the crowds. Mallorca really is an island that has got something for everyone. You can do everything, or nothing at all, while you recharge those post-winter energy levels.

Whether you want to lie next to the pool or sea, hike mountain ranges or study the impressive historical sites, the choice is yours.

Time Out, which is not generous in appraising locations, described this island gem as 'magnificent' last year. 'Mallorca is an island that's got a little something for everyone! It's the kind of place where you can hike the mountain ranges, explore the best beaches and visit the historic little villages. It really is beautiful and totally worth heading around the whole island,' they said.

We echo that, and it is one of the reasons why Mallorca features in our Summer Sun Direct schedule. With the Guernsey community at our heart, we know that plenty of you understandably want to simply soak up the sun with some gorgeous scenery, beach service and a cooling dip in the Med. This is why we are offering options to spend just a week of your valuable annual leave in this lovely spot (although you can extend that to whatever suits you).

If, by day four, you start to wonder what else is on offer, Mallorca has some of the most dramatic scenery you can find in the Med. There are historic towns and tiny villages, together with hand clenching cliff drives and a whole host of culture and nature.

The island's capital, **Palma**, is dominated by the cathedral and the castle. We might be spoilt in





CLOCKWISE FROM TOP LEFT: ENSAIMADA WITH SOBRASADA; PALMA CATHEDRAL; ILLETAS BEACH; TRADITIONAL MALLORCAN HOUSES, ALCUDIA; DRAMATIC COASTLINE, LLUCMAJOR. ALL IMAGES ©ISTOCKPHOTO.

Guernsey for historic buildings (after all, Guernsey harbour with Castle Cornet is a jewel in our crown), but the scale of **Palma's cathedral** makes it easy to see why it is the island's top tourist attraction. Parts of the original building date back to the 13th century and its interior was remodelled by Antoni Gaudí of Sagrada Família fame in Barcelona. It also has some of the most spectacular views of the island.

Nearby are some of Mallorca's most popular beaches, which are perfect for the sociable and those who want an endless choice of places to eat, but might be a little hectic for peace seekers. If the latter is your aim, head to **Alcudia**. Surrounded by lush greenery and pine forests, it is one of the prettiest towns in the island. It has medieval features and fortified edges - think St Malo meets the Med and you would be pretty close!

History hounds will love the ancient settlements, sites and churches, including an impressive amphitheatre. This area is also the focus for nature lovers with natural parks around beautiful bays, **Puerto Alcudia** has a fantastic restaurant scene and lovely promenade at the edge of the beaches. It is also easy to find secluded, pebbly bays with crystal clear water.

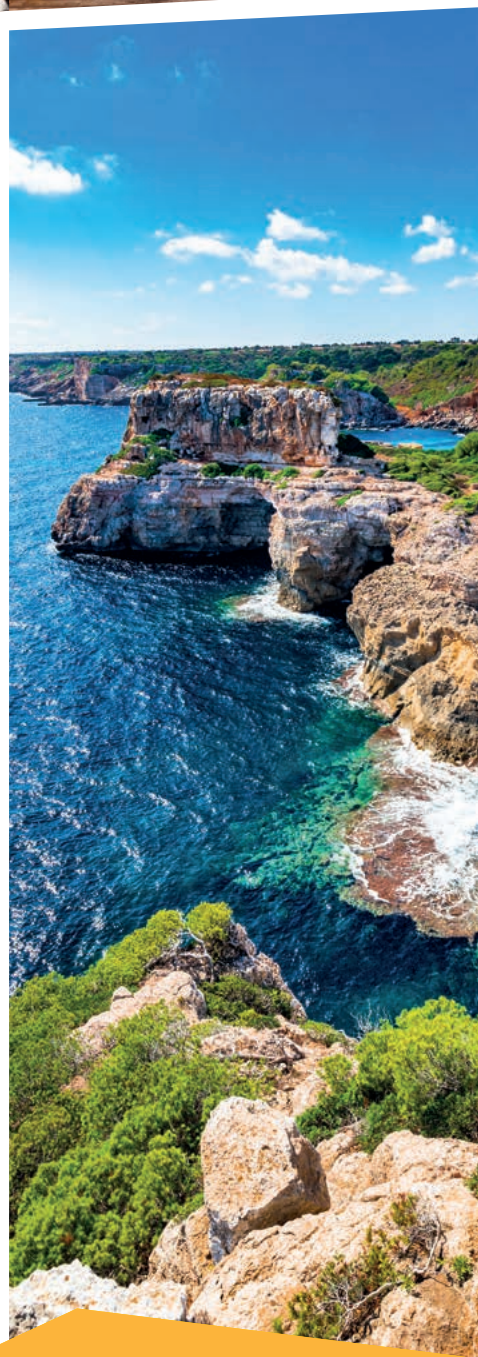
It is easy to see why Alcudia is the resort of the glitterati and Spanish royal family but if you are more

interested in ice cream for the children and a couple of hours of easy parenting, head to nearby Marineland which has shows and a fantastic water park. The drive from Palma can be challenging so add to your adventure by taking the **Soller train** and enjoy the ride through the Sierra de Alfàbia mountains. There is also an electric tram from the port to the town of Soller.

If your needs are simply beautiful beaches, consider **Llucmajor**, around 25 kilometres south of Palma. The whole stretch of this part of the island's coast has lovely coves, beaches and cliffs. Especially popular are the calm waters of **El Arenal** which has fantastic beach facilities, including water sports equipment for hire.

Overall, Mallorca stays ahead of the destination pack by offering holidays to suit all tastes with reliable weather and the chance to easily explore.

*To book our stress-free Direct Summer Sun flights, simply go to [www.aurigny.com](http://www.aurigny.com)*





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ABOVE: CARNABY STREET. RIGHT: HARRODS.  
IMAGES ©ISTOCKPHOTO.

# LONDON PICK & MIX

Wondering if you can really reap the benefit of just a couple of days away? Follow our guide to making the most of a short trip to London and you'll feel like you've had a genuine mini holiday.

How lucky are we to have London practically on our doorstep thanks to Aurigny offering so many short hops daily. While UK commuters wrestle with arduous train trips to reach the capital, or endure the challenge of congested motorways, islanders have the benefit of simply stepping aboard one of the several flights a day and being in central London just a short, stress-free time later.

Annual leave is a coveted commodity - and these days also tends to involve negotiations as to who covers the children's school holidays - so using it sparingly is a useful approach. In just 48 hours

you can combine culture, food, exercise (lots of beautiful parks in London) and shopping. You should get home with just the right feeling of pleasant weariness and plenty of happy memories.

For those who want all of the enjoyment of London without the (extra hectic) crowds, consider going midweek rather than at weekends. You get all of the benefits and superb value for money. If you have flexibility over dates, scroll through our timetable with the two week view on our website to benefit from the best fares.

## MUST TRY

If you want to stoke up on cheap eats in the day and save your food budget for the evening, pop into **Ranoush Juice** at Edgware Road. This Lebanese takeaway near Marble Arch has a fantastic atmosphere and the tastiest, cheapest food you're likely to find. A Shawarma Lamb sandwich costs around £7 with falafels from around £5.

Evening Treat: Head to Shoreditch where **Manteca** offers a delicious Anglo Italian menu. It's flavourful and refined but not pretentious. Feeling adventurous? Try the pig skin ragu smothered in parmesan and topped with crackling.

## MUST GO

Apart from our beloved Guernsey cows, there aren't many opportunities for animal encounters on island, so make up for it in London. Day one, visit **St James Park** where you can buy packets of nuts to feed the local squirrels. The 57-acre park has a great café and is close enough to Buckingham Palace to provide some easy sightseeing. Day two, head to **Regent's Park** to visit the **Zoo** and hear about their conservation efforts.

## MUST SEE

The **V&A** in South Kensington. This enormous, eclectic hub offers a permanent collection of more than two million objects. The permanent display is free to visit and there is always a low cost special exhibition to enjoy. Take your time and enjoy some of their delicious wraps or cake to fuel your next stop. (The gift shop is also impressive with jewellery, fabrics, art and toys.) Metalsmith Adi Toch is the spring exhibitor.

Also on the culture trail, the **Saatchi Gallery** has the most comprehensive street art exhibition ever held in the UK. It runs until 9 May and features original art, photography, fashion and installations. The gallery's outside space is also a lovely spot to soak up some spring sunshine and their collection of art books and accessories in the shop is fantastic.

## MUST BUY

Shopping can involve London's finest in **Harrods**, **Harvey Nichols** or **Fortnum & Mason** for sheer impact but if you prefer quirkiness, wander around **Covent Garden**. It has more than 100 international and British heritage labels, independent boutiques, one-off concepts, cult beauty emporiums, grooming salons and bespoke jewellery specialists.





# OUR FLEET

Aurigny currently has a fleet of six aircraft serving the network.

We introduced our flagship Jet, an Embraer 195, in July 2014 to service the Guernsey-Gatwick route. The twinjet aircraft is the largest aircraft in the fleet, with a capacity of 122 passengers.

Three ATRs also help to serve our UK and European destinations. The newest additions are three brand-new ATR 72-600 aircraft which Aurigny took delivery of at the end of 2019. Each came fitted with a contemporary cabin design which introduced the latest standards of comfort, offering more space for luggage in overhead bins and providing passengers with 18" wide seats.

We took delivery of our second New Generation Dornier 228 in 2017, to serve the Alderney routes.



## Embraer 195

**NUMBER IN FLEET** 1

**BUILT** Sao Jose Dos Campos, Brazil

**ENGINES**

2 x General Electric CF34-10E7 Turbofans

**MAXIMUM SPEED** 542 knots (624 mph)

**PASSENGERS CARRIED** 122

**RANGE** 2,500 miles (4,023 km)



## ATR 72-600

**NUMBER IN FLEET** 3

**BUILT** Toulouse, France

**ENGINES**

2 x Pratt & Whitney PW-127 M Turboprops

**MAXIMUM SPEED** 276 knots (318 mph)

**PASSENGERS CARRIED** 72

**RANGE** 1,023 miles (1,646 km)



## Dornier 228NG

**NUMBER IN FLEET** 2

**BUILT** Oberpfaffenhofen, Germany

**ENGINES**

2 x Garrett TPE331-10 Turboprops

**MAXIMUM SPEED** 223 knots (257 mph)

**PASSENGERS CARRIED** 19

**RANGE** 350 miles (563 km)



**1968**  
Founded



**17 MILLION**  
Aurigny has carried over  
17 million passengers  
since it was founded



**MORE  
ROUTES  
IN 2023**

Aurigny will be  
operating to more  
destinations than ever  
before in 2023 while  
continuing to operate  
its scheduled services



**HOLIDAY  
FLIGHTS IN  
2020**

Aurigny was one of the  
only airlines in the world  
to offer isolation-free  
holidays in 2020 with  
travel corridors between  
Alderney, Guernsey and  
the Isle of Man



**2019**

Named Airline  
of the Year at  
2019 Southampton  
Airport Awards



**6**

Aircraft



**1977**

First airline in  
the world to ban  
smoking on all services



**1**

In-flight marriage



**1**

FA Cup

Flown to Guernsey  
on 19th August 2016



**300**

Staff



**1**

Birth on board  
Between Alderney  
and Guernsey



**2019**

Ranked best  
short-haul airline  
by Which?



# AURIGNY

## GUERNSEY'S AIRLINE

**NEW  
ROUTES  
ADDED**

OK, it's not the easiest of names – pronounced **Or-ree-nee** – but it's certainly one that islanders are proud of. 'Aurigny' is the Norman name for Alderney, the northern island in the Bailiwick of Guernsey, where Aurigny Air Services was launched in 1968.

Aurigny has been serving the Channel Islands for over 50 years and is owned by the States of Guernsey.

## OUR DESTINATIONS

### FROM GUERNSEY

- ALDERNEY
- BIRMINGHAM
- BRISTOL
- DUBLIN†
- EAST MIDLANDS
- EXETER
- GRENoble†
- LEEDS BRADFORD†
- LONDON GATWICK
- MALAGA†
- MANCHESTER
- SOUTHAMPTON

### FROM ALDERNEY

- GUERNSEY
- SOUTHAMPTON

† Seasonal route

Look out for additional destinations  
for short breaks being added  
throughout 2023.

Direct flights to Ibiza, Madrid,  
Prague, Porto, Nice, Mallorca,  
Barcelona and Edinburgh  
already on sale.

Visit [aurigny.com](http://aurigny.com) for more details.



# SAFETY FIRST

## COVID SAFETY

The safety of our passengers and crew remains a priority at this stage in the pandemic. Our aircraft are deep cleaned and fogged every day using an antibacterial and antiviral solution which remains active for up to 10 days. Masks are now optional on most Aurigny flights. Please check our latest guidance online for details. Please respect the personal space of others as much as you can.

## HAND BAGGAGE

Once you've boarded and located your seat, please ensure your hand baggage is stowed safely. Small bags can be placed underneath the seat in front of you, unless you are seated in an emergency exit row.

All other items should be placed inside an overhead locker. Please take care when opening the overhead lockers as items may have moved during flight and falling items may cause injury.

## YOUR SAFETY

We want to look after you on board and our main concern is for your safety and that of the Aurigny crew. Cabin crew are here primarily for your safety, so please pay attention to their instructions. Any feedback about the crew and flight is welcomed.

Life jackets are provided for use in the extremely unlikely event of an emergency. It is an offence to tamper with or remove them without authorisation and this may jeopardise the safety of others.

Both staff and passengers have the right to fly within a calm, safe and friendly environment. Aurigny has a zero-tolerance policy towards any violent, disruptive or offensive behaviour, and crew have been trained to deal with such incidents.

## SMOKING

Smoking of cigarettes and e-cigarettes is not permitted on board, including within the toilets.

## FOOD ALLERGIES

Allergy information is available for all snacks – please see the packaging label or ask a member of the crew.

## ELECTRONIC DEVICES\*

### HANDHELD DEVICES WITH A 'FLIGHT SAFE' MODE

Handheld devices, such as tablets, e-readers and mobile phones, may be used during all phases of the flight, provided the 'flight safe' mode is enabled before departure. Larger devices must be safely secured in hand luggage during taxi, take-off and landing, either in the overhead locker or under the seat in front of you. Any device that transmits or receives communications but does not have a flight safe mode must be switched off from doors closed to doors open.

### LAPTOPS, ULTRABOOKS AND NOTEBOOKS

Devices may be used during boarding but not for taxi, take-off and landing, when they must be safely stowed away in hand luggage. They may be used in flight, provided they are set to flight safe mode, with WiFi turned off. On the Embraer and ATR Bluetooth may be used throughout the flight.

### DEVICES WITHOUT A 'FLIGHT SAFE' MODE

This will include items such as DVD players, electronic games and music players. Only small, handheld devices may be used during taxi, take-off and landing. Larger devices must be switched off and safely stowed away in hand luggage during taxi, take-off and landing.

### BLUETOOTH ACCESSORIES

All Bluetooth accessories (for example wireless keyboards, headphones etc.) may be used on the Embraer and the ATR.

### ARE THERE ANY TIMES I CANNOT USE MY HANDHELD DEVICES?

Under certain circumstances your flight or cabin crew will ask that all electronic devices be switched off, for example, during refuel operations. This will be announced over the PA.

### CAN I USE MY HEADPHONES THROUGHOUT THE FLIGHT?

Personal headphones can be used for some stages of the flight and may be attached to your personal device. We ask that customers remove their headphones whenever the seat belt signs are illuminated during the taxi, take-off and landing phases and during the safety demonstration.

### CAN I USE A REMOTE POWER PACK?

Aurigny does not allow passengers to charge their devices while on board our aircraft.

**Please ask a member of cabin crew if you have any queries.**

\*Electronic devices can only be used on the ATR and Embraer E195 aircraft. Unfortunately they cannot be used on the Dornier.

## BAGGAGE ADVICE FOR PASSENGERS



Always secure a tag onto your baggage containing key contact details, including where you will be staying.



Insert a sheet of paper into your bag with key personal details, such as your name, contact details, flight numbers and address of where you will be staying.



Carry any essential items, such as money and medication, with you on the flight.



Customise the look of your bag to make it easier to identify.



Immediately report the loss of checked-in luggage if it does not arrive at your destination. Do this before leaving the airport.



ON BOARD

# PASSENGER AWARENESS

## Welcome on board!

We hope that you will enjoy your flight and of course allow others to enjoy theirs. All passengers have the right to safe, secure and comfortable travel on board our aircraft. Unruly or disruptive behaviour would ruin this experience and could also be traumatic for passengers or crew.

### UNRULY BEHAVIOUR PRIOR TO FLIGHT:

If unruly or disruptive behaviour is noticed prior to the flight, please be aware that transport may be denied.

### UNRULY BEHAVIOUR DURING THE FLIGHT:

If such behaviour is demonstrated during the flight, please be aware that there may be serious consequences to these actions. The aircraft may divert and make an unscheduled landing, authorities may meet the flight, and the person responsible for the unruly or disruptive behaviour may be arrested, fined, charged and/or prosecuted.

It is for this reason that we ask all passengers to always:

1. Follow crew member instructions promptly
2. Respect crew members and fellow passengers
3. Behave in a safe and appropriate manner
4. Refrain from endangering the safety of the aircraft or its occupants

### OFFENCES AND OTHER ACTS COMMITTED ON BOARD AIRCRAFT:

Under the Air Navigation Order (A.N.O) and Aviation & Maritime Security Act the following are considered as unacceptable behaviours on board:

1. Assault and other acts of interference against a crew member on board a civil aircraft
2. Assault and other acts endangering safety or jeopardising good order and discipline on board a civil aircraft
3. Other offences committed on board a civil aircraft

### OFFENCES TO AVOID:



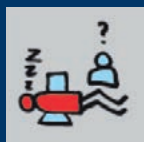
Assaulting, intimidating, threatening a crew member or passenger



Refusing to follow instructions from the crew



Intoxicated or disorderly conduct or consuming alcohol which was not provided by crew members



Engaging in or displaying any indecent or lewd behaviour



Smoking anywhere on board, including in the lavatories



Tampering with the smoke detectors



Using a portable electronic device when not permitted to do so



Removing or damaging safety or emergency equipment, the aircraft or property on board





# COBO

## SEA VIEW COCKTAILS LOBSTER

01481 255600  
[www.lareunion.gg](http://www.lareunion.gg)  
[dine@lareunion.gg](mailto:dine@lareunion.gg)

Cobo Coast Road,  
 Guernsey GY5 7HB



# COBO

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[www.therocky.gg](http://www.therocky.gg)  
[info@therocky.gg](mailto:info@therocky.gg)

Cobo Coast Road,  
 Guernsey GY5 7HB

The  
**ROCKMOUNT**



# ST PETER PORT

## STEAKS HARBOUR SEA VIEWS

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[www.slaughterhouse.gg](http://www.slaughterhouse.gg)  
[info@slaughterhouse.gg](mailto:info@slaughterhouse.gg)

Castle Pier, St Peter Port,  
 Guernsey GY1 1AN



# ROCQUAINE

## SEA VIEWS TERRACE LOCAL

01481 264044  
[www.theimperial.gg](http://www.theimperial.gg)  
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[@theimperial.gg](https://www.instagram.com/theimperial.gg)

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 Guernsey GY8 0PS

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## GUERNSEY

# Beach Guide

Guernsey has a beach and a bay for everyone.  
Here we discover Moulin Huet.



## MOULIN HUET

When the artist Pierre-Auguste Renoir came to stay on Guernsey in 1883, he produced several canvases depicting Moulin Huet. The rocks in his paintings can still be identified on the beach, even through his Impressionist lens. It's pleasing, and oddly reassuring, to think that they stand as impassively today as they did for Renoir all those years ago.

The reasonably steep cliff path leads down from the car park to a couple of small flights of steps that divide two sections of beach.

To the right, hemmed in by a wave-cut platform of rock, lies a ribbon of pebbles that is fairly unremarkable save for the Moulin Huet stream, which pours out onto the stones from several feet above.

To the left, however, is a much more impressive stretch; with the tide out you'll find the sandy beach to be one of the prettiest the island has to offer. Sprinkled with large fingers of rock rising 10 feet or more out of the sand, the beach is substantial and at the very lowest tides (twice yearly) it's possible to walk all the way across the bay to Petit Port.

At high tide the beach takes on an almost otherworldly appearance, as the waters advance to the base of the cliff and the rocks protrude in odd shapes above the surface. It's extremely beautiful, and fantastic for swimming, though when the sea is rough it can become a touch hazardous.

A very decent tearoom, toilets and a large car park make for a family-friendly south coast experience.

### Optimum Tide Low

**Best Feature** The echoes of Renoir  
*Taken from Guernsey Beach Guide.*

### WINTER TIP

Either take a flask from home or buy a hot drink from the kiosk at Moulin Huet and enjoy the view while sipping a winter warmer.



### WHAT'S THERE ?



TOILETS



CAFÉ



SWIM

### DOGS ON BEACHES



#### Richmond beach winter ban (between 1 October and 30 April)

Richmond Beach has its own classification as 'voluntary ban' throughout the winter. This means that even though it is legal to take your dog on this beach it is a very important site for the declining wading bird populations. Dogs should be kept away from Vazon south in the winter to protect wildlife.

**Lihou Island and Lihou causeway** – Dogs are not permitted on Lihou Island and Lihou causeway all year round.

See [gov.gg/dogsonbeaches](http://gov.gg/dogsonbeaches) for up-to-date information.





# LOVE IS IN THE AIR

ADVERTISEMENT

Launched in 2008, White Dove Ceremonies was the brainchild of Jayne White. Creating unique and personal ceremonies for all the important life occasions, we take a look at getting married in Guernsey.

Fifteen or so years on, Jayne's baby has grown, and will include eight celebrants this year. From small beginnings, Jayne's reputation for running thoughtful, bespoke ceremonies – both traditional and formal, or relaxed and different in design – quickly grew.

She met Caryn Byrne at a wedding that she'd officiated at, becoming first friends then colleagues when Caryn joined the team in 2016, followed by Jackie Ward in 2017. White Dove was incorporated in 2020, and all three are now joint directors. Part-time celebrants - Tom, Lorraine, Fiona, Claire and Sophie - have since joined. Between them, they have delivered more than 500 ceremonies.

'Most of the work comes through the summer months, and having a team of celebrants gives White Dove the ability to officiate at a number of weddings on the same day,' says Jayne.

The team loves officiating at weddings in the Bailiwick. To date, it has been mainly local couples that have tied the knot, choosing ceremonies in a number of different places - made possible since the law changed in March 2021 to enable couples to wed anywhere in the Bailiwick of Guernsey (including its airspace and territorial waters), provided that this has been agreed with the celebrant and the persons to be married. Word has spread, and the net has been flung wider, with enquiries coming in for weddings from the UK, New Zealand, Australia, the US, and Europe.

So, if you fancy tying the knot, renewing your wedding vows, or even having a naming ceremony for your baby, look no further than White Dove Ceremonies, who can help you achieve the perfect day.

## 10 TOP TIPS FOR THE PERFECT WEDDING CEREMONY

1. Choose Whitedove Ceremonies with 15 years' experience of delivering ceremonies in the Bailiwick of Guernsey
2. Don't stress if it rains, you will have a back-up plan anyway
3. A too hot day can be just as much of a challenge as a wet day, provide water and shade for your guests
4. Eat something light on the morning of the wedding and stay hydrated to sustain you through the day and evening
5. Take a deep breath before you exchange your vows, and look into the eyes of your husband/wife to be
6. Have a great support system, someone who knows how you want your day to run, and can cope in a crisis
7. Be in the moment...take 15 minutes with your partner to take a walk alone before returning to your guests
8. Bridal slippers – It will be a long day and night in your shoes
9. Don't panic! Those little things that go wrong will be something to laugh about for years to come
10. Smile





L-R: TOP OF THE CASTLE: EUAN AND RACHEL @EVOKE PHOTOGRAPHY;  
VICTORIA AND REECE @ETIENNE LAINE PHOTOGRAPHY;  
ALICE AND JAKE, CONFETTI AISLE @NICK DESPRES PHOTOGRAPHY;  
MATTHEW AND LEON, LES COTILS @JOHN WHITE.

### JAYNE'S FAVOURITE LOCATION

I must have seen most of Guernsey's venues in the 15 years that I have been performing weddings for couples. I love it when couples have chosen a venue that offers them every option, outdoor as their first choice, but with a great indoor back up option. This reduces the stress of weather watching in the lead up to the big day. My favourite venue is always related to the super service that the staff provide to smooth all eventualities.

### CARYN'S FAVOURITE LOCATION

Anyone's home or garden - it's going to be unique and is always a very personal experience, whether it's just the couple and their witnesses or 150 people.

### JACKIE'S FAVOURITE LOCATION

I've officiated at ceremonies in a Yoga hut, a cliff edge and a quarry! Once you have managed weather and accessibility expectations it can be quite spectacular and I embrace the unusual.



WHITE DOVE CELEBRANTS

## WEDDING PACKAGE OFFER – SIMPLE CEREMONY £995.00

A beautiful White Dove Ceremony suitable for a marriage or vow renewal

- Choice of several lovely venues
- Selection of flowers, including bouquets and buttonholes
- A bottle of champagne and chocolates to celebrate
- Choice of designs for a ceremonial certificate and reading cards for your personal promises plus a keepsake print as a memento of your special day
- All for £995
- Why not add the services of a local wedding photographer?

Legal fees for your marriage licence are not included - this would be payable to the Greffe on acceptance of your application.

For details on getting married in Guernsey see [www.gov.gg/article/120125/Getting-married](http://www.gov.gg/article/120125/Getting-married)

### TESTIMONIALS

*We just wanted to say a massive thank you to Lorraine for making our day so personal and special. It was absolutely magic, so thank you very much. We will have those memories to cherish forever.* **Katie and Cesar**

*Thank you so much for helping make our day so special. Tom was lovely and put us at ease and kept my emotions under control.* **Ali & Jez**

*Claire was just lovely and I feel privileged to have had her as our celebrant she was just perfect! Everyone commented on how lovely she was and how well she came across.* **Carla & Lewis**

<https://www.whitedove.gg/>  
facebook: White Dove Guernsey  
Instagram: Whitedove\_guernsey





# LA SABLONNERIE



Established in 1948, La Sablonnerie retains the characteristics of an old farmhouse built some 400 years ago and is situated on the lovely island of Sark in the Channel Islands.

ADVERTISEMENT

La Sablonnerie is owned and managed by Elizabeth Perrée. Guests return year after year to recapture the beauty of the island and to enjoy the excellent cuisine, wine, cosiness and friendliness that are evident at the hotel.

Of course, being so close to the sea, freshly caught fish and famous Sark lobsters are popular specialties of the hotel. La Sablonnerie has been featured in the Which? hotel guide as 'the place to stay in the Channel Islands', and also received the highly coveted award from Condé Nast Johansen - Small Hotel of the Year as well as being nominated as their Most Romantic Hotel and now Les Routiers' Hotel of the Year Award. Needless to say, you have to visit to find out exactly what everyone is talking about.

Arrive by ferry or private boat, horse and carriage or just Shanks' pony to enjoy the charm of La Sablonnerie, a hotel of rare quality situated in the southern part of Sark, even more beautiful, remote and romantic than the rest. Nestled in gorgeous gardens, a haven for lovers of peace and tranquillity, birds, butterflies and flowers. How could one not enjoy this amazing paradise? A stepping stone to heaven, even if you just arrive for one of their glorious cream teas or a lobster salad in the garden.

Guests gather in the bar or the rose- and lavender-scented

garden for a cocktail or a glass of Champagne before dining. The bar with its roaring log fire is a convivial meeting place. After dining, guests return to the bar to sit and converse with each other. Some guests take advantage of Little Sark as the perfect place for a moonlit walk or simply gazing at star-studded skies. Sark offers exceptional star-gazing due to its lack of light pollution.

Sark is how life used to be, it is like stepping back into an Enid Blyton book - what dreams are made of, but still having the modern luxuries.

La Sablonnerie is a hotel of rare quality situated in a time warp of simplicity on the tiny, idyllic Channel Island of Sark, where no motor cars are allowed and life ambles along at a peaceful, unhurried pace. The hotel has an enviable reputation for its superb food and wines; local butter, fresh cream, meat, fruit and vegetables which, where possible, are sourced from the hotel's own farm and gardens. The hotel accommodation is very clean and comfortable and totally geared to unhurried relaxation.

It has a strong international clientele who visit regularly. It is like having friends to stay, and of course, picking up a string of awards and accolades is terrific.

The hotel has been extended and discreetly modernised to provide 22 rooms, each individual in style

and décor, including a delightful Honeymoon Suite. Immaculate comfort, lovely linen, fresh flowers and fruit. Excellent food and service, with ample staff who are courteous and a joy to be with, creating lots of fun and real joie de vivre for everyone.

The hotel's motto is 'Nothing is impossible at La Sablonnerie - the show must go on - and everything must be tickety-boo'.

## Q&A with Elizabeth Perrée

**If you weren't a Hotel Owner/Manager, what would you have been?**

*I honestly do not know, probably an interior designer or an actress.*

**Which hotelier do you most admire?**

*Raymond Blanc.*

**Describe your business in five words:**

*A real 'joie de vivre'!*

**Contact:**

Elizabeth Perrée at  
01481 832061

E-mail: [reservations@sablonneriesark.com](mailto:reservations@sablonneriesark.com)

**[sablonneriesark.com](http://sablonneriesark.com)**



ABOVE LEFT: VALE EARTH FAIR.  
ABOVE: SARKFEST ©PAT CLARKE.  
BELOW: VALE EARTH FAIR  
©ANDREW LE POIDEVIN.

# FESTIVAL VIBES

Summer days and nights filled with music, food, friends and starlight – you can't beat a good festival. The Bailiwick is home to two fantastic ones: SarkFest and Vale Earth Fair.

## SARKFEST

SarkFest is a three-day music festival based at a stunning location by La Coupee on the island of Sark. More than just a music festival, it not only provides multi genres of music with local performers, as well as those from Jersey, the UK and France, it is family-friendly, with entertainment for all.

Circus skills entertainers, facepainting, bouncy castles and the space hopper park (grown-ups are guaranteed to feel a bit nostalgic) are not just for the kids.

There are two main stages for larger bands and two acoustic stages, including the now-famous 'Sunset Stage', ideal for watching the sun dip and glory in the dark skies above.

Organisers Simon Couldrige and Mark Guillou met in the Bel Air in Sark a number of years ago and have been best friends ever since. Mark had been involved in the Sark Folk Festival for years but, once it stopped, it left a gaping hole, 'so it was just a case of transferring to SarkFest', he says.

Since 2018, the pair – together with around 70 volunteers, 150 mainly local artists,

and 20 stallholders – have made SarkFest the event it is today. Their contribution to the local arts scene was recognised at the 2022 Pride of Guernsey Awards, where they were presented with the Arts Contribution award.

Mark says that he 'never thought we'd win this award for doing something we love'.

Work on the 2023 event started last year, with tickets already on sale.

## VALE EARTH FAIR

Another person who loves what she does is Jade Kershaw, a member of the Vale Earth Collective, who has been involved with the Vale Earth Fair since she was a teenager.

'I volunteered when I was 18, then when I was 21 and back from uni, I decided to get more involved in the ins and outs of putting it together,' she says.

The annual festival, held at Vale Castle, has just had its most successful year to date, raising £27,000 for charity.

It is the Channel Islands' longest running music and arts festival and has established itself as a regular fixture on the UK festival circuit.

This year's festival will once again take place across three stages of live music, two DJ stages and the Sneakaway spoken word stage.

The headline act for 2023 is Bob Vylan. Formed around six

years ago, the duo's sound is ever evolving and crosses genres and sonic dimensions.

Their live shows have seen them play at Reading, Leeds, and the ALT LDN festivals.

The Electric Shakes – a three-piece group from Bournemouth describing their style as 'kick ass dirty boogies and garage rock'n'roll reeking of old smoky bars and sweat-drenched floors have also been announced.

*SarkFest takes place on 7/8/9 July. Further information at [sarkfest.com](http://sarkfest.com)*

*Vale Earth Fair takes place on 27 August. Further information at [valeearthfair.org](http://valeearthfair.org)*







# CASTLE CORNET

St Peter Port, GY1 1AN / Tel: 01481 221657

OPEN DAILY 22 MAR - 29 OCT / 10.00 - 17.00



# FORT GREY SHIPWRECK MUSEUM

St Peters, GY7 ABY / Tel: 01481 265036

OPEN DAILY 22 MAR - 29 OCT / 10.00 - 16.30



# GUERNSEY MUSEUMS AND CASTLES



# GERMAN NAVAL SIGNALS HQ

St Peter Port, GY1 1SN / Tel: 01481 226518

OPEN DAILY 22 MAR - 29 OCT / 10.30 - 15.00

# GUERNSEY MUSEUM AT CANDIE

St Peter Port, GY1 1UG / Tel: 01481 226518

OPEN DAILY 27 JAN - 31 DEC / 10.00 - 17.00\*

\*closes at 16.00 27 Jan - 25 Mar & 30 Oct - 31 Dec

## Four great attractions for all the family to enjoy in 2023

Visit us today and discover how our island heritage comes to life with museums and art galleries, themed exhibitions, historic castles & forts, special events, living history, family activities and much more.



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# WHAT'S ON IN THE BAILIWICK?



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25 February

## THE ROBERT J. HUNTER BAND

Alderney born Robert J. Hunter is taking the blues and Americana scene by storm. The band are turning heads across the UK and Europe. Robert J. Hunter has supported the likes of Wilko Johnson, The Animals, the Kris Barras Band and Sari Schorr. They're previous finalists in the UK Blues Challenge and The International Songwriting Competition.

Further information and tickets at [stjames.gg](http://stjames.gg)

17 March – 19 March

## ALDERNEY LITERARY FESTIVAL

This boutique history festival takes place every March in the historic Island Hall, Alderney's seat of government, built in 1763. Small audiences help to create an intimate and friendly feel to

this 'salon' style gathering of historians, biographers, novelists, and fans of historical literature. History is explored through factual and fiction writing, and guest authors are asked to throw new light on old events and reinterpret them anew to make history relevant in the present time.

Further information at [alderneyliterarytrust.com](http://alderneyliterarytrust.com)

1 – 30 April

## TASTE GUERNSEY FOOD FESTIVAL 23

### A celebration of Guernsey produce

This new food festival event will run throughout April 2023 and is a month-long event celebrating the very best ingredients found on island.

The competition, organised by the Guernsey Hospitality Association, will test local chefs' creativity and skills, with venues across the island creating a menu with the

emphasis on using local produce from seafood to dairy products

Diners will be able to cast their votes for their favourite dishes via a dedicated event website or printed cards and be in with the chance of winning prizes.

Awards will be in four categories:

- Favourite local seafood dish
- Favourite dish using Guernsey Dairy Product
- Best Service
- Best Instagram Post with diners encouraged to post pictures on social media

Further information at [visitguernsey.com/experiences/events/taste-guernsey-food-festival-23/](http://visitguernsey.com/experiences/events/taste-guernsey-food-festival-23/)

2 April

## THE SURE GUERNSEY MARATHON 2023

This newly designed course takes you through some of the island's most scenic areas of country lanes, picturesque valleys and the beautiful coast of Guernsey. The race is split into three categories, and will welcome a variety of runners, from elite and semi-professional athletes competing for the top prizes, to friends and colleagues taking part as a team in the relay, to families having fun while raising money for their chosen charity. Starts at 0900 from South Esplanade (at the bottom of the Val Des Terres) in St Peter Port.

Further information at [guernsey-marathon.com](http://guernsey-marathon.com)

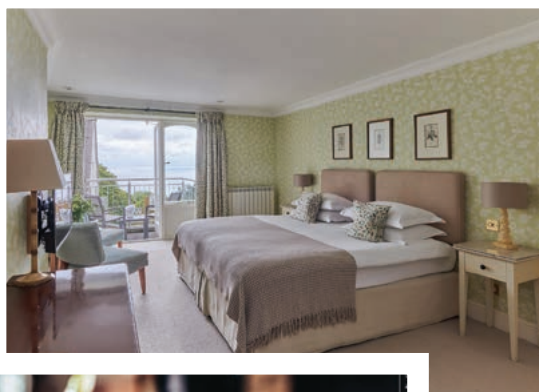


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*The perfect  
location to  
unwind*



Overlooking a picturesque bay with exceptional service as standard, it's the ideal location to unwind and revitalize your senses. The Fermain Valley hotel is perched atop one of Guernsey's prettiest valleys with views over the tranquil green canopy and the sea beyond.

*Hand*PICKED  
HOTELS

Set in several acres of landscaped gardens, our facilities include 3 popular restaurants, an indoor pool and sauna, private 3D cinema, Adventure Room, an elegant lounge and a cosy tearoom – perfect for tucking yourself away and enjoying some quiet time with a good book.

Our 45 exquisite bedrooms are individually appointed with luxurious furnishing, with a selection offering views over the valley and out to sea. Get a taste of island hospitality close to home.

**Fermain Valley Hotel**, Fermain Lane, St Peter Port GY1 1ZZ

0800 316 0314 01481 235 666 reservations.fermain@handpicked.co.uk **fermainvalley.com**

WHAT'S ON  
ELSEWHERE?

©SHUTTERSTOCK

THEATRE ROYAL  
BRIGHTON26 February  
FIREDANCE

Strictly Stars Karen Hauer, Gorka Marquez and cast return with Firedance, featuring fresh flavours and super-charged choreography.

28 February – 4 March  
STEEL MAGNOLIAS

Jacqueline Jossa (Eastenders) and Laura Main (Call the Midwife) in the stage adaptation of the classic film.

7 – 11 March  
FISHERMAN'S FRIENDS –  
THE MUSICAL11 March  
SKIP'S FAMILY WORKSHOP  
– PADDINGTON BEAR

Creative, themed family workshops designed to share some special time together. Age guidance 5 – 10 years. Get your duffel coat on and your marmalade sandwiches ready for this funny, furry, bear shaped session!

14 – 18 March  
HEATHERS THE MUSICAL

Further information on the above and other shows at [atgtickets.com/venues/theatre-royal-brighton](https://atgtickets.com/venues/theatre-royal-brighton)

28 March – 4 April  
THE KING & I

Bristol Hippodrome

The multi award-winning Broadway production of Rodgers and Hammerstein's The King and I returns to the UK, following its critically-acclaimed sold out season at The London Palladium.

The greatest musical from the golden age of musicals – with one of the finest scores ever written including Whistle a Happy Tune and Shall We Dance – features a company of over 50 world-class performers and a full-scale orchestra.

Further information at [atgtickets.com/shows/the-king-and-i/bristol-hippodrome/](https://atgtickets.com/shows/the-king-and-i/bristol-hippodrome/)

From 30 March  
BBC EARTH  
EXPERIENCE

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Until 30 September 2023

## HIDDEN LONDON

The Exhibition at London  
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Visit an 'abandoned' Tube station underworld and discover what secrets lurk beneath busy streets in the new Hidden London exhibition, which takes you on an immersive journey of some of London's most secret spaces in the oldest subterranean railway in the world. These 'forgotten' parts of the Tube network have incredible stories to tell about Britain's wartime past – such as the Plessey aircraft underground factory which had 2,000 members of staff, mostly women, working in the two 2.5 mile-long tunnels on the eastern section of the Central line during the Second World War.

Further information at [ltmuseum.co.uk/visit/museum-guide/hidden-london-exhibition](https://ltmuseum.co.uk/visit/museum-guide/hidden-london-exhibition)

Until 30 December 2023

CROYDON: THE  
MAYOR'S LONDON  
BOROUGH OF  
CULTURE 2023

As the London Borough of Culture 2023, the south London neighbourhood plans to explore the theme of sustainability. Just some of the events lined up include a fashion show focusing on reusing and recycling, a music festival and art commissions by local communities.

Further information at [visitlondon.com](https://visitlondon.com)







# THE ROCK GARDEN STEAKHOUSE

ADVERTORIAL

Inspiration for the re-imagined menu at the Rock Garden comes partly from the United States, where executive chef, Lee Clarkson, spent a few years working. Amanda Eulenkamp sampled some of the dishes on offer.

Lee joined the American-style steakhouse at the Fermain Valley hotel recently, having worked for HandPicked Hotels recruiting chefs for its 21 hotels across the British Isles.

While the quality of the meat has always been good, he has changed the supplier, and it all now comes courtesy of Udale, a butcher that he has used for most of his career.

'They supply meat to a number of Michelin-starred property,' he says.

'The quality is consistently high.'

There is no doubting that the out-of-town restaurant, that serves mouth-watering steaks, side orders with a twist, and lip-lickingly good desserts, is popular with locals as well as holidaymakers.

On the night that we went (in the middle of January), every table was full. The trendy cocktail bar is a destination in its own right, and there was hardly a moment when one of its high bar stools was empty.

To start, the four of us (En Voyage colleague, Ashley, and photographer Peter Frankland and his wife, Stephanie), shared a couple of dishes.

First up was hand-dived scallops, with a garlic and onion puree, charred brassicas (broccoli, kale, and nero), with a chilli oil. Cooked

to perfection, it was a wonderfully different take on a local seafood. The smoked mushroom parfait, with pickled wild mushrooms, served on toasted brioche with a rocket and parmesan salad, was so light that it dissolved on the tongue.

Then came the main event. Four sizzling steaks, cooked to perfection (still pink). Udale 32-day dry aged sirloin, fillet, ribeye, and flatcap (sometimes called rumpcap), glazed in mushroom kelp and garlic butter. The steak is served with mushrooms, tomato, and onion, but these are not your standard flat-cap mushrooms, onion ring, and grilled tomato. The twist is that the mushrooms (a selection of different varieties) have been chargrilled then tossed in garlic butter; the tomato



comes in the guise of a piquant chutney; the shallots are pickled. Sauces were café de Paris butter, bordelaise, and béarnaise.

Chargrilling is key to get the authentic taste of a real steakhouse, according to Lee, and this was carried through to the sides. Charred cabbage, choucroute, and French peas ticked the veggie box in style and flavour, plus our favourite fries and triple-cooked chips. An unusual side – and one that Lee says will feature more so in future – was the pie of the week, a dinky little dish of cottage pie (the filling will change weekly).

When you get to this stage of a fabulous, foody night out, sometimes dessert is more of a wish than a dish, but make room for the simply fabulous Baked Alaska, flambéed with Grand Marnier, or the glazed passionfruit cheesecake accompanied by an airy chocolate mousse and garnished with candy floss (yes, you read that correctly.

Lee found a candy floss machine in the kitchen and wanted to put it to good use). Or indulge in a stylish banana split, where the banana had been – yes, you guessed it – chargrilled to leave a delicious, oozing fruit piled high with ice cream and marshmallows.

A night out at the Rock Garden Steakhouse is highly recommended, and one I'll definitely be repeating.

### THE ROCK GARDEN STEAKHOUSE

Fermain Valley, St Peter Port

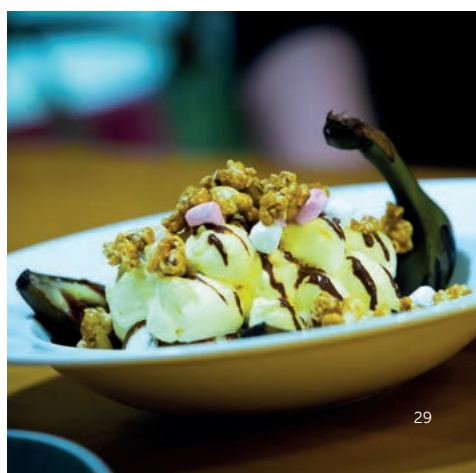
T: 01481 213577

W: [therockgarden.gg](http://therockgarden.gg)

**Dinner** - Wednesday to Sunday  
6pm - 9.45pm

**Lunch** is served on Sundays  
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Organised by the Guernsey Hospitality Association this event tests our local chefs' creativity and skills to create a menu with the emphasis on using local produce from our exceptional seafood to our superb dairy products.

Vote for your favourite dish at [tasteguernseyfoodfestival.gg](https://tasteguernseyfoodfestival.gg) to be in with the chance of winning our fantastic prize of **£1,200 dining out vouchers**. You can vote once at each restaurant you visit so get ready to book your tables!

Participating restaurants will be listed online at [tasteguernseyfoodfestival.gg](https://tasteguernseyfoodfestival.gg)





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TASTE & VOTE

Share your favourite & upload your pics online

tasteguernseyfoodfestival.gg



Let your taste buds vote  
for your favourite dishes.

#### 4 Award categories:

- Favourite Local Seafood Dish
- Favourite Dish using Guernsey Dairy Produce
- Best Customer Service
- Best Instagram Post



The winning Instagram post will receive a hamper of local produce and products, sponsored by Stratagem Design. Take that shot and upload @tasteguernseyfoodfestival



Forks at the ready!

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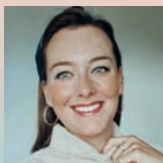




# SPRING IS IN THE AIR

By Amanda Eulenkamp

## INTRODUCING THE WRITERS



Jessamy Baldwin



Rupert Diggins

JUST ONE FOR THE ROAD

**Booking time off around Easter, Christmas, and the bank holidays is always popular. But this year, with the extra bank holiday in May thanks to the King's Coronation, you only have to book four days' leave to have 10 (or 11 if you're a Bailiwick resident, courtesy of Liberation Day) days off. Bliss.**

If you're a Taurean, like me, you'll be very grateful for the plethora of bank holidays at the beginning of May. Bank holiday birthdays are the best!

As we emerge, blinking, from the cold, wet winter to the sunnier, warmer days of spring, we want to get out and about, explore, and enjoy life without an umbrella (unless we're using it as a sunshade).

If you've yet to book your 2023 holiday, then Aurigny has some fab destinations to tempt you. There are flights to the Spanish sun, as well as opportunities to head down to Portugal and visit the Algarve or Porto.

I've visited the Algarve a number of times, always flying into Faro

and staying between Vale do Lobo and Quinta do Lago. I've often been there during the shoulder months, taking advantage of the still-warm weather in September and October.

As a non-golfer, I always found plenty to do, such as enjoying a coffee and people-watching by a marina, driving inland to explore some of the quaint towns and villages surrounded by olive groves, or doing a little retail therapy. I still have some beautiful, embroidered towels





purchased many years ago that have been washed umpteen times yet retained their softness. Portuguese cotton was always known for its exceptional quality, and my towels have certainly stood the test of time!

If you'd rather just throw your towel on to a sun bed or a beach and while away the day relaxing, then the Algarve is a good choice, with its stunning beaches and luxurious hotels. And, of course, there are plenty of world-class golf courses to play.

Nearer to home, travel blogger Rupert Diggins enjoys 48 hours in Guernsey. It is 35 years almost to the day that I moved to the island, and it was fabulous to be able to listen to Rupert's enthusiastic tales of his days as we enjoyed dinner on his short visit. If you live here, do still read it, as I guarantee it will put a smile on your face as you see Guernsey through somebody else's eyes. If you're visiting, then I guarantee you'll want to see and experience some of the places and things Rupert did.

Regular contributor, Jessamy Baldwin, explores Brighton and what to pack in during a couple of days. Close to Gatwick via car or train, she'll inspire you to stay awhile and visit this vibrant city. Too often, Guernsey residents transit through Gatwick as quickly as possible, heading straight into London or connecting with another flight.

Thinking of Gatwick as the final destination and the gateway to new adventures nearer to home could open up some new places to explore...



# FARO... AND AWAY

Flying to Faro is a mere 90-minute direct flight from Guernsey. And if you're looking for some winter sun, then you couldn't pick much better. Aurigny has a flight over the October half term (outbound 21 October, return 28 October), so you don't even need to miss school!

With temperatures hovering around 23 degrees in October, the Algarve is perfect for a post-summer pick-me-up. While some tourist attractions may be closed, there is still plenty to see and do.

The capital of the Algarve, Faro, boasts far more than being the gateway to fabulous beaches and numerous golf courses. Many only experience its airport, hopping into a hire car on arrival and heading straight out to their villa or hotel.

But stay awhile and you'll discover a culturally rich and charming Portuguese city, with pedestrianised shopping streets, characterful plazas and a wide variety of restaurants and bars.

Its old streets are filled with historical architecture, some dating back to the Romans, who rebuilt the wall around the main city area and called the town Ossonoba. Found within the historic quarter (the Cidade Velha) is a Gothic cathedral, the Paco Episcopal palace, and the decorative Arco da Vila gateway.

For those interested in the past, head nine kilometres north to the village of Estoi where you can visit the Roman ruins of Milreu. Discovered in 1877, the ruins feature beautifully preserved mosaics of fish, flowers and other figures.

South of Faro is the Parque Natural da Ria Formosa, a series of saltwater lagoons and waterways, islands, marshland and sandy beaches that extend 60km along the coast from Faro to Tavira. One of the Seven Nature Wonders of Portugal, this diversity of eco-systems attracts a wide range of animal life, including many bird species such as flamingos and waders, and the purple swamp hen, the symbol of the park. Explore on foot, by bicycle or by boat.

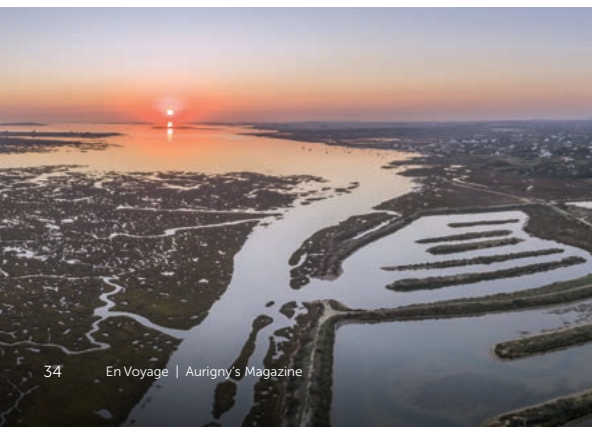
## BEYOND FARO

Most visitors to the Algarve typically stay between Vale do Lobo in the east and Lagos in the west. The Algarve has a vibrant holiday atmosphere with beautiful beaches, great nightlife and holiday activities galore.

### Loule – authentic Portuguese market town

Head inland to spend a day at Loule, with its historic centre, lively markets and genuine Portuguese atmosphere. Don't miss the Arabian-inspired covered market where there are stalls selling fresh produce and regional handicrafts. Busy shopping streets, tree-lined plazas and a warren of alleys which follow the original medieval layout of the town are there to be explored. Traditional craftsmen's houses have their workshops and storefronts opening onto the street. There's also an ancient castle and a Gothic church, which was constructed on the site of a Moorish Mosque.

If you're looking for a different experience altogether, then the TechSalt salt mine – the only deep excavation of salt within Portugal – is worth a visit. Descend to a depth of 230m beneath the town and marvel at majestic ancient geological formations, some of which date back more than 250 million years.

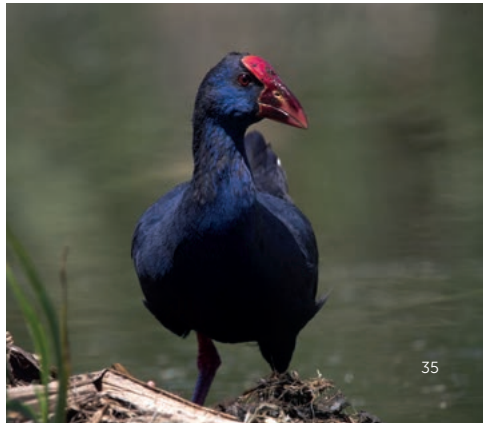






WITH TEMPERATURES HOVERING  
AROUND 23 DEGREES IN OCTOBER,  
THE ALGARVE IS PERFECT FOR A  
POST-SUMMER PICK-ME-UP.

ABOVE: PONTA DA PIEDADE ©ISTOCKPHOTO.  
FAR LEFT: PARQUE NATURAL DA RIA FORMOSA.  
BELOW L-R: ROMAN RUINS OF MILREU; ARCO DA VILA;  
PURPLE SWAMP HEN. ALL IMAGES ©SHUTTERSTOCK.







ABOVE: PRAIA DO CAMILO. BELOW: COBBLED STREET, PORTIMAO.  
IMAGES ©ISTOCKPHOTO

The two-hour tour is not suitable for children under six years. Comfortable clothing and closed shoes are recommended.

For the wine-lover, visit Quinta da Tôr, a family-owned winery, and learn more about wine making as well as what makes it so special in the Algarve region. Tours lasting around two hours offer the chance to taste four different wines from the winery with traditional bread and olive oil from the region.

Tip: Visit Loule on a Saturday when two additional markets – the gypsy and farmers markets – are held. Avoid Sundays when the covered market is closed, and Mondays when most museums and government-managed tourist attractions are closed.

#### **Albufeira – resort town catering for families, couples and groups**

Once a peaceful fishing village, Albufeira is the largest resort town of the Algarve, with a wide range of activities, from speed boat tours, dolphin-watching tours and waterparks. The Strip – situated in the New Town – is Albufeira's party street, with themed bars and nightclubs.

Visit the Old Town (around two kilometres from the New Town), the charming historic district of Albufeira, with its cobbled streets and traditional white-washed houses that boasts more than 100

restaurants and bars. (Editor's note: I had the best monkfish ever in a restaurant here – visited several times over the years).

Beaches are easily reached from both areas of Albufeira. Head to Praia dos Pescadores beach from the Old Town – this is a calm and sheltered stretch of coast. For party-goers, Praia da Oura beach is at the base of The Strip. There is sufficient separation for both groups to enjoy themselves.

#### **Benagil cave**

Benagil cave (as seen on our front cover) is around a 45-minute drive from Faro. While you can take a boat from here, parking is more difficult, so consider a trip from Albufeira or another town. Boats will take you in but you are not allowed to disembark. Make sure you choose a boat that is small enough to enter the low cave entrance. Alternative ways to visit the cave include by kayak or stand-up paddle board – please note that you can only access it from the water. However, if you want to have a glimpse of it from a different perspective, you can do so from the top of the cliff.

The Benagil cave was once a secret haunt for local fishermen and was nicknamed 'cathedral' because of its cavernous shape. Now it's a famous tourist attraction that can get busy at peak times. Don't forget your phones or cameras (make sure

you keep them dry!). From a light-perspective, the best time to visit is in the morning. Most tours run until the end of October.

#### **WHAT'S ON**

Feira de Santa Iria – Faro  
19 – 28 October

One of the most traditional fairs in the Algarve, it takes place each October on the square Largo de Sao Francisco between the historical old town of Faro and the Ria Formosa.

Monday to Thursday:  
16:00 – 24:00

Friday: 16:00 – 01:00

Saturday: 15:00 – 01:00

Sunday: 15:00 – 24:00







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LEFT AND ABOVE: VALE DO LOBO GOLF COURSE. ©ISTOCKPHOTO

# THE ALGARVE: GOLFER'S PARADISE

There is so much more to the Algarve than golf, but there's no doubt that many people travel there because of its excellent courses. Most golf courses are around a 30-minute drive from Faro, mainly around Quinta do Lago and Vilamoura.

**Amanda Eulenkamp takes a look at what's on offer that will satisfy both the golfer and non-player.**

## Quinta do Lago

Styling itself 'Europe's finest golf, leisure and lifestyle resort', Quinta do Lago is a destination in itself. World-class golf courses surround beautiful villas, and there are 12 excellent restaurants, a sports hub, a boutique hotel and golden sands to enjoy.

Designed more than 50 years ago, Quinta do Lago is an ecologically-driven resort. Its location by the Ria Formosa means that the nature trails and wetlands are easily accessible.

For the golf lover, Quinta do Lago's three courses are among

Europe's best and are joined by world-class facilities, such as the Paul McGinley Golf Academy and Southern Europe's only TaylorMade Performance Centre. A driving range and practice facilities offer a chipping green, putting green and pitching area.

## Vale do Lobo

As well as luxurious holiday homes for rental, Vale do Lobo is home to the five-star Dona Filipa Hotel. Newly refurbished, the hotel is ideal for family holidays as well as golf breaks and relaxing beach getaways. The hotel also offers guests privileged access to two of the region's most renowned golf courses, San Lorenzo and Pinheiros Altos.

Owned and operated by Dona Filipa's parent company, JJW, these two award-winning courses provide some of the best golf to be found anywhere in Europe.

Vale do Lobo is also home to the Vale do Lobo Royal Spa, inspired by the salt mines of Loule. With eight treatment room and two bungalows in the garden, The Royal Spa's treatments use products based on organic plant

extracts, seaweed and natural essential oils.

For the golf lover, Vale do Lobo's two 18-hole courses take players through umbrella pine and fig tree-lined fairways to the Atlantic. The Royal course plays dramatically along the cliff's edge, while the Ocean sweeps down to the beach.

Add in a tennis centre with floodlit tennis courts, a horse riding stable, and a good selection of restaurants, and Vale do Lobo ticks the box for a luxurious retreat.

## Vilamoura

Originally built around a small harbour, Vilamoura is now home to the biggest marina in Portugal. It's easy to while away an hour or a day enjoying a drink and a meal and watching boats (some worth millions of pounds) come and go.

Beach-wise, Prais de Vilamoura is the fashionable main beach, while to the west of the marina, is the Praia de Falesia, eight kilometres of golden sands edged with distinctive orange clay cliffs. It's the largest sandy beach of the central Algarve, and there are decent waves for surfing, plus scenic cliff-top footpaths to walk.



©SHUTTERSTOCK

# TRAVELLING WITH GOLF CLUBS

Golf bags are not small and their carriage is usually limited by the airline. While Aurigny does carry some, what are the alternatives?

## Hiring clubs from the courses

Courses in the Algarve are used to visitors and have ample supply of ladies' and men's clubs for both right-handed and left-handed players. Some courses offer deals with a set of clubs included in their green fees.

## Club hire companies

There are several club hire companies in the Algarve where clubs and trollies can be hired for multiple days, ideal if you are planning on playing several courses. Some companies can deliver and collect directly to your resort or private accommodation, or even meet you at the airport.

## Carrying golf clubs on Aurigny

Only one piece of sporting equipment will be considered for the Sporting Goods charge, any further pieces will be treated as excess baggage, unless an additional bag has been pre-purchased. Sporting goods and

any other baggage in excess of your baggage allowance will be carried subject to payload. In the event of items travelling on a later flight than yourself, you will be responsible for collecting these from the destination airport.

Passengers may pre-book one additional bag, weighing up to a maximum 20kgs.

If your golf clubs take you over your baggage allowance, Aurigny will apply a Sporting Goods charge.

Golf clubs and other sporting equipment will only be accepted for carriage on a Limited Release basis. Please note that the fee is non-refundable.

It is strongly recommended that all clubs are carried in rigid cases to help protect against accidental damage.

Please note - Limited Release items (including sporting goods) will not be covered by the airline; Aurigny will not accept responsibility for accidental damage in transit. Any claim for compensation should be addressed to your insurance company.

## THINGS TO REMEMBER IF YOU TAKE YOUR CLUBS ON THE PLANE

- Clearly label your bag – add unique things to it to identify it and don't forget a luggage label!
- Use your bag as additional storage – wrapping clothes around your clubs not only protects them but leaves you extra space in your main luggage
- Make sure your bag is strong – some people swear by a hard bag which offers maximum protection, and airlines generally recommend that this is the preferred method of transporting them. However, if you're happy with a soft bag, try a lightweight pencil bag. They are slimmer than a usual bag, and there is usually enough room for one (possibly two) sets of clubs, perfect for a short break.



# ST PIERRE PARK

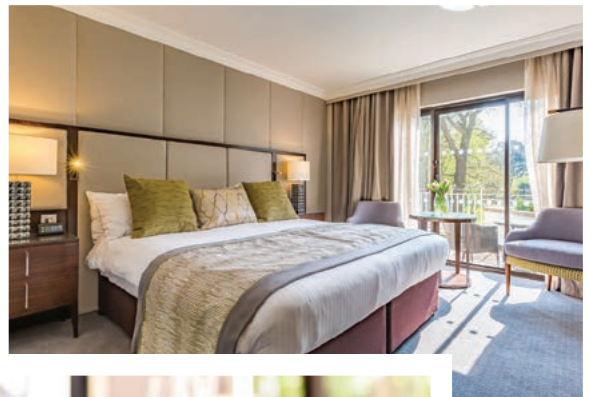
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With 35 acres of grounds, a golf course and an award-winning spa, St Pierre Park offers wonderfully indulgent experiences and superb accommodation. Feel any stresses and strains melt away from the moment you arrive.

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St Pierre is the perfect base from which to explore the wonderful sights of Guernsey and soak up that slower pace of life. Just one mile away is St Peter Port, a pretty harbour town brimming with history. Embark on an exquisitely relaxing stay and unlock all that the hotel has to offer. Enjoy a game of tennis, unwind with a soothing spa treatment, challenge yourself with a round of golf or have a refreshing dip in the indoor pool – the choice is yours.



# PORTO – A PERFECT PLACE FOR AN AUTUMN BREAK

Aurigny's direct flight to Porto proved so popular that it is being repeated in 2023. Flying out on 7 October, returning seven nights later, it is an ideal opportunity to visit the northern Portuguese city.

Amanda Eulenkamp found a few things to do while there.



RABELO BOATS ON THE DOURO RIVER. ©SHUTTERSTOCK





CLOCKWISE FROM TOP LEFT: IGREJA DOS CARMELITAS AND IGREJA DO CARMO; DETAIL OF THE TILED FACADE; DOM LUIS I BRIDGE AND DOURO RIVER; FRANCESINHA SANDWICH; PASTEL DE NATA; PORT WINE; THE DOURO VALLEY. ALL IMAGES ©SHUTTERSTOCK

Situated on the coast in northwest Portugal, Porto is the country's second largest city. Known for its Port wine production, there is plenty to do in a week, from tasting its famous export to enjoying a cruise on the Douro River.

Visiting in the autumn is an ideal time as the weather is still good (average October temperature is 21 degrees), plus there are fewer tourists around.

The historic centre of Porto, and the River Douro on the Gaia side (where the Port lodges are located), are classified a World Heritage Site. Six bridges cross the river, the most famous of which is the historic Ponte Dom

Luis. A marvel of 19th century engineering, the Ponte Dom Luis spans the Douro between Porto on the north bank and Vila Nova de Gaia on the south bank.

Originally meant for road traffic, the upper span now carries Line D of the Porto metro as well as a pedestrian walkway, from where there are fabulous views over the 18th century skyline, including Porto Cathedral and the Torre dos Clerigos. The lower deck carries both road traffic and pedestrians. If you'd rather see the bridges from the river, then hop aboard a typical Douro boat and take them all in.

More opportunities to view the city from a height are available from the top of the 75 metre high Clerigos Tower. Built between 1754 and 1763 by Nicolau Nasoni, there are six floors and 25 stairs that lead to the top. Be rewarded with a 360-degree, birds-eye view of the city.

Don't miss the Igreja do Carmo for its beautiful tiled facade. While it may look like one building, it is actually two different churches – Igreja dos Carmelitas and Igreja do Carmo – separated by the world's thinnest house. Measuring a mere one metre wide, there are various rumours surrounding the reason for its construction, the

most popular of which was that it helped to prevent communication between the monks and nuns of both churches.

If you need a little break from sightseeing, then Rua de Santa Catarina is Porto's most iconic shopping area. Here you'll find many leading brands.

And if that's made you hungry, then there are plenty of authentic, local dishes to try. Probably the most famous is the Francesinha sandwich. A very generous, large sandwich, it is filled with layers of beef steak, cured meat, fresh sausages, and topped with cheese, covered with a beer sauce and surrounded by French fries. Also try bacalhau (codfish), cachorrinho (Portuguese hotdog), bifana (sliced pork sandwich), caldo verde (green soup), peixe grelhado (Portuguese-style grilled fish), and pastel de nata (Portuguese egg tart). Check restaurant opening times as most open for lunch between 12pm and 3pm, then close for a couple of hours before opening again at 7pm until late.

### GETTING AROUND

There is excellent public transport and plentiful taxis. All of the popular day trip destinations (such as Braga, Guimaraes, Douro Valley Aveiro) have direct train services from Porto.







## THE HISTORY OF PORT

Portugal has been producing wine for thousands of years. Despite the remains of stone treading tanks and casks dating back to the third and fourth century, records show that the Port wine designation only appeared during the late half of the 17th century.

Produced in the mountainous eastern reaches of the Douro Valley in northern Portugal, where wine has been made for at least two thousand years, in 1756 the Port wine vineyards of the Douro became the first vineyard area in the world to be legally demarcated.

Taking advantage of the Douro River, the wine was transported to Porto, where it was transferred onto ships travelling to England. The first shipments of wine under the name Port were recorded in 1678. However, the wine needed to be preserved during its long journey, so it started to be fortified with the addition of brandy. Grape spirit brandy was eventually added during fermentation rather than later to create the fortified, sweet



dessert wine much loved by the British.

Port is traditionally served towards the end of a meal with cheese, as a dessert wine or as an after dinner drink. Mostly red, there is also a white variety, more often served as an aperitif.

There are full-day tours available from Porto to visit the vineyards, or if you prefer to stay in Porto, then cross the river to Vila Nova de Gaia, the home of historic Port lodges and wine producers. As well as a port tasting tour, you can also ride the cable car and embrace the social atmosphere of the area.







LA SALVE BRIDGE &amp; GUGGENHEIM MUSEUM. ©ISTOCKPHOTO

# BILBAO, THE CITY OF THE GUGGENHEIM

On 14 October, Aurigny is flying to Bilbao in northern Spain on the coast of the Bay of Biscay. An industrial port city, it is surrounded by green mountains and is the de facto capital of Basque Country. With the return flight seven days later, there is plenty to do and see during your week there, not only in the city but beyond its boundaries, says Amanda Eulenkamp.

One place you absolutely mustn't miss – and probably can't miss seeing – is the Guggenheim museum. When it was built in 1997, it revitalised the city and the curvy, titanium-clad building changed the architecture in Bilbao forever.

Art lovers will be in their element, as it shares the world's most important private collection of modern and contemporary art

with New York and Venice. If the Guggenheim is not enough to sate your artistic desires, then Bilbao is home to another of Spain's most important art museums, the Museum of Fine Arts.

Imaginative architecture abounds and the city boasts an impressively modern skyline. Take a walk over the futuristically-designed Zubizuri Bridge with its wavy silhouette.

As well as the new, Bilbao's past is plain to see. Take a stroll through The Old Town (Casco Viejo) with its famous 'Seven Streets' and discover iconic buildings such as the Cathedral de Santiago de Bilbao, one of the city's most famous sights or the elegant theatre inspired by the Paris Opera House, the Arriaga. Stop for a drink or bite to eat at the Plaza Nueva – built in the 19th century, it was completed in 1851 and is surrounded by elegant neoclassical portico arches and arcades.

The Old Town of Bilbao is full of quality restaurants to experience Basque cuisine, modern hotels, and unique historical and cultural sights.

## SCENIC FUNICULAR OF ARTXANDA

Ride the Aratzxanda funicular to take in a panoramic view of Bilbao.

Opening hours  
1 October – 31 May

7:15 am – 10:00 pm  
Monday to Saturday

8:15 am – 10:00 pm  
Sunday and public holidays

## GASTRONOMY

Pintxos – small snacks – are a Basque favourite, and there are plenty of food tours that will take in the many tapas bars in Bilbao. Visit La Ribera Market where the produce that you buy can be cooked for you, while listening to live music.





ABOVE: PANORAMIC VIEW OF BILBAO. RIGHT: PINTXOS – SMALL SNACKS AND RIOJA WINE. BELOW: SAN SEBASTIAN. ALL IMAGES ©SHUTTERSTOCK.



## BEYOND BILBAO

Bilbao is just an hour's drive from the Rioja wine region, so why not spend one of your days taking a tour to experience and taste the wine? Haro is the main town in the district of Haro and the largest in the Upper Rioja region.

### Game of Thrones tours –

Enjoy the beautiful filming locations where season seven took place. Dragonstone and parts of King's Landing were filmed in the Basque Country. See [gameofthronestours.com/bilbao-dragonstone-tour/](http://gameofthronestours.com/bilbao-dragonstone-tour/)

Bilbao is accessible by train to towns along the Basque coast–

all the way to **San Sebastian** – as well as the rest of Spain. Stay a day or longer in San Sebastian.

Stroll along the beautiful La Concha Beach, enjoy a walking tour of the Old Town, or take the funicular to see spectacular views from Mount Igeldo. 100 years old, it is the oldest funicular railway in the Basque Country. A cog railway with wooden carriages, the funicular connects Ondarreta Beach at the bottom to the vintage Monte Igeldo Amusement Park at the summit (check opening hours prior to visiting as these vary throughout the year and depending on the day).







## THE ISLAND'S FINEST DINING AT THE OGH

Enjoy a taste of luxury in the heart of St Peter Port with a range of experiences at The Old Government House Hotel. From breakfast and weekend brunch served in the Brasserie, afternoon tea served in our cosy lounge with an open fire to dinner in the Brasserie or our Governor's Curry Room where we serve Indian cuisine, with South African inspiration.

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# 48 HOURS IN GUERNSEY

RUPERT DIGGINS GETS STUCK INTO ISLAND LIFE FOR A COUPLE OF BLISSFUL DAYS

One of the wonderful things about taking a short break to the island of Guernsey is that there is just so much to do. Of course, you may be planning to simply put your feet up and relax, however for many, the opportunity to spend your time experiencing the island's history, natural beauty or harbour town life is just too good to resist.

Whatever the reason for your visit, if you are hopping over to this gorgeous Channel Island, you are in for a treat.

Guernsey is closer to Normandy than to mainland Britain and this is reflected in its street names and places which often come with a French twist. There is even a local language, known as Guernésiais, which is still taught in those schools that are keen to protect the island's strong heritage.

I have been a regular visitor to Guernsey since the 1990s. In those early days, and before my first visit, I had the impression that Guernsey was going to be too quiet, a little dull and with a slow pace of life, populated with wealthy retired folk and beige

cows. I was wrong then, and even more so 30 years later!

Today, traditional pubs sit alongside trendy new bars and sensational restaurants. Cosy B&Bs are neighbours to stylish boutique hotels. Friendly welcoming people of all ages invite you to discover the many riches and varied attractions of their island.

Last year I had the opportunity to return and spend 48 hours in Guernsey. On this occasion, I was staying at the Duke of Richmond Hotel ([www.dukeofrichmond.com](http://www.dukeofrichmond.com)), just a few minutes from the centre of St Peter Port. With my walking boots on, I wanted to spend my first day mooching around the town on foot, leaving day two to venture further afield to discover the wartime history and coastline.

## CANDIE GARDENS

Just a few steps from my hotel was Candie Gardens. Built in Victorian times, and once part of a private estate, Candie Gardens is now open to visitors looking to enjoy the flower displays, immaculately maintained lawns, fishponds and some glorious island views across St Peter Port harbour and the sister islands of Herm, Sark and Jethou.

Within the gardens is the Guernsey

Museum and Art Gallery, which charts the story of Guernsey's island life, from prehistory to the present day.

The Priaulx Library archives are open to the public and located in Candie House. Since 1889 the library has been collecting, cataloguing, and preserving records, artefacts, maps, military records and books that document Guernsey's unique identity and past.

## VICTORIA TOWER

A short walk from Candie Gardens is Victoria Tower. Built in 1848, this is the tallest of the island's fifteen, loophole towers. As I approached, I could not help but smile as I read the note on the heavy wooden door stating that if I wanted to gain free access, I would need to collect the key from the nearby Guernsey Museum and Art Gallery. Once inside, there is the chance to climb the steep, spiral staircase and take in some beautiful views.

In the Monument Gardens outside the tower there are two First World War, heavy German calibre artillery guns. Their story is fascinating as they spent the entire occupation, and many years thereafter, buried beneath the gardens in order to prevent them from falling into the wrong hands.





PREVIOUS PAGE: CASTLE CORNET. ABOVE L-R: HAUTEVILLE HOUSE AND GARDENS; THE HIGH STREET; FERMAIN BAY; VICTORIA TOWER. ALL IMAGES ©ISTOCKPHOTO

## EXPLORING ST PETER PORT

From Victoria Tower, I wandered down into town, but not before taking a slight detour to discover what I understood to be Guernsey's oldest pub. Dating back to 1810, The Plough Inn feels as if it has hardly been touched in two centuries. In other words, don't expect any mod cons – this is where you go for a pint, a packet of peanuts, a chat with the locals and a game of Euchre.

The card game of Euchre is considered by many to be Guernsey's national game. Depending on what story you are told or what you read, it appears to be of North American origin. I loved the locals' enthusiasm for this rather strange pastime played with cards, a small piece of wood and, in the case of the Plough Inn, rivets! All over the island, there are leagues, clubs, and even Euchre parties.

Continuing down towards town, I arrived at the Old Quarter and Mill Street with its independent shops, antique emporiums, jewellers and galleries. Quirky art and fun quotations adorn the walls of this street, with one stating that 'Lost is a great place to find yourself'. I agree.

Market Square was originally built in the 1770s and today offers a variety of shopping experiences and dining in beautiful Victorian-

style surroundings. Throughout the year, events are held here including musical and literary performances, photographic displays, as well as a Christmas market. All year round there is the Fresh Friday market, where small independent traders sell local produce and street food. This is a great place just to sit and observe Guernsey's life.

From Market square, you cannot miss the opportunity to wander up and down the cobbled streets of the High Street and the Pollet. This pretty area, charmingly decorated with hanging baskets and bunting, is the retail centre of Guernsey and is full of high-street stores alongside small boutiques, charming restaurants and cafes.

Close to Market Square is the Town Church which is next door to the traditional Albion House Tavern. Local legend has it that this is the closest tavern to a church anywhere in the British Isles. A look up at the gargoyle in the narrow alleyway shows it almost kissing the pub wall. Who was I to disagree?

## EATING OUT IN ST PETER PORT

If you are looking for a great lunch spot, then I can recommend the Octopus Bar and Restaurant which is located on the southern side of Havelet Bay. This beautiful restaurant offers an international menu with a focus on fresh local produce and seafood. The stylish

interior is complemented on those sunny days with a buzzing outside deck, where donning your shades while staring out to sea and people-watching is the order of the day.

How about afternoon tea? The Old Government House Hotel and Spa is a superb venue to savour a delicious traditional tea with delicate finger sandwiches, delicious pastries, freshly baked scones with homemade preserves and, of course, Guernsey clotted cream.

In the evening check out the Fifty-Seven Restaurant. Set over two floors, this modern, informal restaurant and late-night cocktail bar is in the very heart of St Peter Port. A fabulous dinner and wine menu offers steaks, seafood and Mediterranean cuisine all cooked to perfection.

## HAUTEVILLE HOUSE

Widely known for his 1862 novel *Les Misérables*, the French poet and novelist Victor Hugo lived in exile in Guernsey for 15 years.

A stone's throw from the Octopus Bar and Restaurant you can visit his recently renovated residence and gardens at Hauteville House. Wander around the small museum, with its beautiful rooms across several floors, showcasing his life through books, drawings, letters, and souvenirs.





## CASTLE CORNET

Castle Cornet is probably the most famous site in Guernsey. This 800-year-old castle is set upon an island that is connected to the entrance of St Peter Port harbour. Enjoy mooching around the gardens, barracks, lighthouse and castle walls which provide incredible views across to the neighbouring islands.

Inside there are four museums – The Story of Castle Cornet, 201 Squadron (RAF) Museum, Royal Guernsey Light Infantry Regimental Museum and the Royal Guernsey Militia Museum

A visit to the castle is perfect for the family, with various fun activities on offer for kids, plus the gun firing at midday will excite – or scare – even the youngest of visitors.

## WARTIME HISTORY

If you enjoyed the Royal Guernsey Militia Museum in Castle Cornet then, if you venture a little further afield, there are other opportunities to discover Guernsey's history during wartime occupation.

The German Occupation Museum is close to the airport and tells the history of the island during World War 2. It recalls how things were during those dark days and how life was for the locals. The museum houses relics dating from the period, including weapons,

uniforms, communications, papers, photographs, maps, and other militaria items.

The La Valette Underground Military Museum is located just over a mile from St Peter Port. It is where the Germans stockpiled fuel during World War 2. The museum is a web of interconnecting tunnels and consists of two areas. The first is above ground, acting as an introduction to the second area where visitors walk through the fascinating secret tunnels.

## LIFE'S A BEACH

If the sun is shining, then, despite all of Guernsey's cultural and historical attractions, you will undoubtedly be drawn to the coastline and some magnificent beaches.

Parking up at a quiet, almost empty beach, taking in a deep breath and enjoying the views is a must! Some of my favourite Guernsey beaches include Cobo Bay, Vazon Bay and Port Soif. These wide-open, picture-perfect bays are ideal for whiling away a few hours.

Popular smaller, sheltered bays include Portelet Beach and Petit Bot. A coastal path from St Peter Port takes you to another well-known beach at Fermain Bay. However, be aware that the walk is challenging in places with steep inclines.

## ACTIVITIES & SPORTS

For those looking for sporting activities and pastimes then there is more to Guernsey than Euchre!

How about kayaking and paddleboarding or, if you want to explore the island's marine life then there are scuba and deep-sea diving opportunities.

For a round of golf, visit the Royal Guernsey Golf Club which offers day green fees for visitors, or visit Golf19 near St Pierre Park Hotel.

There is even a Go-Kart track in Guernsey with excellent facilities including an outdoor floodlit karting circuit, a computerised timing system, purpose-built electric kids track and a 'Pitzone'.

## FINAL THOUGHTS

Guernsey will not only surprise you with the variety of attractions and activities available, but will put a smile on your face, whether it's the stunning scenery, warm traditional welcome, retail shopping, sensational cuisine, the little cars, the 'after you' roundabouts, or yellow telephone boxes that float your boat.

There are just so many reasons to visit the beautiful island of Guernsey. I told you my first impressions back in the 90s were wrong... Guernsey is certainly not dull and besides, what's wrong with beige cows?



# 48 HOURS IN BRIGHTON







LEFT: THE BRITISH AIRWAYS i360 VIEWING TOWER ©SHUTTERSTOCK.  
 ABOVE: PALACE PIER, ABOVE RIGHT: THE ROYAL PAVILION ©ISTOCKPHOTO.  
 BELOW L-R: THE SEVEN SISTERS; SHOPPING IN THE LANES; WALKING ON THE SOUTH  
 DOWNS NATIONAL PARK; BRIGHTON PRIDE MARCH. ALL IMAGES ©SHUTTERSTOCK.

## Jessamy Baldwin explores the free-thinking city in the heart of Sussex.

If you appreciate delicious food, quirky architecture, far-reaching sea views, mysterious alleys, vintage boutiques, good coffee and vibrant music, send Brighton to the top of your travel to-do list for 2023.

In 48 hours you'll have time to peruse much of the bohemian town, soak up local culture, indulge in the diverse cuisine and explore some of the rolling chalk hills of the South Downs National Park.

**Getting there:** You won't need to travel far from Gatwick to reach this East Sussex coastal destination. Options include: train – 40 mins (£8-21), bus – 45 mins (£4-6), taxi – 30 mins (£70-85) or you could hire your own car.

**Where to stay:** The Grand Brighton, Hotel du Vin, The Square, Hotel Una, Drakes Hotel and the Ginger Pig are all worthy options. There are also plenty of choices on Airbnb.

### DAY ONE:

Before you start exploring the famous 'Lanes', stop in for a bite to eat at JB's eccentric 1950's diner.

Next, head to the British Airways i360 on the seafront for panoramic views of Brighton itself, France and the Isle of Wight. Now, time to explore the Lanes – an intriguing network of colourful shops, small patisseries, buzzing cafes, mouth-watering food stalls, pop up markets, unique restaurants and cosy candle-lit pubs. Highlights include the legendary Brighton Sausage Company's sausage rolls, Choccywoccydoodah and The White Rabbit Pub. Dive into off-beat arcades, shop for vintage jewellery and hunt for bargains at market stalls. There are so many gems, you're best exploring and seeing where the lanes take you.

Time for a change of scene! Head to the Grand Hotel Brighton's award winning afternoon tea for a touch of luxury before switching things up once again by moving on to the seafront. Walk along the beach and/or explore all that Brighton Pier has to offer (rides, cafes, bars, restaurants, arcades, children's play areas).

After some well-deserved rest and rejuvenation, dine at The Salt Room (stunning views), Plateau (good for wine lovers) or, if on a budget, the fish and chips at Bankers is pretty spectacular.

### DAY TWO:

Enjoy a lie-in after your first day and grab brunch in the Lanes before exploring some of what the South Downs National Park has to offer.

Devil's Dyke, Ditchling Beacon, Stanmer Park, Suddlescombe, Clayton, Jack & Jill Windmills, Bramber, Woodingdean and Hollingbury Castle are all fantastic walking spots in the area.

Alternatively, you could stay more local and complete the five-mile Brighton coastal path. This seaside jaunt will take you westwards out of the centre from Brighton Pier, past Hove and Portslade, on to neighbouring Southwick. You'll finish up at Monarch's Way, near Shoreham Harbour, where you can meander around the marina and check out the picturesque town.

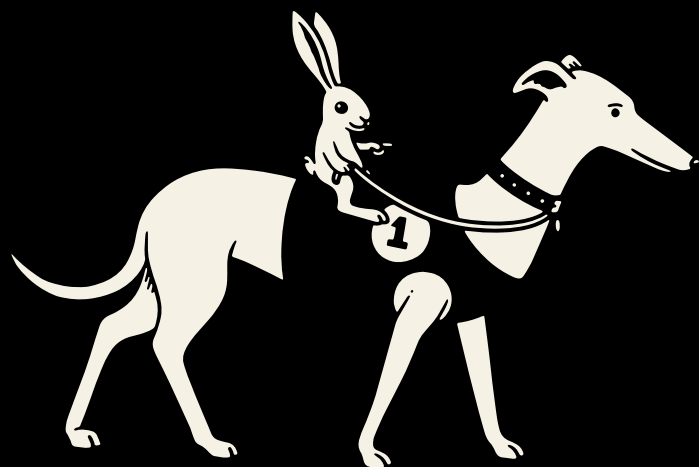
If you have any time left, it's worth exploring the iconic Brighton Pavilion. Learn about its colourful history stretching back 200 years while visiting the preserved rooms, landscaped gardens and huge number of royal artefacts.

End the second day with dinner at Food for Friends (great vegetarian food), The Chilli Pickle (colourful Indian food) or if, you're really wanting to treat yourself, Etch (run by a MasterChef winner).





TPA



Don't  
chase,  
lead. 

---

TPA is the Channel island's leading creative agency.  
So, if you want to lead together, talk to us. [tpagency.com](http://tpagency.com)

# It's not all about you

Don't assume your audience will look at your advertising just because it's there. You need to grab their attention and connect with them. Effective advertising is born out of understanding what drives you and what drives your audience. Our planning process helps unlock this, and discover what makes you a perfect fit for your audience.

Our principles are simple:

## Power of emotion

Emotional connection delivers a higher lifetime value. In fact, consumers that are emotionally invested in your brand have a 306% higher lifetime value, stay with you for much longer (an average of 5.1 years vs. 3.4 years), and will recommend you at a much higher rate (71% vs. 45%)\*. As a creative agency, it's our job to communicate that emotional connection and deliver beyond a list of product benefits.

\*Leveraging the Value of Emotional Connection for Retailers, Motista. 2018

## Consideration is everything

Ask someone to name a list of brands in a category (shops, banks, cars etc.) and they will easily name three or four before they start to struggle. If you want your brand to be number one on that list, you need to make it easy for people to remember you amongst the many other brands out there. Sometimes it comes down to just being 'the red one' or 'the blue one'. We are here to help make your brand stand out by making it simple, memorable and ownable.

## Familiarity creates favorability

We all have that favourite coffee mug we reach for every day – humans are creatures of habits and our

brains love to make shortcuts. Being more familiar with something suits our brains – scientists call it 'The Mere Exposure Effect'. This model tells us that the more familiar you are with a brand, the more likely you are to buy, recommend or talk about it. So the more consistent you are with your brand, messages and imagery, the more you will create opportunity for brand awareness and recall. It really is that simple.

## Play the long game

Advertising body, the IPA, published an extensive research piece showing that longer-term brand activity delivers a better rate of growth. 'The Long and the Short of it: Balancing the short and long-term effects of marketing', draws on 996 advertising effectiveness case studies, from 700 brands across 83 sectors, and spans over 30 years of data.

The research shows a need to balance tactical sales-driven campaigns with broader brand building. Instant response activity does a job, but if you want to stick your head up from the parapet, then long-term brand communications are the way to go. The good news is that we can help you navigate how these two strategies sit together and can deliver on all fronts. We're here to be your communication advisor, as much as your creative department.



**Victoria Falla**  
Strategy Director

Victoria moved to Guernsey after 12 years working in London including a top 20 UK agency. She now helps TPA clients succeed commercially by understanding their business, challenges and opportunities, in order to maximise their advertising spend. She likes creating work that both clients and TPA can be proud of and recognised for.



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# PUBLIC ACCESS: BENEFICIAL OWNERSHIP REGISTERS

BY JO GORROD, MANAGING DIRECTOR, OAK GROUP, JERSEY

## Has the pendulum finally swung back towards the rights of an individual for financial privacy?

The November ruling by the Court of Justice of the European Union (CJEU) that public registers are 'a serious interference with the fundamental rights to respect for private life and to the protection of personal data' indicates a sea-change in opinion from the expected narrative that transparency is in itself a panacea against financial crime. The CJEU quite rightly pointed out the responsibility for fighting financial crime and terrorist financing rests with government and financial institutions and not the general public.

This resulted in the Crown Dependencies releasing a joint statement in December stating that further legal advice was required prior to implementing their stated intention of opening company registers to the public.

This appears to be welcome news for those who firmly believe in the approach taken by the Crown Dependencies which focuses on the adequacy, accuracy and timeliness of the beneficial information held, its availability to competent authorities and the requirement for filings to be made by regulated nominated persons. Jersey has recently undertaken a review of industry compliance with the registry's beneficial ownership and control requirements. The review has focused on both the compliance by regulated entities but also a review by the registry of the quality and accuracy of information filed. The outcome of this review will be published in 2023 but it certainly demonstrates the importance that the jurisdiction places on the integrity of its registry.

In this post-Brexit world, there has been no response as yet from the UK Government on the recent ruling of the CJEU. It is still considering its position.

The UK of course already has a public register of beneficial ownership with the requirement to file Persons of Significant Control (PSC). The disclosure regime was extended last year with the Economic Crime (Transparency and Enforcement) Act 2022 which introduced the Register of Overseas Entities (ROE). This requires the registration by foreign companies directly or indirectly holding UK property and the disclosure of information regarding the beneficial ownership and control of those entities. The information filed, save for trust specific information, is available to the public.

The CJEU ruling surely brings into question whether the information disclosures under the PSC and ROE and the public nature of the information is proportionate and respects the fundamental rights to privacy and the protection of personal data. While legally the UK is no longer bound by decisions made by the CJEU it may wish to consider whether it wishes to be an outlier in Europe with a regime of public registers making it potentially less attractive for business compared to its European neighbours.

The Crown Dependencies however remain mindful of their close ties to the UK and will watch, wait and take appropriate advice over the coming months, carefully treading the balance between protecting the public and financial systems against money laundering and terrorist financing and protecting the rights of law-abiding individuals to a degree of financial privacy.

**...RESPONSIBILITY FOR FIGHTING FINANCIAL CRIME AND TERRORIST FINANCING RESTS WITH GOVERNMENT AND FINANCIAL INSTITUTIONS AND NOT THE GENERAL PUBLIC.**





# SURE CELEBRATES 40 YEARS OF SUPPORTING YOUNG ENTERPRISE

Sure has celebrated 40 years of supporting one of the island’s most recognisable initiatives for young people. The programme seeks to encourage secondary school-aged students to venture into the world of business. Anyone aged between 15 and 19 can enter. Participants are put into teams to

test their business leadership skills and tasked with coming up with their own company. Justin Bellinger, chief executive of Sure Guernsey, is one of the judges at the ‘Dragon’s Den’ style finals night. ‘Sure has been an integral part of the Young Enterprise programme for four decades, and I am proud to be

a part of that journey,’ he said. ‘The programme aligns with our goal of keeping islanders connected, as it encourages students from all walks of life to collaborate, communicate, and cultivate exceptional business ideas. I’m looking forward to seeing what this years’ intake have in store for us.’

# HLG OPENS NEW CI OFFICES



HLG Associates, a multi-disciplinary construction consultancy, has opened new offices in both Jersey and Guernsey. The Guernsey office is situated at 8 Lefebvre Street, and the opening coincides with the company’s 10th anniversary, plus a fresh and streamlined new website.

‘We are extremely proud to be celebrating this ten-year milestone for HLG Associates. Our new offices and website celebrate the impact we have made within the Channel Islands and across the UK and will help us move into the next chapter of exciting and impactful projects

for our clients,’ said group managing director, Simon Matthews. ‘We work to make sure that all of our clients have a positive and streamlined experience implementing their project, with sustainability and futureproofing at the heart of what we do.’

# LIBERATION GROUP AND CIRRUS INNS JOIN FORCES



Liberation Group CEO Jonathan Lawson

The Liberation Group has joined forces with UK-based Cirrus Inns, which runs 22 'premium pubs' from south-west London to the Cotswolds.

Calling this a 'combining' of the two companies, a statement said that it would create 'an exceptionally high-quality, predominantly freehold, estate of 137 pubs' under the control of the Liberation Group. It now has 79 managed and 58 tenanted sites, with more than 400 rooms of accommodation, stretching from south-west London to Bristol and the Channel Islands.

Liberation Group CEO Jonathan Lawson will lead the combined group with Cirrus Inns founder and CEO Alex Langlands 'Langy' Pearse joining the Liberation Group board as a non-executive director.

Mr Lawson said that the Liberation Group was on course to deliver a strong year's performance in both the Channel Islands and the UK, having emerged from the pandemic in a strong position.

# IDR REVENUE AND GLOBAL STAFF DOUBLED IN 2022



Locally-founded fintech, IDR has doubled its revenue and global headcount during 2022.

The company, which provides 'one and done' investor onboarding services to private markets fund managers, was established as the ID Register in 2016 by founder Tim Andrews, to solve an industry-wide problem. It now connects nearly 40,000 investors – more than 50% of the world's private market investors – to 5,500 funds.

A key driver for its growth was establishing a presence in the UK, Luxembourg and North America, as well as growing its new Cape Town office from zero to 30 people within a year. It now has a presence in 11 locations worldwide.

Mr Andrews also cited a 'hugely successful' partnership with global technology behemoth FIS Global, and the launch of subscription and MLRO services.



Felicity Haskins

# DIVORCE COUNSELLOR AIMS TO FILL GAP IN MARKET

Retired Guernsey advocate Felicity Haskins, has set up as a divorce counsellor. The independent consultancy, called My Divorce Counsellor, aims to fill a gap in the market, completely separate to legal advice.

The less combative approach of counselling is designed to go hand-in-hand with the no-fault divorce.

'Our objective is to identify the issues correctly at the outset and help to solve the problems that arise during the process by thinking outside of the box,' said Mrs Haskins. 'As we are independent and not emotionally involved, we can view things more objectively and thus find better strategies. I'm looking to help people to cope with the emotional fall out in times of crises, and to help them see the positive and build their confidence by instilling optimism in people and take away fear and anxiety.'





Left to right: Kerrie Le Tissier (Client director at HIGHVERN), Jane Kerins (Managing director at Guernsey Community Savings) and Françoise Bougourd (Director at HIGHVERN)

# HIGHVERN DONATION HELPS TO DRIVE SUSTAINABLE CHANGE

In recognition of the rising cost-of-living and the subsequent added financial strain, local fiduciary services provider Highvern has donated 200 credited puffin passes to the financial inclusion charity Guernsey Community Savings,

empowering more islanders to access more sustainable travel. 'Highvern is very committed to its ESG initiatives, and the group is continually looking at ways in which we can give back to the community and protect the environment,' said

director, Kerrie Le Tissier. 'We hope our "back the buses" campaign will lead to more people considering using public transport as an alternative to driving, as well as helping those feeling the financial strain this winter.'



# WELLBEING TARGETTED

Two massage specialists, Catherine Wright and Justine Ayres, have set up a business that is targeting the wellbeing of the local workforce – in the workplace.

Ruby Holistics provides on-site massage therapies, designed for the corporate environment.

The 15-minute treatments take place over the lunch break and can help with issues arising from anxiety, depression, fatigue, headaches, and stress.

'According to Guernsey Public Health intelligence, anxiety and stress levels have increased by 74% since 2019,' they said. 'This has a huge impact on work absence and work productivity.'

'Offering this service to your employees is a fantastic way to show they are a valued member of your company, giving them a sense of worth and improving their overall wellbeing.'



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# WHAT YOU NEED TO KNOW ABOUT THE LENDING, CREDIT AND FINANCE LAW

Guernsey has long had a sophisticated legislative and regulatory framework governing financial services but credit providers have not previously needed a licence from the Guernsey Financial Services Commission (GFSC) in the conduct of their lending activities. Things are soon to change says Tristan Ozanne, partner at Babbé LLP.

The Lending, Credit and Finance (Bailiwick of Guernsey) Law, 2022 (LCF Law) is to come into full force on 1 July 2023. It is intended, among other things, to regulate the credit and finance sector and protect customers in the Bailiwick who make use of consumer credit. This includes individual loans, home finance and credit for the purchase of goods and services, such as cars, boats and white goods, for example.

## CREDIT AND SERVICES ANCILLARY TO CREDIT (CREDIT BUSINESS)

The LCF Law will regulate credit business, which includes the provision of credit via a regulated agreement. This is broadly to capture the lending of money, whether in cash or any other form or any other kind of financial accommodation, the sale of goods or services on credit, including hire purchase, the hiring or leasing out of goods for more than three months, the issue of credit or charge cards and any other service or activity specified by regulation. It is also intended to capture preparatory work, effecting introductions to credit providers, credit brokerage and acting as an intermediary.

## WHAT IS A REGULATED AGREEMENT?

A regulated agreement means a contract entered into by or on behalf of and between:

- (i) a provider of credit and a customer who is an individual acting for purposes wholly or mainly outside that person's trade, business or profession whereby credit is provided and interest or other charges may be levied on the customer (note that interest free loans would therefore generally be outside of the LCF Law), or
- (ii) a provider of credit and a customer whereby credit is provided and interest or other charges may be levied and the credit is secured against real property situated in the Bailiwick and used for residential purposes.

## SO WHAT DOES THIS MEAN FOR CUSTOMERS?

Among the many requirements, customers will need to be given clear information on monthly payments and total cost of credit and interest rates with the intention that they can make meaningful comparisons between different types of credit and credit from different lenders, helping people understand precisely what it is they are signing up to. It will also be incumbent on lenders to have regard for customer vulnerability and to consider whether customers can afford the credit they are taking out.

The rules will also prohibit unfair contract terms, which cause a significant imbalance in the parties' rights and obligations, to the detriment of the customer. This will necessitate fairness and transparency; i.e. much of the jargon that has been used previously will need to be converted to plain, understandable language, allowing customers to make informed decisions. The ramifications of a lender including an unfair term is that it will be unenforceable against the customer.

In addition, we anticipate the introduction of 'cooling-off' periods of no less than two weeks for non-home finance, during which the customer may cancel the credit agreement and 'periods of reflection' of no less than seven days for home finance agreements, in which a customer may not be actively pursued or pressured.

## RULES AND GUIDANCE

The rules and guidance which are to accompany the LCF Law will provide much of the necessary granular detail and particular exemptions from licensing, will be provided which have been the subject of extensive consultation with industry. It is anticipated that these will be published by the end of January 2023 (at the time of writing we await their imminent arrival but by the time you're reading this, they should have recently gone live!). Information on the application process is also to be provided at that time and the licence application window will then open. From 1 July 2023 onwards, firms without a licence may not operate until the appropriate licence or exemption is in place, so time will certainly be of the essence.



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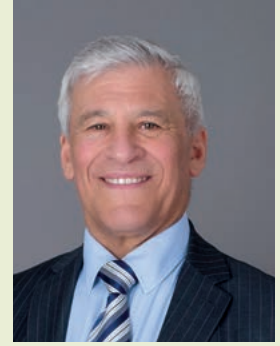
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## EXEMPTIONS

The exemptions are likely to be many and varied. We are hoping these will include, for example, lending to certain family members, Guernsey trustees lending to beneficiaries of a trust from which the credit is sourced, secured lending where the security is held against real property in Guernsey or elsewhere which is not the borrower's primary residence and appointed retailers who provide credit facilities through a single credit provider and subject to a written agreement with that credit provider for goods and services offered. The devil will be in the detail and will require a close examination when the exemptions have been published.

## OTHER REGULATION

The LCF Law will also replace the existing registration regime for non-regulated financial services businesses, introduce regulation for certain activity related to virtual asset service providers to meet international standards and likewise introduce regulation for peer to peer and crowdfunding fintech platforms, although these are outside the scope of this note.

So as you can see, the ambit of the LCF Law is very wide indeed.

## LICENSING REQUIREMENTS

All prospective licensees will be required to meet the minimum criteria for licensing, which includes:

- satisfying the GFSC that the business of the prospective licensee will be carried out with the necessary integrity and skill;
- that it is fit and proper to hold a licence;
- that it has the appropriate board compositions (if a company) comprising at least two individuals of appropriate standing and independence from one another; and
- that it will conduct its business in a prudent manner.

A wide range of businesses may be affected by the introduction of the LCF Law. It will be necessary for those affected to take considerable action in a short period of time, such as applying for a licence or

exemption and, if necessary, reviewing or preparing business risk assessments and business plans, paying close attention to and updating policies and procedures and considering to what extent terms and conditions need to be updated to bring them into compliance.

## SO WHAT'S NEXT?

Given the go-live date of 1 July 2023 and the severe repercussions (which include criminal offences, imprisonment and fines) of breaching the LCF Law, the GFSC is strongly encouraging prospective licensees to submit their applications promptly to enable sufficient time for consideration ahead of the regime coming into full force and effect and are likely to offer discounted rates for early submissions. Accordingly, we encourage prospective licensees to commence licence applications as early as possible.

Babbé LLP is expertly placed to advise on the LCF Law and assist entities operating in this space to obtain a licence or exemption from the GFSC, and also to assist with business plans and business risk assessments, policies and procedures and terms and conditions.

*If you have any queries or would like to discuss, please contact the Corporate team at Babbé LLP.*





**SECONDARY PENSIONS ARE APPROACHING FAST.  
PLAN AHEAD WITH GOWER TODAY.**

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From 2024, it is planned that every business in Guernsey and Alderney will be required to offer a secondary pension to all staff members.

At Gower, we can talk you through all the options to suit your business size along with what's needed to get you started.

**Time is ticking, so act now.**

**Gower.gg, first for secondary pensions.**

# AHEAD OF THE GAME: SECONDARY PENSIONS



Paul McCormick, Senior Financial Adviser at Gower, provides an update on changing pension laws in Guernsey and Alderney, and urges employers to ensure they are organized in good time for the upcoming deadlines.

Businesses in Guernsey and Alderney now have some certainty about changing pension legislation following the news that the States of Guernsey approved the implementation of a new 'Secondary Pension', during its December 2022 meeting. So, if you're an employer, there is no question that this will affect you – the only questions are when, and to what degree?

## WHEN DOES IT ALL START?

The Secondary Pension rules will obligate all Guernsey and Alderney businesses to provide their employees with access to a qualifying pension scheme and to automatically enroll them. However, not all pension schemes fit the bill, so even if you already have a scheme in place, you will need to ensure that it qualifies. And depending on the size of your business, you may need to do so by January 2024, when the proposed legislation comes into force. Initially, it will only apply to larger employers (with 26+ employees). All other businesses will be 'phased in' to the scheme over the following 15 months, and at the time of writing these are planned as follows:

Commencement date	Number of employees
1st January 2024	26+
1st April 2024	11-25
1st July 2024	6-10
1st January 2025	2-5
1st April 2025	1

## WHEN DOES IT ALL START?

There will be minimum contribution limits for both the employer and employee, which will start at a low level and increase over the years. The majority of contributions will end up being made by the employee, but in the first-year minimum contributions will be just 1% p.a. from the employer, and 1% p.a. from the employee. Both will rise in small increments each year over a seven-year period until minimum contributions are 3.5% p.a. from the employer, and 6.5% p.a. from the employee, so that overall 10% p.a. is being contributed to a pension scheme.

## WHAT ARE MY OPTIONS?

To support the secondary pension scheme, the States of Guernsey is providing its own pension plan, called 'Your Island Pension'. You can think of this as "the default option", it guarantees that businesses which have not made provisions themselves will still have access to an affordable scheme that meets the minimum criteria set out in the secondary pension scheme legislation. However, this scheme will not, by definition, be tailored to your business needs, it is an "off the shelf" solution. Many companies prefer to design their own qualifying scheme and there are private providers available to do this for you.

## HOW CAN GOWER HELP?

At Gower, we believe the best solution for your business will not necessarily be the best solution for the business around the corner (which, for example, might be much bigger or smaller, have different rates of staff turnover, and provide different employee benefits).

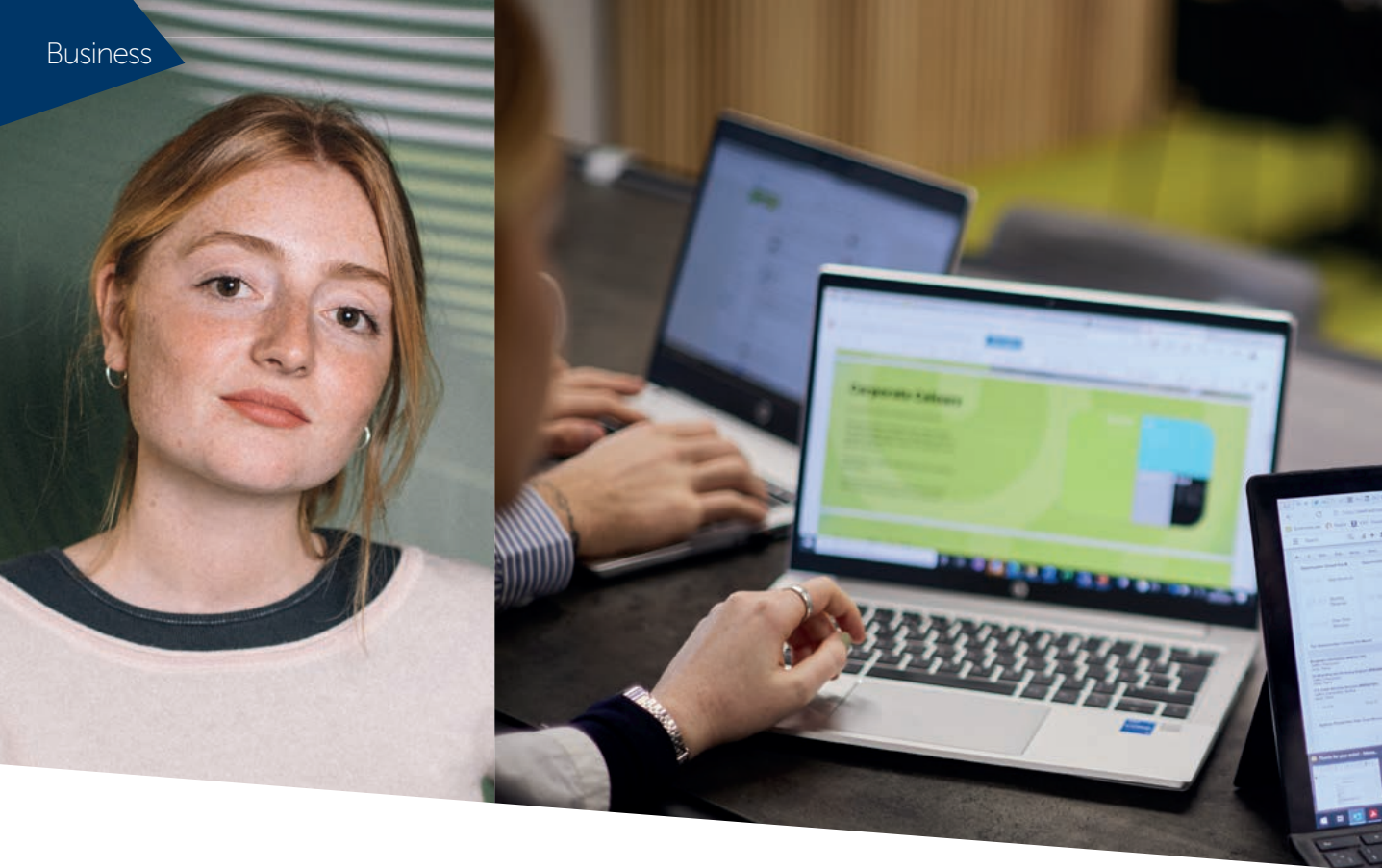
We will take all the relevant factors surrounding your business into account, designing the most suitable pension just for you. This translates into more control over the administration and operation of your scheme and provides a wide range of additional benefits. You will have the freedom to choose your own investment management options, so members can make investment decisions themselves or delegate this to an expert, and each member will have access to a user portal available online or via an app. This flexibility allows us to build pension schemes that offer the greatest benefit to our clients and their employees – and it can be done while respecting both the spirit and the letter of in-coming pension laws.

## ADDED VALUE EXTRAS

Gower can also make setting your pension plan up a hassle-free experience, providing everything you need under just one roof. We can integrate it with your existing benefits, or build you a benefit scheme from scratch, delivering everything from private medical cover to death in service insurance, in one cost-effective and easy-to-understand package.

To discuss the implications of the secondary pension scheme for your business, or learn more about what Gower has to offer, **call 700155**. Alternatively, **email [paul.mccormick@gower.gg](mailto:paul.mccormick@gower.gg)** to set up an informal meeting.





# THE FUTURE IS REMOTE

WHY BUSINESSES THAT EMBRACE THE CLOUD CAN SIT AHEAD OF THE COMPETITION

ADVERTORIAL

Many organisations have uncovered the benefits of The Cloud when it comes to holding data securely, facilitating collaboration in the workplace and enabling a hybrid work model, but there are many other hidden perks that should be considered.

## WIDER TALENT POOL

A solid cloud infrastructure enables businesses to access a far wider talent pool when it comes to recruiting new team members. With work systems securely accessible from anywhere, recruiters are able to consider applications from qualified individuals based in a different location to the company headquarters. This is especially beneficial to Channel Island companies, where the talent

pool is smaller and recruitment is notoriously competitive. With this newfound freedom, businesses can focus on bringing in the right person for the job, no matter where they're based.

## RETAIN STAFF

In a similar vein, cloud-first organisations now have the option to retain staff who may be looking to move abroad. Businesses no longer need to worry about losing staff when they relocate, and instead can support their employee through their move and continue their employment from wherever they're based. This is a real game changer, for employees and employers alike. People no longer need to feel tied to the location of their office and can instead move overseas to access more affordable housing, be closer to family, or simply enjoy a change of scenery.

## GROW INTO NEW JURISDICTIONS

And of course, with employees based in different locations, this in turn gives organisations access to new jurisdictions, enabling them to grow organically into new markets. Furthermore, this is an easier way for business to offer follow-the-sun support as they'll have employees based in multiple time zones.

Over the last year, Resolution IT has made a number of hires overseas, as well as supporting members of its Guernsey team in moving abroad. These transitions to remote working have meant Resolution IT now has a presence in Wales, London, Thailand, Guernsey, Jersey and Dubai, and is able to offer 24/7 support to its clients.



## Resolution IT's Brand & Marketing Manager, Tove Barnes, moved to Wales last year and spoke to us about her experience transitioning to remote work.

I've been working remotely from Wales for five months now and things have gone surprisingly smoothly. So far, I've not missed any meetings, I can still play an active role in the Social & Community and Health & Wellbeing committees, I know everything that's going on at the Resolution IT HQ, and I'm still able to collaborate on projects alongside my teammates, even though I'm 253 miles from the office.

Microsoft 365 has made this whole thing possible. The vast network of communicative and collaborative tools has meant I'm able to continue my role without any major changes to how I do things.

Microsoft Teams is an absolute saviour for remote working – the chat function is great for keeping in touch with people and sending through quick requests, our channels are always up-to-date with team news and company updates, and of course the video chat function means I get to speak to people face-to-face.

When we have our weekly team meetings (where I'm beamed onto the kitchen screen via teams), the interactive ability of OneNote means we can collaboratively update the meeting notes and follow along the agenda as we're speaking to each other.

OneDrive is an absolute game changer for remote work. It means my co-workers and I can collaborate on documents in real time, leave each other comments, share feedback, and send documents with ease. There's no need to email documents back and forth as files are automatically saved and uploaded to the cloud as you work. I also get notified whenever my colleagues leave notes or comments on shared documents, so I can quickly go in and make the change as and when the request comes in.

Because a lot of the work I do is design-based, it's vital that I'm able to collaborate on projects in real time. I need to get feedback there and then so that I can make

changes and keep on top of requests. A great tool to help this is Whiteboard. My teammates and I can scribble over a design with notes and adjustments while we're speaking to each other via Teams. As someone who works quite visually, this is really useful.

I've also got to mention Tonia Meakin here, our Digital Productivity Trainer. If it wasn't for her brilliant Microsoft training, I wouldn't be so well-equipped to use all of these tools to their full potential each day. Receiving training from Tonia for OneDrive, SharePoint, Teams and Excel has been absolutely essential to working efficiently while out of the office.

**A few years ago, a move like this may not have been possible, let alone as seamless as this. If you're looking to move into the cloud space, would like to help an employee switch to remote work or fancy hiring someone from overseas, get in touch with the Resolution IT team. Trust me, they know what they're doing.**



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# DENY, DENY, COUNTER-ACCUSE, DEMAND EVIDENCE!



BY MARK BOUSFIELD, GROUP MANAGING DIRECTOR OF RAVENSCROFT

**YOU KNOW SHE ARE GON' BRING 'BOUT THINGS UP FROM THE PAST**

**ALL THE LITTLE EVIDENCE YOU BETTER KNOW TO MASK**

*It Wasn't Me, Shaggy, 2000*

Regular readers will know that central to our investment approach is the adage: 'know what you own and why you own it.' In the wake of the spectacular collapse at FTX, the Bahamian-headquartered cryptocurrency exchange and crypto hedge fund, and Alameda Research, FTX's sister cryptocurrency trading firm, it seems timely to remind investors of the basics.

For some, the mere mention of crypto is enough to have them running for the hills, but for those interested in participating in the fintech economy this salutary tale offers all sorts of time-honoured lessons in governance, regulation and control. The old adage that 'there's nothing new under the sun' also applies. It's early days, but FTX's collapse has all the hallmarks of a classic Ponzi scheme, one potentially on a par with the famed 2008 Bernie Madoff scandal where estimates of the losses ranged anywhere from US\$10 to 27 billion.

It bears repeating, but the key aspect to successful investing is not just identifying what you think will appreciate in value over time and then sitting back. (Don't get me wrong, picking incorrectly will cost you money and we try hard to avoid doing that). However, nothing, I repeat nothing, erodes your investment faster than its disappearance into someone else's pocket with no prospect of return. Straightforward fraud – to call it by its proper name – is a much greater risk to your hard-earned than a couple of quarters of below-average performance, which is why managers like us spend so much time conducting due diligence in order to satisfy themselves of the bona fides of their underlying investments and the chain of custody. This is also, of course, why people tend to deposit their cash into well-regulated High Street banks with a deposit guarantee as opposed to any old shop promising shiny returns.

To return to the precocious Sam Bankman-Fried (SBF), MIT wunderkind and Alameda/FTX founder, it is interesting to see just how badly even the most meticulous among us can deceive ourselves when we buy in to an idea. The combination of the fintech goldrush and a 30-year-old barefoot genius – who famously 'would never read a book' and was allegedly worth US\$26 billion just three or four months ago! – was kryptonite for all sorts of august financial institutions that really should have known better.

This bears a great deal of similarity to the Theranos blood-testing health technology case and bright young thing Elizabeth Holmes, who was herself sentenced to 11 years in jail in November 2022.

As SBF confidently stated in a 2021 podcast: 'If you named your company like We Do Cryptocurrency Bitcoin Arbitrage Multinational Stuff, no one's going to give you a bank account. [...] But everyone wants a Research Institute.' It doesn't say much for anyone's due diligence process that simply calling your hedge fund a 'research institute' can circumvent all the take-on controls, but, seemingly, it did. Also amusing – how much people, particularly politicians, were prepared to suspend their customary wariness because of the sums involved and SBF's commitment to 'effective altruism.' (He apparently spent US\$40 million on Democrat-related candidates in the last election cycle while one of his sidekicks spent a correspondingly mind-boggling US\$21.5 million on Republicans). Will the politicians give it all back now that it's been found to be dirty? Don't bet on it...

Equally predictable – in a tale as old as time – is how fast SBF's erstwhile mates (including his former girlfriend, Caroline Ellison, who became CEO of Alameda Research) rolled over on him when they were threatened with 110 years in the pokey. On 18 December, Ellison pleaded guilty in New York to conspiracy to commit wire fraud on customers of FTX; conspiracy to commit wire fraud on lenders of Alameda Research; wire fraud on lenders of Alameda Research; conspiracy to commit commodities fraud; conspiracy to commit securities fraud; and, conspiracy to commit money laundering. One can only presume that SBF, now safely ensconced in his Stanford law-professor-parents' Californian home on US\$250 million bail while he awaits trial, is re-learning how to read a book and perhaps bake cakes as he wrestles with the prospect of jail for the rest of his natural. One thing's for certain, he'd better have something more convincing for the judge than 'it wasn't me!'



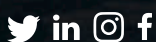


A woman with long blonde hair, wearing a dark jacket and black leggings, is sitting on a large, moss-covered log in a lush green forest. A light-colored dog is sitting next to her, looking towards the right. The background is filled with tall trees and dense foliage.

TODAY IS THE DAY  
TO INVEST IN POSITIVE  
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**Julius Bär**  
YOUR WEALTH MANAGER



# JULIUS BAER'S MARKET OUTLOOK 2023

What can we expect from the global economy in 2023? When it comes to the macroeconomic outlook, we expect 2023 to be about recent trends cooling down on many levels. Craig Allen, Head of Investment Management at Julius Baer in Guernsey, shares the key findings from Julius Baer's Market Outlook 2023 report.

## WHAT IS THE ECONOMIC PICTURE?

Growth and inflation rates are expected to slow as the recent increases in interest rates take their toll and pandemic-related constraints ease. However, strong employment trends, the robust consumer in the US and the recent reopening of the Chinese economy should prevent a global recession. While Europe's energy crisis has eased meaningfully, through a combination of a relatively warm winter and a change in supply, such concerns may persist for some time.

## MOVING FROM STAGFLATION IN 2023

Given that inflation rates usually lag, we could still use the 'stagflation' label for the year ahead. Stagflation is the term for an economic cycle that is defined by slow growth, accompanied by inflation and usually with high unemployment.

Yet, at face value, there will likely be more 'stag' and less 'flation', as inflation rates should fall more than growth rates. We expect the world economy to grow by a modest 1.9% in 2023 after a solid 3.3% in 2022. This does not signal a global recession yet, but a major slowdown is likely, as suggested by the leading global economic indicators. Unemployment is unlikely to rise materially.

Why do we not expect a global recession? First, we still see strong employment trends in many industrialised countries, which are keeping these consumption-heavy economies afloat. Second, the regional dynamics are likely to stay very divergent, with the experience in the UK not necessarily mirrored elsewhere. Finally, the sky-rocketing inflation rates that were seen in the first half of 2022 should be over soon; we expect the global inflation rate to cool off from 8.5% in 2022 to 5.1% in the coming months, potentially falling further as we approach the summer months.

## FIXED INCOME: LOCKING IN QUALITY BOND YIELDS

Real bond yields (i.e., the difference between the bond yield and the inflation rate) rebounded in a



painful manner for investors in 2022, as central banks ended financial repression. 'Financial repression' means a way of taxing bond investors by holding bond yields below inflation rates, which creates a negative real return. While the way to exit financial repression was tied to major losses for fixed income investors (as higher yields mechanically come with lower bond prices), the good news for 2023 is that fixed income assets offer real yields again – across the credit ladder. So even high-investment-grade bonds are back in town when it comes to real yields.

## EQUITIES: WHAT COMES AFTER THE VALUATION RESET?

Equity markets across the globe came under immense pressure in the first nine months of 2022, driven by a sharp tightening in liquidity conditions as a response to sky-high inflation rates and geopolitical jitters. What made this sell-off so unique is that it was almost entirely driven by 'multiple deratings', i.e. declining valuations, while earnings expectations remained stable. The end of financial repression and the associated rise in bond yields has been painful, especially for the highly valued segments of the equity markets.

For 2023, investors will increasingly shift their focus towards the earnings outlook, to how resilient corporate earnings will be in the face of a slowdown in economic activity coupled with inflationary pressure.

For now, our view leans towards defensive-quality and high-free-cash-flow names in equity portfolios. Further down the road, in the first half of 2023, we anticipate opportunities to rotate into more cyclical regions and sectors, which will likely start to look beyond the temporary slowdown and price in an economic recovery in 2024.

2023 may see a cooling of recent trends, but taking a considered approach and remaining strategic about investing will never go out of fashion.

For more insights from the Market Outlook 2023 visit our website or contact [craig.allen@juliusbaer.com](mailto:craig.allen@juliusbaer.com)

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# World's wealthy want to leave a lasting legacy

The idea of leaving a lasting legacy is a powerful driving force for ultra high net worth individuals. We recently conducted an in-depth international study of the world's wealthy, *World Shaping Wealth*<sup>1</sup>. When asked to select the single most important factor for how their wealth should be used, 'creating a legacy' came out on top, chosen by 50% of those we spoke to.

To create this lasting legacy, UHNW individuals and families need to ensure their wealth is protected for future generations. But despite good intentions, many still fail to adequately prepare to transfer wealth to the next generation.

## A common problem

Succession planning can prove challenging for understandable and sometimes deeply personal reasons. Those at the top, whether of business or family, can find it hard to let go and face the prospect of a future without them, putting the topic off for as long as possible.

Discussing what comes next can be even more challenging when family is involved. The transfer of wealth is often seen as a taboo topic that can make people uncomfortable. They avoid the conversation, failing to adequately decide and communicate plans. This can lead to assumptions and different interpretations of what will happen with wealth, sparking conflict.

Where plans aren't communicated clearly, it can also lead to the next generation being unprepared to inherit wealth. They find themselves in charge of businesses they aren't equipped to run, or wealth they don't know how to manage.

## Positive signs, but risk remains

Involving younger generations at an early stage is crucial to protecting wealth and creating a lasting legacy. We've seen positive steps being taken to improve engagement in this regard. Formal business education is increasingly being encouraged and succession planning has accelerated post-pandemic to ensure views align.

Areas of risk remain though. Our *World Shaping Wealth* study found 91% of UHNW individuals describe themselves as active wealth creators, identifying their own investment opportunities, with just 9% leaving their wealth management entirely to the experts. This is a dramatic shift from previous generations, who largely left the management of their wealth in the hands of professionals.

UHNW individuals are also becoming more willing to take risks and consider more unorthodox approaches to wealth growth. Younger generations are more likely to be looking for the next unicorn, with 53% of UHNW millennials, 46% of UHNW Gen Xers and 24% of UHNW baby boomers taking large stakes in start-ups.

This intergenerational difference in attitudes to managing and growing wealth can cause tensions. If not anticipated and managed carefully, these tensions can escalate into damaging disputes with financial and reputational fallout.

Younger generations may also underestimate the potential risks involved in managing wealth, and how complex arrangements can be. Private wealth structures are complicated, and the geopolitical and regulatory landscapes are growing more unpredictable by the year.

This level of complexity would be hard for anyone to manage, let alone those also facing the pressure of living up to a legacy. To help ensure wealth is transferred successfully, there are a number of areas UHNW individuals and families should prioritise:

- Start conversations around transferring wealth early, and ensure regular communication continues until a confirmed plan is reached. Update it anytime there's a major change or life event. Ensure proposed changes are clearly communicated and everyone understands why decisions have been made.
- Seek consultation on the tax implications of transferring wealth – given increasingly international lifestyles, this can be especially complicated and involve multiple jurisdictions with complicated legislation.
- Ensure those set to inherit wealth are prepared for it as far in advance as possible to avoid them being overwhelmed or feeling pressured, and subsequently making bad decisions. This includes fully understanding arrangements made. Many UHNW individuals place much of their wealth in complex structures which provide legal mechanisms to control and protect that wealth. In many cases family members don't fully appreciate the complexities of these structures, which can present difficulties when disagreements arise.

<sup>1</sup> Independent opinion research conducted by global research specialists among 214 UHNW individuals with an estimated combined wealth of over \$69.4bn, and 225 of the intermediaries who manage their wealth (private banks, multi-family offices, single family offices, accounting firms and trustees).

# A holistic service for transformative wealth

Three quarters of UHNW individuals say they want an advisor who can support in all areas of their personal and professional lives.

We are one of the few international law firms able to provide a fully integrated legal service that addresses clients' business, investment and personal interests.

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## Who we advise

- Entrepreneurs & Investors
- Fiduciaries & Private Institutions
- Financial Services Principals
- UHNW Individuals & Families

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## Solutions we provide

- Corporate Transactions
- Employment
- Fiscal & Succession Planning
- Immigration
- Managing Reputation & Privacy
- Private Wealth Disputes
- Real Estate



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## THE STORY OF A PARTNERSHIP: BDO AND THE GUILLE-ALLÈS LIBRARY

Good stories typically begin 'a long, long time ago' and the ones you're about to read are no different. But unlike many stories, these aren't 'in a land far, far away', they're right here in Guernsey. They are stories of ambition, success and heart; of how a community is built and prospers.

### PART 1 – A VISION TO CHANGE AN ISLAND

We start in the Victorian age with two friends with a vision: Thomas Guille and Frederick Allès have seen the great libraries of New York and want to replicate the project back on their home island of Guernsey. On Monday 2 January 1882 they opened the doors to the Guille-Allès Library for the first time, realising their dream and changing Guernsey forever.

The two men had a sense of duty, thirst for knowledge and community spirit that resulted in Guernsey having an amazing resource – in the truest sense of the word 'amazing'. The building itself is one of Guernsey's most notable landmarks; the entrance hall is familiar to so many who've walked through it – whether as children looking for that next great story, teenagers studying for exams, or adults broadening their knowledge.

Over the years the story has grown and more chapters have been written: a museum was on the top floor of the Library until the late 1970s, the Children's Library was re-imagined and opened in 2018, and the Fab Lab has provided a space to get crafty and creative since 2021.

It's an amazing history and story, and one that's still being written by the Library's brilliant team, who continue to welcome anyone and everyone who is seeking knowledge.

### PART 2 – THE TOOLS TO BUILD AND SUCCEED

18 years after the Library's doors opened, in 1900, another story begins. The company that will become BDO Guernsey is founded. Starting out as G.N. Read Son and Cocke, and evolving to become The Reads Group and, finally, BDO, the accountancy business grew alongside Guernsey industry.

Today, BDO counts among its clients many longstanding businesses that are a key part of the fabric of the Guernsey community – in tourism, transport, retail and healthcare. Since the 1970s, the client base expanded with the economy to embrace organisations in the financial services sector.

BDO realises that the tools needed for organisations to succeed are

not always at their immediate disposal, so it has a longstanding pro bono practice which involves donating its expertise to clients operating in the third sector – advising those who support important needs and offer valuable services to our island community.

Such long histories in Guernsey made BDO and the Guille-Allès Library perfect partners for a new chapter...

### PART 3 – BOUNDLESS CURIOSITY

In 2022 the Library marked its 140th anniversary, just two years after BDO celebrated its 120th. To celebrate, an exhibition was staged including some of the rarest treasures from Mr Guille and Mr Allès' collection – 'Boundless Curiosity'.

Of course, there were books. Most notably 'The Birds of America' by John James Audubon (1785-1851), which was the centrepiece of the exhibition.

American artist and naturalist Audubon shared his passion for birds through his writing and, most especially, his art. In 1820 he declared his intention to paint every species of bird in North America. The result was The Birds of America, an astonishing collection of 435 life-size watercolour prints.



ABOVE L-R: BDO HELP OUT WITH TEA AND TALES; A MEETING OF THE BDO BOOK CLUB; BDO WINTER DRINKS AT THE LIBRARY; RICHARD SEARLE ADDRESSES BDO WINTER DRINKS.

Published between 1827 and 1838 in a series of folios, the book made an immediate splash. Thanks to Audubon's insistence that every bird be illustrated life-size, the finished article proved to be enormous, with the pages (known as Double Elephant Folios) almost one metre high. Partly as a result, no more than 200 complete editions were ever produced, and very few remain today - making it one of the rarest and most coveted books in the world.

Alongside this sat rare books and artefacts from around the world, collated throughout the lives of Mr Guille and Mr Allès. Boundless Curiosity demonstrated the breadth of their collections and told their personal histories, exploring what drove them to bequeath Guernsey with such a vast legacy.

As well as exploring Guille and Allès' origins, the exhibition continued the story through the 20th Century, including how the Library survived during the Occupation. What Boundless Curiosity was really about was the immense power of storytelling.

## PART 4 – A HAPPY ENDING

Helping people and businesses to succeed is BDO's purpose, and that is what drove the partnership with the Guille-Allès Library on Boundless Curiosity.

Richard Searle, BDO Guernsey's managing director, said: "The Library was a natural partner for us. Our team are proud to be a part of what is one of Guernsey's most fantastic stories of all – the story of how a community can grow, prosper and be sustained by having wide access to literature and knowledge."

And widening that access was a big part of BDO's involvement. The team worked with the Library's team on a competition for younger visitors to the exhibition – involving colouring in the feathers for a giant bird for the children's library.

'Tea and Tales' took the exhibition on the road and out into the community to give them a taste of The Birds of America. Some of BDO's team went along with the Library staff to help share the story.

Gathering together over stories is so valuable, so BDO set up its own book club as part of the partnership. The book club meets each month at the library to discuss and share their opinions on a book they have read, over wine and cheese, before agreeing on what to read for the following month. All the books are provided by the library and are chosen from their approved reading list. It is a great opportunity for

BDO's people to share their love of reading while socialising and supporting Guille-Allès Library.

The Library is such an amazing building that BDO wanted to make use of the space, so the BDO winter drinks were hosted in The Hayward Room, which had the perfect atmosphere for bringing people together and sharing ideas.

Cornelia James, the chief librarian, reflected on the link-up: "BDO have been the perfect partner for us throughout the exhibition – they've brought enthusiasm, ideas and the support we needed to make the whole thing happen. Working with them was a real joy and made Boundless Curiosity even better than we all thought it could be. We've absolutely loved telling the story of our Library, and there are so many chapters left to write."

So that's the end of the story. Except of course it's not. The Guille-Allès Library continues to grow and change and meet the needs of the community, just as BDO continues to embrace new technology and ways of thinking to keep helping Guernsey's business community to succeed.

The beauty of stories is that there are always more to be written.



# TAXATION OF NON-UK DOMICILIARIES – A “HOT POTATO”

Non-dom status proved to be a contentious topic last year with Rishi Sunak's wife, Akshata Murty, coming under scrutiny for not paying tax on her foreign earnings as a result of claiming the remittance basis. Whilst her basis of taxation was perfectly legitimate under U.K. tax legislation, the more pertinent point was perhaps that, as a non dom, she does not by definition, regard the U.K. as her permanent home. This is not perhaps the most desirable message for the Prime Minister to be sending to the electorate.

Under current rules, individuals of foreign origin will only acquire a domicile of choice in the U.K. if they

intend to stay there permanently or indefinitely. If that is not the case, the individual is able to retain their non dom status and be taxed on the “remittance basis”, which broadly means that non-UK income and gains are not subject to U.K. tax unless they are brought to, received in or used in the U.K., albeit that the rules for establishing this are immensely complicated.

The remittance basis can be used free of charge for the first seven tax years that an individual is resident in the U.K. thereafter a charge of £30,000 applies, rising to £60,000 once a person has been resident in 12 out of the previous 14 tax years.

The ability to use the remittance basis is lost once a person has been U.K. resident in 15 of the previous 20 tax years, as at that point the individual becomes “deemed domiciled” in the UK and is then treated very similarly to a person of U.K. origin.

The deemed domicile rules, introduced from April 2017, were intended to prevent those making their long term (although not permanent) home in the UK from continuing to take advantage of the remittance basis and thus avoid paying tax on their non-UK income and gains. The deemed domicile rules will apply to Rishi Sunak's wife after 15 years of UK residence, but in

the meantime, due to political pressure, she has chosen not to claim the remittance basis and instead to pay tax on all her non-UK income and gains on the arising basis (which no doubt will result in a higher yield for the Exchequer than if she paid the remittance basis charge and kept her income and gains offshore).

There was some speculation whether, as a result of the scrutiny over Ms Murty's tax affairs, changes would be made to the domicile or remittance basis rules in last November's Autumn Statement, perhaps in the form of a reduction to the 15-year period before deemed domicile status takes effect. However, this was not forthcoming, possibly due to the potential loss of investment into the UK if the non-dom regime becomes less attractive. If there is a change of Government however, the special treatment currently afforded to non-doms could be in jeopardy, but for the time being, the status quo remains.

Due to the complexity of the tax rules for non-doms, as well as HMRC's hard line approach to "offshore matters", those affected should seek specialist tax advice to ensure that their affairs are structured correctly and that they are fully compliant with the U.K. tax legislation.

LTS Tax Limited have an experienced team of advisors that are able to assist with all aspects relating to the taxation of non doms and their structures.



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# I WANT TO RETIRE ...CAN I?

BY BEX GOATER, DIRECTOR AND FINANCIAL ADVISER AT NETWORK INSURANCE & FINANCIAL PLANNING

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Up until relatively recently, retirement ages were viewed as a fixed date, often 60 or 65, with people working towards a specific age (and even day) their entire working life.

This is largely because more companies offered 'defined benefit' pensions, which guaranteed an income at a set retirement age. Due to this, people in my parents' generation and above could set their eyes on a retirement age prize, with a relatively good idea that what they would receive would be around two-thirds of their pre-retirement income at that point. In addition, this usually had a spouse's benefit included, which would continue paying an income (albeit often a lower amount) even upon their death.

This type of pension is now extremely rare, and their decline is due to a complex combination of economic, social, regulatory and policy changes over the past 35 years, which has transformed the pensions landscape entirely. Factors such as a lower interest rate environment, as well as people living longer, have impacted upon the management of these schemes, and the increasing uncertainty of funding.

In 1981, the average male life expectancy at age 65 was estimated to be 14 years; this has since increased to almost 22 years. This means those schemes have to pay out longer, which costs more money.



## THE WAY WE WORK

However, another key reason is due to the fact the way we work has also changed.

Take my Grandad Donald, a classic example of a man of his generation; he worked for over 40 years at one company, starting after completing his National Service at age 19, and eventually retiring at age 60 with his defined benefit pension earned over his entire working life. After his death, it continued to pay my Grandma an income, offering a reasonable standard of living as well. Seems a fair pay-out for his lifetime of commitment.

These days however, the work force is a lot more mobile, with many more career and training options and opportunities available. As such, the average time spent at one company now is five years, although this does vary with age.

This has made providing defined benefit pensions harder as even if an employee only works for them for five years, the company still has to ensure there are the promised benefits at their retirement age, and these likely need to increase (to protect against the impact of inflation) in the meantime.

So basically, the way pensions are provided by companies has changed and most defined benefit schemes are closed (at least to new members) and very few are now still open outside of the public sector.

Now, instead of a pension guaranteeing a defined benefit at a pre-agreed retirement age, most pensions are based upon a defined contribution, which is built up and invested over time to provide a pot of money that can be accessed at retirement age.

The difference here is that there are a lot more variables to consider. In addition to the amounts contributed, many other factors will impact upon the size of this pot at retirement, and what it will provide at the point, including investment performance, interest rates, pension rules, and selected age at retirement (to name but a few).

## ENABLING RETIREMENT

Ultimately, this means that when someone can retire is a moving feast, and financial advice and planning can be the key to enabling retirement.

When we meet with someone looking to plan for their retirement, we will consider the following:

- When are you hoping to retire?
- What income do you require in retirement to meet your expenditure requirements, and ensure your standard of living?
- What resources do you have available to you in retirement (personal and occupational pensions, assets, savings, investments, other).

This will enable us to analyse what might be available to you at your target retirement age, taking into account the various assumptions and variables.

However, a key part of discussions these days is also making clients aware of the variables and the risks. If a pension value falls due to a market crash the month before they planned to retire, this could drastically impact upon the funds available over the long term in retirement.

This is where financial planning can help, as regular conversations prior to retirement can help to ensure that you are on the right path and making suitable decisions in relation to risk and timescale to ensure you are on target for your retirement. The sooner you start to consider this, the better.

Nevertheless, even with good financial planning, timing can sometimes make all the difference, and so these days other options might still have to be considered. This is why we see moving retirement dates, or reducing hours to part-time to delay accessing pensions. Again, financial planning can assist with working out the best way to access pensions and investments over this period.

Overall, pensions have changed significantly and there is a lot more uncertainty in relation to retirement ages and what you can expect at that time. A financial adviser can help work through this and help you make the most of the increased flexibility available from such pensions. Sometimes, this can lead to an earlier retirement!

*Network Insurance & Financial Planning Limited can offer holistic independent financial advice, so if you want to start planning for your retirement (and there's no time like the present), please get in touch with us at [advice@network.gg](mailto:advice@network.gg) or give us a call on 01481 701400 and one of our qualified advisers will be delighted to get you started!*

**...WHEN SOMEONE CAN RETIRE IS A MOVING FEAST, AND FINANCIAL ADVICE AND PLANNING CAN BE THE KEY TO ENABLING RETIREMENT.**



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# GUERNSEY: THE WHOLE PACKAGE FOR RELOCATIONS



JONATHAN ANDERSON

MARTYN BAUDAINS

Jonathan Anderson, Counsel and Martyn Baudains, Partner, at Ogier, take a look at what people need to know when considering a move to the island.

The level of interest in relocating to Guernsey is undeniably on the increase. When we consider the benefits of island life against the backdrop of buyers seeking to move away from towns and cities, it should perhaps not come as a surprise. Our legal team continues to see a sustained increase in the level of enquiries both from businesses and families who are looking to Guernsey as a base to operate from, or for a new home.

The favourable tax environment and advantages, while of course welcome, are often not the deciding reasons for businesses and families looking to relocate to Guernsey; after all, choosing a jurisdiction that is to become your home is about so much more. The key is to settle somewhere that works for your wealth but, first and foremost, works for you and your family too.

The traditional arguments made for relocating to Guernsey – from the point of view either of a family or a business – used to revolve around unspoilt beaches, exceptional local waters, great restaurants, golf courses and the 20% top rate of tax. The fact that you can be at home or on the beach within minutes of leaving work, the absence of capital gains or inheritance taxes and an enviable work-life balance are still key drivers both for inward investment and decisions by high net-worth individuals. The underlying message is that Guernsey isn't, and hasn't been for many years, an offshore retirement community. Entrepreneurs make up an increasing proportion of the new arrivals into the island. The growing trend of high net-worth individuals and businesses relocating to Guernsey is a 'win-win'.

Beyond Guernsey's low-tax status, new islanders and new firms benefit from Guernsey's work-life balance, from the high standard of health and education services, to the travel, digital and professional services infrastructure. The island itself benefits not just from the inward investment, but also from innovation and economic activity driven by new people, new businesses and new ideas.

Although often not a determining factor, the favourable tax rates remain an important consideration, and further advantageous policy was introduced by the States of Guernsey in 2018. Individuals who relocate to the

island and purchase a property on the Open Market (being a designated segment of the property market in Guernsey which is open to any UK resident individual to purchase, subject to immigration requirements) spending not less than £50,000 on document duty, will enjoy a capped liability to worldwide income tax of £50,000 for the year they arrive in Guernsey and the following three years.

The process of relocation is not without its complexities. There's the process of finding a home (for new residents) and premises (for new firms), navigating through the island's property transaction process, and potentially the planning process too. Many clients spend substantial sums on developing and renovating Guernsey properties, and our legal team can assist and advise on the negotiation and appointment of designers, architects and other professionals – not to mention offering guidance through a planning system that can be particularly complex where older properties are concerned.

Ogier has long-established connections with professionals in the island's property sector, and provide a range of services to both domestic and international clients relating to the purchase and ownership of Guernsey property assets, guiding them through every step of the process.

**THE KEY IS TO SETTLE SOMEWHERE THAT WORKS FOR YOUR WEALTH BUT, FIRST AND FOREMOST, WORKS FOR YOU AND YOUR FAMILY TOO.**



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# SWOFFERS' BIG PROPERTY SURVEY: THE RESULTS ARE IN

BY ANDRE AUSTIN, SWOFFERS DIRECTOR

ADVERTISEMENT

Just before Christmas, Swoffers – the island's most experienced estate agents – launched its Big Property Survey, and almost 1,300 people responded. The results are in, and Swoffers' director, Andre Austin, has a sneak preview for you. In short, Guernsey people love their island, they love their houses, and they really love their cars!

Following the end of the post-Covid property explosion, the last quarter of 2022 saw activity stabilise and we estate agents were able to get back to what we love the best – talking to people and finding the perfect property for our loyal clients.

We wanted to get a snapshot of what was making people tick, their likes and dislikes, as well as the things that kept them awake at night. So, we launched our Big Property Survey, which has yielded some interesting results.

It's heart-warming to note that while many communities yearn for something bigger and better, overall people in Guernsey seem happy with their lot. It appears the grass isn't always greener, and the island's charm still holds the hearts of its local population.

The survey was split into three sections – for renters, homeowners and non-islanders – with some questions allowing respondents to highlight their top three answers, and others asking for a single response.

Overwhelmingly, islanders said they appreciated the safety and quality of life that we are blessed with in Guernsey; three-quarters of respondents listed these in the top three best things about living on the island. Respondents who took the survey but don't live in Guernsey said the same. Many were born in Guernsey and had moved away, or had family in Guernsey; almost all wished they could live on the island, or intended to move back at some point.



We didn't want to be one-sided, so we asked what the worst thing about living in Guernsey was. Unsurprisingly, based on the average house price alone, the cost of living was a concern (77.8%). The cost of getting off the island was also raised as an issue by 84.5% of survey participants (sorry Aurigny!).

What really struck us was just how appreciative islanders are of their own homes, whatever the size. Faced with the option of choosing the answers: 'I love my house', 'I wish my house was bigger, but I can't afford to move', and 'My house needs an upgrade', the vast majority (46%) said they loved their home, with 22% saying their house could do with an upgrade and 15% saying they would like more space but were restricted by cost.

In terms of what buyers look for in a new property, it is overwhelmingly a garden and parking, with parking nudging ahead slightly. School catchments were at the bottom of the list, indicating that the island has a spread of good schools. Out of 862 responses to the question: 'What is most important to you in a new home?' 618 placed parking in their top three, with 589 listing the need for a garden and 564 including location.

The biggest dealbreaker, again, was having no parking. 42% of respondents choose no parking as being a barrier to buying a property. Being above budget was in second place (22% said this), while having no garden was third, with 19% of the vote. People are more prepared to go over budget than buy somewhere without parking!

Local homeowners were also questioned on how they look for a new property and the role of estate agents; we were very happy to see that more than half agreed or strongly agreed that Swoffers was the island's most trusted estate agent.

In terms of finding properties to buy, the island showed its commitment to online activity, with the vast majority saying they would look on estate agents' websites or social media.

If you're looking to relocate to Guernsey, or live in Guernsey and are thinking of moving, get in touch with one of our friendly team.

Call 01481 711766 or email [sales@swoffers.co.uk](mailto:sales@swoffers.co.uk)

**'IT APPEARS THE GRASS ISN'T ALWAYS GREENER, AND THE ISLAND'S CHARM STILL HOLDS THE HEARTS OF ITS LOCAL POPULATION.'**





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# UNSURE OF MAKING A JOB MOVE THIS YEAR? THE SITUATIONS TEAM IS HERE TO SUPPORT YOU



MELISSA CAMPBELL, MD OF SITUATIONS

## TURBULENT TIMES

As we all know, it's been a turbulent couple of years jobwise, with Covid, lockdowns, vacancy freezes, redundancies, mergers & acquisitions and gloomy economic forecasts. According to our governing body, the REC UK, an economic slowdown is likely in the first half of this year. So it hasn't been the most stable of employment markets for those thinking that it's time for a change in career.

## NERVOUS ABOUT A JOB MOVE?

Understandably, some people can be quite nervous about searching for a new role. Will I enjoy my new environment? What if the business gets bought out? What if they make redundancies? What if the company's expansion plans don't come to fruition? Will I be 'last in first out'? Will my new job be secure?

Also, with increased technology and a fast-changing world, people may doubt their own experience and capabilities. Am I good enough to move jobs or secure that promotion?

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At Situations, we operate a very different service model to other agencies. Our friendly, qualified consultants have years of recruitment and HR experience gained in a huge range of industries and have been hand-picked to provide the most supportive service from start to finish. We get to know our candidates and clients thoroughly, to make sure we are aware of their up-to-date employment requirements and future growth plans. Our strapline is 'Come see the people who care', and that is at the heart of everything we do.

Our biggest USP is that all of our consultants are salaried, they don't work on individual commission.

This means that, for us, it's all about supporting people throughout their job or staff search, and making the best match for our candidates and clients to ensure complete satisfaction on both sides. We won't waste anyone's time by submitting irrelevant CVs for vacancies. We'll find you the right job, not just any job. It also means that our consultants work as a real team, discussing cases together and happily covering each other's absences to ensure a seamless service. Then when the business does well, we all share in the profits.

It is also worth mentioning that 50% of our incoming business is repeat or referral. We've seen candidates come back to register with us several times over the years, from initially being university students temping through our agency over the summer, all the way through their careers to placing them in management roles in the finance sector. It's great to see!

## GETTING THE RIGHT JOB

As we spend most of our waking hours at work, it's important that we feel happy and rewarded in our roles. The following quote is from Buddhist Monk, Bjorn Lindeblad:

**'A JOB HAS TO NOURISH AND STIMULATE SOME DEEPER PART OF OUR BEING. THAT TYPE OF NOURISHMENT COMES FROM: FEELING CONNECTED TO THE PEOPLE YOU WORK WITH, FEELING THAT YOUR WORK HAS MEANING, AND THAT YOUR TALENTS ARE ... MAKING A DIFFERENCE'.**

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# CLEANING UP OUR INDUSTRY

BY ANDY FOTHERGILL, JOINT MANAGING DIRECTOR, PRINTED IN GSY

According to many of the world's leading scientists we're currently drinking in the 'last chance saloon' when it comes to battling climate change. Many believe collective and concerted action is the only means to address what they describe as a truly global threat. The clock is ticking! – Last orders!

So, how does a printing company in the Channel Islands play its part in saving the planet when certain nations are still running their economies on fossil fuels? What actions can we take to be a responsible, responsive member of society? After all, printers are part of the problem aren't they?

Times have changed. The market and technology have reinvented the industry and printers have cleaned up their act. Back in the days of offset lithography the process involved chemicals, aluminium plates, rivers of ink, massive paper wastage and hours spent preparing a machine before the first page is printed. Now, you can produce artwork straight to a PDF which is then printed immediately with no wastage.

Because we now use digital offset you don't need to print thousands of brochures to get the unit cost down. If you only need five then the system allows us to do that. The days of 'the more you buy the cheaper they are' have been binned (recycled!). Stock rooms full of unwanted brochures are a thing of the past. Now, you don't have to buy more than you need.

Here at Printed In Gsy we take our responsibilities extremely seriously and we look at all aspects of our operation. All our vehicles are electric and any forest-sourced materials such as paper originates from a supply which is renewed and well-managed. The Forest Stewardship Council (FSC) is the highest standard for products which originate in forests. We are proud to have their logo on our work.

We're also a member of the Woodland Trusts' Carbon Capture Scheme, offsetting the CO2 emissions of the paper we use by planting native woodland throughout the UK. Each month, the CO2 generated is calculated and we donate an appropriate amount to plant woodland at one of their accredited sites.

One of the products we offer is 'plastic paper'. It might seem counter-intuitive in these days of reducing plastic use but it offers greater durability than paper.

An example would be a brochure we print in plastic for a garden centre where it is kept outdoors. We don't need to reprint it again and again when it gets wet and falls apart. We just print one and it lasts. Again, no wastage.

To do right by our customers, our community and our planet we have to stay up to date with cutting-edge technology. We're well-informed with what is going on in our industry.

All the inks we use are either vegetable- or water-based compared to the old-fashioned oil and rubber compounds. In the bad old days so much of it was thrown away when a colour was changed and large amounts of cleaning chemicals were used. It was a messy game and I didn't have clean hands for years. Laser technology has cleaned up a dirty, smelly industry and enhanced its green credentials.

The credo we stick to is to have pride in what we do, to look after customers, to always keep our machines well maintained and serviced and to train staff to the highest level we can. We are pleased to say many other reputable local businesses also follow that mantra. It's an encouraging sign for the future.

**STOCK ROOMS FULL OF UNWANTED BROCHURES ARE A THING OF THE PAST. NOW, YOU DON'T HAVE TO BUY MORE THAN YOU NEED.**

BELOW: STEVE LAWRENCE (GUERNSEY POST), TV'S JULIA BRADBURY, ANDY FOTHERGILL AND ROB PLAMPTON JMDS AT PRINTED







## >> The arguments for process automation really stack up.

Free up business time by automating your most basic, time consuming tasks. To find out all the ways process automation can help your business prosper visit

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# STARTING ON THE PROCESS AUTOMATION JOURNEY

In today's demanding business climate, all organisations aim to become as efficient as possible, cutting red tape and reducing errors while also minimising costs. With a limited labour force, we strive to unburden our staff of boring and mundane tasks to become more effective and ultimately happier in their jobs.

Process Automation allows you to increase efficiency, while at the same time removing error-prone, manual tasks. It is used to complement, not replace, humans so that staff can have more time to work on client specific, valuable work.

Process Automation delivers exceptionally high returns on investment, with fast implementation time and low costs. The main adoption problem is often where to start on the automation journey. Here we offer some guidelines on what you should consider.

## START SMALL

Don't try to fix the company on day one. It may be tempting to pick a large, complex process to deliver the highest returns, but it is usually better to prove the concept of Process Automation with a smaller process before moving onto more involved ones. Traditionally, automation projects tried to solve too much in a single phase. Projects would get bogged down and the end goal would get lost in the detail.

Modern Process Automation is agile and fast. Processes can be created, tested and deployed in a matter of days.

## IDENTIFY THE FIRST PROCESS

This is possibly the hardest part of the implementation, particularly if you are new to the world of Process Automation. To begin with, look for one of the following in your organisation:

- Repeatedly moving information from one place to another.
- Members of staff checking values on a screen (or printing information and manually checking items on the printout).
- Areas with high staff turnover, indicating boring work.
- Processes that require a high degree of accuracy. Although cost saving is often a driving force for automation, accuracy may be even more important.

## DEFINE THE PROCESS

Take time to define the selected process and understand how it works. You need to define all of the steps involved and identify which of these will be automated. This will require input from all who are involved in the process.



## IDENTIFY THE CRITERIA FOR SUCCESS

There are many reasons to implement automation and it is important that the reason for automating a process and the criteria for success is defined early on.

**Cost saving** - Perhaps the main driver for undertaking an automation project is the potential for saving cost. As mentioned above, even a process that doesn't take long or is not repeated that often can become a target for automation. If you automate a task that takes 30 minutes daily, you will save over three weeks of time in a year.

**Increase accuracy** - Automation processes information exactly as you instruct it, reducing the likelihood of error. Consider the regulatory or reputational cost of making an error.

**Remove mundane processes** - By their nature, humans are typically poor at mundane work. We tend to get bored, look for shortcuts and eventually look for other things to do with a different employer. Increasing staff satisfaction, or reducing staff turnover, is a longer-term, but very valid, metric for success.

## PROOF OF CONCEPT

Start by proving that it is possible to automate your chosen process. Building the core component of the automation means that you can check the processes work. The detail on how the automation starts, error handling and output can be delayed until the full implementation.

Most software suppliers also provide evaluation copies of software, so you can trial the automation before committing to any software purchase.

## INTEGRATE AUTOMATION AND HUMANS

Most complete processes include a combination of knowledge-based tasks and mundane tasks. This gives the opportunity to integrate Process Automation and humans in the workflow.

As an example, obtaining due diligence information about a client can be time consuming and repetitive, and can be easily automated. Using their knowledge and judgement, humans can effectively interpret the results of those automated searches.

## SUMMARY

Deploying Process Automation can save hundreds of hours of boring and mundane work. The speed of delivery means that return on investment is often measured in weeks rather than months or years, making it one of the best value business transformation investments you can make.





# GUERNSEY FINANCE INDUSTRY UPDATE

ADVERTORIAL

Guernsey's value to the global economy is being promoted effectively right across the globe, according to Guernsey Finance chairman Lyndon Trott.

He was speaking at the promotional agency's annual industry update, the first held since 2021.

'As Guernsey's opportunities and challenges change, and as we seek to promote our place in the global economy, it is critical that Guernsey Finance – your promotional body – remains relevant and effective,' he said. 'We are delivering this by utilising our funding in specific areas.'

Summarising the year ahead, he told the audience they could be confident that Guernsey's value to the global economy 'is being promoted effectively right across the globe, from the UK to all of its critical markets', and that everything possible was being done to provide the support Guernsey's industry needs as it strives to capitalise on opportunities.

'There is nowhere better to do financial services business than in Guernsey. We are Guernsey, we are connected, and we are open for business,' he said.

In the first of two panel sessions, the heads of industry associations and Josephine Bush, Guernsey Finance's Sustainable Finance Strategic Adviser, discussed the ways in which they work with the agency to achieve their specific aims.

'The whole of the global financial system is in transition against a very complex geopolitical and macro-economic backdrop,' she said.

'Mindsets are also transitional, so we have to take a holistic approach to how we tackle these challenges and do things at the right time. There is huge market imperative to change, and responding to that presents enormous risk and also enormous opportunity.

'Finance is the key to change and financial innovation unlocks that risk as well as mitigating it.'

The panel concluded that collaboration was key and that the minds of the many really do create solutions faster.

In a second panel session, Guernsey Finance's Business Development representatives from around the world, covering the US, UK, South African and Middle East, discussed the trends they are experiencing in their specific areas, the opportunities available to Guernsey practitioners and the pipeline of new business being

generated from these regions.

They agreed that no other jurisdiction can match Guernsey as a one-stop shop for international wealth solutions.

Recognition of Guernsey as a leading finance centre has been advanced by Guernsey Finance's success in the digital space over the past couple of years, according to CEO Rupert Pleasant.

Total reach to target audiences increased by 260% when compared with the previous year.

Speaking after the promotional agency's industry update, he said that Guernsey was not just a market leader in a number of sectors of the finance industry, such as private wealth, investment funds and insurance, but also an innovator.

'We lead across the board,' he said.

'When you have a first-class regulator that is robust but proportionate, we are a world leader.

'We have more Guernsey companies listed on the FTSE 100 list than anybody else in the private equity space.'

In environmental and sustainable finance, he said that Guernsey was a 'force for global good', and a jurisdiction that is getting recognition.



ABOVE LEFT: JOSEPHINE BUSH TAKES PART IN A PANEL SESSION AT THE ANNUAL INDUSTRY UPDATE; ABOVE: GUERNSEY FINANCE CHAIRMAN LYNDON TROTT. IMAGES ©CHRIS GEORGE. ABOVE RIGHT: WILLIAM MASON, DIRECTOR-GENERAL OF THE GUERNSEY FINANCIAL SERVICES COMMISSION, TIFFANY MOELLER, COMMISSION STAFF OFFICER, AND STEFF GLOVER, HEAD OF STRATEGY AND SUSTAINABLE FINANCE AT GUERNSEY FINANCE.

'We are innovators in that space, and I think it should provide a great deal of new business for us in 2023.'

Spreading the word is key and Mr Pleasant is planning a couple of trips to South Africa, as well as Dubai and Miami this year.

'The world is such a fertile place for us,' he said.

In the Middle East, the focus is wider than Dubai, as Guernsey Finance looks to Saudi Arabia, Qatar, and Bahrain. It has recently appointed Aaron Russell-Davison as its representative in the region.

'I think one of the reasons that Aaron really shines for us is that he has been on the board of an Islamic bank for a number of years,' he said.

'Sharia is massively important for us and we're lucky that we have a number of Sharia-compliant lawyers over here, so that when business does come over, they know they're going to be in a safe pair of hands.'

Mr Pleasant felt that there were two great opportunities in the Middle East – managing current wealth and how Guernsey can assist in the transition to green wealth.



## GUERNSEY REPRESENTED AT COP15 UN BIODIVERSITY CONFERENCE

William Mason, the director-general of the Guernsey Financial Services Commission, has taken part in a Canadian-led panel on 'Business investing for biodiversity and climate objectives' at COP15 – UN Biodiversity Conference in Montreal.

The conference saw governments from around the world coming together to try to agree on a new set of goals to halt and reverse nature loss.

The panel explored the potential for private finance to invest in protecting nature for biodiversity and climate objectives in support of the proposed new Global Biodiversity Framework.

'To address the human existential challenge posed by continuing nature and especially biodiversity loss, private investment is desperately required to supplement insufficient public funds. The key to progress is to develop and fund nature positive projects which offer a genuine financial return,' he said.

His attendance at the panel followed the GFSC's recent launch of its Natural Capital Fund framework, as part of Guernsey's growing sustainable funds regime. The Natural Capital Fund regime offers a

regulatory designation for funds to help channel investment into biodiversity and natural capital projects that make a positive contribution and/or significantly reduce harm to the natural world. The intention is to provide environmentally-conscious investors with assurance that their capital is deployed in efforts to promote the protection and recovery of the Earth's natural environment.

At an earlier COP15 event, Mr Mason spoke at the World Biodiversity Summit, working with Guernsey Finance, to explain the contribution the Bailiwick is making to grow environmental finance at a session entitled, 'Business and Finance for Biodiversity: Closing the Nature Finance Gap.'

The Natural Capital Fund framework complements the Bailiwick's existing regulated Guernsey Green Fund regime, which now channels more than £5.3bn into green investments. Together the Guernsey Green Fund and Natural Capital Fund regimes provide the Bailiwick with a suite of sustainability designations based on international environmental standards.



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# GUERNSEY FINANCE APPOINTS TWO NEW MEMBERS TO ITS BOARD



Guernsey Finance has appointed two new members to its board of directors, as representatives of the Guernsey International Business Association.

Kate Storey and Paul Sykes will bring their expertise in the Guernsey finance sector, where they are both prominent figures, to the board of the promotional agency.

‘Kate and Paul each bring a wealth of knowledge and experience, not only in

funds, insurance and law, but more generally throughout financial services too, which will be a huge asset to have within Guernsey Finance. I am really looking forward to working with them both and welcome their input and expertise to the board,’ said chief executive Rupert Pleasant.

The two new members replace industry representatives Marie McNeela and Christopher Jehan.



Belinda Ridout



Hannah Crocker

## SENIOR APPOINTMENTS AT OAK GROUP

Oak Group has made two senior appointments in its Guernsey office. Belinda Ridout has been appointed director of client accounting and Hannah Crocker, company secretary.

‘It’s great to welcome both Belinda and Hannah to our Guernsey office,’ said James Tracey, managing director of funds. ‘Belinda brings significant expertise in fund administration and leadership and will help drive our success through the delivery of high-quality service, built on significant experience. Hannah brings passion and expertise in matters of corporate governance. Hannah leads our governance services and our team of company secretaries, who in turn support our client boards to understand and demonstrate high levels of corporate governance.’

# OCORIAN APPOINTS PRIVATE CLIENT EXECUTIVE



Tracey Neuman

Tracey Neuman has been appointed as private client executive at Ocorian, as it builds to strengthen its focus on growth. She joins from Taylor Wessing in London where she specialised in tax and trusts advice for both UK and non-UK clients.

Michael Betley, global head of private client at Ocorian said: ‘Tracey’s a great addition to our team and I have no doubt her expertise will further enhance our private client offering and standing. Tracey is highly regarded in the private client industry and we are delighted to welcome her to our team. This appointment is an endorsement of the high regard in which we and our client base is held.’



Alexandra McInnes

## JULIUS BAER APPOINTS NEW HEAD OF GUERNSEY

Julius Baer has appointed Alexandra McInnes as its new head of Guernsey, replacing Stephen Burt, who has retired after 18 years.

Mrs McInnes has almost 20 years' experience in financial services, specialising in the banking industry. Her career spanned London, New York, and Bermuda before she returned to her home island of Guernsey in 2018.

'I'm pleased to join the team at Julius Baer Guernsey,' she said. 'I've enjoyed and been inspired by my interactions to date with the leadership teams across Zurich, London, and Guernsey. I look forward to working with them and the fantastic local team as we continue to drive the business.'

## BELASKO STRENGTHENS SENIOR TEAM



Edward Green

Belasko has strengthened its senior leadership team with the appointment of Edward Green as CEO.

Mr Green, who has 19 years of experience within private equity, private credit and real estate, will take responsibility for driving the next phase of Belasko's growth as a digitally-enabled administration platform.

The appointment of Mr Green will see current CEO Paul Lawrence, move to the newly-created position of group managing director. Mr Lawrence's role will largely focus on the delivery of first-class client services, operational performance and regulatory compliance across multiple jurisdictions.

## COPCOY STRENGTHENS TEAM



Jonathan Coyde

Channel Island health & safety specialists, Copcoy, has promoted Jonathan Coyde to the position of managing director. Mr Coyde's role will cover both Jersey and Guernsey, where he is based. A founding director of the company, he will continue to lead, oversee and develop the company's extensive training course provision and portfolio.

## NEW ASSOCIATE AT BABBÉ



Mari Warnich

South African-born Mari Warnich – who ran her own law firm in Cape Town – has joined Babbé's private client division. She qualified 10 years ago as an attorney of the High Court of South Africa. Since joining Babbé, she has been advising on estate planning, property transactions, and the set-up and use of Guernsey trusts and foundations.

Andrew Laws, senior partner and head of the firm's Private Clients division said: 'Mari has been a welcome addition to Babbé with her varied and experienced background, as well as an approachable and client-friendly style.'

## SALES MANAGER APPOINTED AT NORMAN PIETTE



Sam Wanless

Sam Wanless, who brings years of experience in the solar power industry to Guernsey's largest builders' merchant, has been appointed sales manager.

He will manage a team of 11, including the internal sales team and the company's representatives on the road.

Norman Piette's history dates back to 1739, making it one of the oldest builders' and timber merchants in the British Isles.





# LOCATE GUERNSEY'S RELOCATION CHECKLIST

For decades new residents have been relocating to Guernsey for a variety of reasons. Some desire a warmer climate or a home by the sea in a British environment; whereas others are drawn to the safety and stability that the island offers. But whatever the initial motivation, they understand very quickly that in Guernsey they can enjoy a better quality of life in a beautiful location.

The team at Locate Guernsey have the great honour of promoting this special island as a destination of choice for both business and personal relocation. On hand to provide support throughout the relocation journey, the team have put together this list of key considerations for those planning a move to the island.

## **1. Get the timing right –**

Deciding your relocation date is an important consideration. Those with children will often wish to relocate during the school holidays ahead of the new school year, whereas others will time their move based on tax planning. Fixing a date early on can greatly help with your preparations.

## **2. Understand your options –**

Guernsey's two-tier property market makes relocation to the island very straightforward, but it is important to understand whether you can reside in Local or Open Market property. The Locate Guernsey team can explain the options available to you based on your circumstances.

## **3. Make the right move for your family –**

Education is often one

of the first questions our team are asked by those relocating with children. Fortunately, Guernsey is incredibly well serviced, with a fantastic state school offering, and three excellent private schools. School visits can be arranged to ensure you find the right fit for your family.

## **4. Figure out the finances –**

As a self-governing jurisdiction, Guernsey has its own rate of taxation. With a flat rate of 20% income tax, no IHT, CGT or wealth tax, relocating to Guernsey can be a move that also benefits your finances. Before you relocate, it is very important to obtain tax advice from a Guernsey based adviser to ensure you plan your move optimally.





ABOVE: ST. PETER PORT HARBOUR AND SKYLINE  
©ISTOCKPHOTO. RIGHT: CLIFF RUN ©LOCATE GUERNSEY.

## NEW RESIDENTS... UNDERSTAND VERY QUICKLY THAT IN GUERNSEY THEY CAN ENJOY A BETTER QUALITY OF LIFE IN A BEAUTIFUL LOCATION.

### 5. Fill in the paperwork –

Registering as a new resident in Guernsey is very straightforward in most cases but it is important to ensure you take the requisite steps such as registering with Tax, Social Security and Population Management. Locate Guernsey frequently offers guidance on these and other matters and can provide a handy checklist.

**6. Find your feet –** Once you have arrived, it is important to take time to settle in and establish your network. Embracing a new hobby or joining a social group can be a quick and easy way to get to know the island and make new friends. For entrepreneurs and business owners, joining a local business group such as the Chamber of Commerce or

IoD can help you make valuable professional contacts.

*If you are considering relocating to the island, the team at Locate Guernsey are on hand to provide confidential guidance throughout your relocation journey free of charge. If you would like to understand how Guernsey could work for you, please get in touch on 01481 220011 or email [enquiries@locateguernsey.com](mailto:enquiries@locateguernsey.com).*



To start your journey,  
call the Locate Guernsey team

T: +44 (0)1481 220011

E: [enquiries@locateguernsey.com](mailto:enquiries@locateguernsey.com)

W: [locateguernsey.com](http://locateguernsey.com)

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IMAGES ©ETIENNE LAINÉ

# HERITAGE KNITWEAR

A Guernsey jumper is a piece of living history. Amanda Eulenkamp spoke to Rachael Lainé, owner of Le Tricoteur, makers of traditional 'ganseys'.

Way back before the finance industry became the dominant economic force in Guernsey, it was an island of fishermen and farmers. Keeping warm and watertight was key, and the Guernsey jumper - knitted by their wives, mothers and sweethearts - staved off the bracing winds and rain.

In 1964, Robert MacDougall founded Le Tricoteur, makers of the traditional garments. The pattern adopted by them nearly 60 years ago is still the same today.

Rachael simply popped into the shop one day in 2018, and left with ideas to buy the company. With a background in brands and marketing, it really matters to her to keep the Guernsey alive.

'My passion has always been with storytelling and heritage brands,' she says. 'We are the indigenous fisherman's jumper of the Channel Islands, just like the Fairisle or the Aran is to those islands.'

Rachael's connection with the company is, however, closer than

simply being the owner - it turns out that she is actually the second cousin, once removed, of the founder and was delighted to buy the company back into the family.

While respecting the brand's heritage - 'it is the gold standard traditional Guernsey' - she is moving it forward into the 21st century. Likening the Guernsey to jumpers knitted in the Faroe Islands and other places, she has reached out to a couple of companies in Scandinavia and Norway to 'reignite everyone's pride'. She has also launched a new range of colours, as well as introducing a crop-style Guernsey that was originally designed for the Asian market but is, she says, 'far more flattering for bustier women'.

The US and Australia are huge markets for the Guernsey jumper, although the number one market outside the UK is Japan.

'Japan and America really rate heritage brands and the kind of craftsmanship that goes into them,' she says. 'Slow fashion is where it is right now. People don't want to buy an acrylic jumper made in China. They want to buy one that is 100% wool and with providence. If you chucked a Guernsey in the garden it would

rot down and decompose in around three months. There is a more eco-minded, younger generation buying them now. We even re-purpose the knitted waste, recycling it into cushions and bags.

Described as 'an investment piece', each jumper takes five weeks to make and they are still made with British wool and hand-finished. Cotton doesn't knit as softly but Rachael is trialling some different cottons to meet the rising demand for cooler jumpers for warmer days.

'I would never want to get rid of the design or the way that they're made,' she says. 'We are the only ones still using hand knitters dotted around the island - it's important to me that we're not just selling Guernseys, we are keeping a living culture alive. I'm in early stage conversations with a couple of charities in Guernsey to get some community knitting programmes going across all generations. It could be somewhere where people can get together and knit and have interaction with others.'

'My fear is the younger generation aren't learning to knit. Everybody who knits for us was taught by their mother or their grandmother.



We do have some younger knitters but there aren't many of them.

'I don't want Guernsey to become a footnote in the history of knitting. We've got hundreds of years of history of knitting on this island and for that to disappear, I think would be really sad.

'My focus is to try and maintain the heritage and the culture and the tradition of knitting in Guernsey.'

*Le Tricoteur factory and shop, Rocquaine Industrial Estate Unit 2, Route de Rocquaine, St Pierre du Bois. It is open until 4pm every day (except weekends).*

*Le Tricoteur Guernsey jumpers can also be bought locally at Creasey's and The Guernsey Shop.*

*<https://www.letricoteur.co>  
facebook: Le tricoteur guernsey  
Instagram: @letricoteur*



The use of tightly twisted worsted wool from the 1600s onwards mean that Guernseys are extra durable and super weather resistant, springing back into shape after washing or a good soaking in a storm.

As its popularity spread beyond the Channel Islands, the practical design was adopted by fisher folk up and down the land. The word 'guernsey' became 'gansey' in some areas and similar square shaped designs were copied and adopted all over the British Isles as the Guernsey inspired 'fisherman's jumper'.

Channel Islanders hand-knitted distinctive stitch patterns into the jumper including ribbing at the top of the sleeve, to mirror a sailing ship's rope ladder; a garter stitch panel depicting breaking waves, and stitching on the sweater shoulders representing pebbles, stones, and sand. Many families were

said to have their own variation of the patterns in their knitwear that became a means of recognition when unfortunate sailors were lost at sea.

International recognition of Guernsey sweaters came in the 17th century when Sir Walter Raleigh was Governor of Jersey and forged trade links with Newfoundland. Guernsey jumpers also found favour with Royalty; Elizabeth I and Mary Queen of Scots both owned Guernsey knitwear. Mary Queen of Scots is said to have worn a pair of Guernsey stockings at her execution. The Guernsey jumper had become well known by the 19th century. Nelson recommended it to the Admiralty as a valuable article of naval clothing and, in 1857, the soldiers of the garrison in Halifax, Nova Scotia were issued with Guernsey sweaters as part of their winter equipment.







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# THE MUSICIAN'S PROMISE – THE AUTHOR'S STORY

The Bill Green Award winner, Rachel Le Mesurier, describes herself as 'a disabled woman with two young children'. She chats to Amanda Eulenkamp about the challenges she overcame to become a globally recognised author.

What did you do during lockdown? Whatever it was, I can guarantee that few, if any, of us wrote three novels, and managed to get them published, while bringing up two children and coping with a disability.

That, though, is precisely what Guernsey woman, Rachel Le Mesurier, achieved. Her own entrepreneurial story as an author, and the barriers she's overcome along the way, is a fantastic story in its own right, and an inspiring one, too.

## CHALLENGES FACED

Rachel has Ehlers-Danlos syndrome, which affects her heart and her mobility. 'When I was at school, writing was my enemy because holding a pen or a pencil was very difficult for me. I was undiagnosed and nobody really knew why I was so slow and found it so painful to write.'

'It was only when I got a fantastic English teacher who said: "Why don't you just use a laptop?" that it became easier. It changed my life.'

As a result of her disability, she was really vulnerable during the height of the pandemic. So she shut herself, her husband and her then two-year-old away. And starting writing.

## WHY MEXICO?

She was inspired by her grandfather, Godfrey Le Mesurier, and his love of history – he had told her about how some members of the family were involved in the Mexican Revolution (1910-1920). Originally, it was going to be just one book, not to publish, and a tribute to her granddad, but the story grew. Sadly, her grandfather passed away before he got to see the books published, and she says that it was 'almost a grieving process' to carry on writing after he died.

'I actually entered a chapter into a global short story competition and it came fifth. The publisher said that if this was part of a novel, they would publish it.'

The books are a 'hybrid of different genres', she says, with a strong romance plot as well as being 'very swashbuckling'.

'It's not your classic bodice-ripper that people may think it is.'



The story follows a middle-class, wealthy Mexican girl, whose family try to marry her off to the local Don, who owns all the mines. However, she strikes up a friendship with a street musician whose brothers are miners and have a very hard life. 'She gets to see the balance between the rich and the poor and the big cultural differences there are in the way they live, and decides to try and make a stand.'

With the backdrop of the Mexican Revolution, Rachel needed to weave in historical fact.

'When you're writing historical fiction, you have to get every tiny detail right,' she says. 'I cried when I was writing certain bits, and there are funny parts where I still laugh now when I'm reading it. It was a very emotional ride writing these books, partly because it was based on real history. But it was a labour of love, and I enjoyed every minute of writing it.'

## TRADITIONAL PUBLISHER

Rachel opted for a traditional publisher simply because she knew nothing about publishing. 'I wrote the entire thing as one book – it would have been huge! It would have blown Harry Potter out of the water!' she says. The books in The Musician's Promise series include Artie's Courage, A Hero's Hope and Sofia's Freedom.

It was the right decision for her as she says that they are the ones who take the financial risk and deal with the distribution. 'The joy of traditional publishing is that you know you have got a partnership, and as the author you are working with someone who really cares about your books. I'm so glad our paths crossed.'

*The full interview with Rachel Le Mesurier is available to listen to on the Guernsey Press podcast.*

*Rachel Le Mesurier was the recipient of the Bill Green Award 2022, which is presented annually by the YBG. It is awarded for entrepreneurial innovation and aims to elevate local businesses into the spotlight.*

*To find out more about the Bill Green award, see [ybg.gg](http://ybg.gg)*





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# THE ARTIST STORYTELLER

Public houses have been part and parcel of life for centuries. Central to the community in towns and villages, it is no different in Guernsey, where the Plough claims to be the oldest (around 220 years old). Local artist, Louise Le Pelley, has drawn inspiration from these buildings to create her art.

Lockdown may seem a distant memory but it affected so many people in different ways. One was Louise Le Pelley, whose desire to travel in 2020 was severely curtailed by the pandemic. She turned to art instead, a medium that she had loved as a child.

Having always had a passion for storytelling and marketing, her first job was as a guide at Hauteville House, the home of Victor Hugo. With a French mother, Louise is bi-lingual, and studied French and German at Durham. After completing her last CIM marketing qualification in 2019, she yearned to get back into art.

'I'd attended some life drawing classes at Elizabeth College, which I loved, but I didn't have much confidence in my art abilities at that stage,' she says. So, in the summer of 2020, she joined the PF+A Sketch Club, which helped her to see St Peter Port in a whole new light.

'I'd take my sketchbook everywhere,' she says. It was soon apparent that pubs and restaurants were what she wanted to paint.

'As a student, I'd always gravitated towards pubs in the holidays – they were full of happy memories,' she says. 'Open-mic nights, Irish nights, meat draws – all form part of the fabric of Guernsey nights out and they are some of the times I think most fondly of and which give life a bit of sparkle and colour.'

'There are certain buildings which make me feel something, whether they remind me of a great night out with friends or they look like they have a great story.'

**'I THINK PUBS HAVE THE MOST CHARACTER. IF PUB WALLS COULD ONLY TALK.'**

## EXHIBITIONS

In November 2020, the sketch club had an exhibition at The Gate House Gallery, and Louise's work attracted attention. She took her art out of the sketchbook and onto bigger mediums.

'Le Petit Bistro and The Brit were both selected for the Guernsey Arts Open 2021. I felt incredibly proud to see them on the wall and in the show booklet alongside other Island artists'.

She subsequently began to sell her pub prints, then had a joint exhibition with Michelle Schofield, whom she met at the sketch club, who also paints pictures of pubs.

## SUCCESS

The Guernsey Pub Crawl exhibition at Art at the Park was held at the National Trust of Guernsey Folk and Costume Museum at Saumarez Park, and was another success for Louise.

With her background in marketing and social media, she has also driven significant organic traffic to her Instagram (@guernseypubs) and Facebook pages (Facebook.com/guernseypubs).





## THE NEXT PHASE

Since then, she has continued painting pubs and restaurants. 'I take photos because sometimes they change, but the paintings are also a snapshot in time,' she says. A case in point is Le Petit Bistro, which has closed after 16 years in business. At the time of the interview with Louise, more than 70% of her Le Petit Bistro print collection had sold – a clear indication that islanders love these places, too.

Louise has started capturing new venues in paint, such as Little Big Brew Co. The OGH and Bad Habits. She's also set to take

on her biggest challenge yet – painting a four-foot high puffin for the Puffin Parade, a charity initiative that is raising monies for the GSPCA and Autism Guernsey.

'There are still a lot of places to be painted,' she says, adding that she also 'loves a market', a nod to her French heritage. She has had requests for other Channel Island establishments, as well as Jersey and French venues, is keen to expand her postcard and print range, and wants to help and support other artists.

'It's never too late to do what you want to do,' she smiles, heading off with her sketchbook in her hand.



## WHAT IS THE PUFFIN PARADE?

The Puffin Parade is a community event and everyone can get involved. It is made up of 62 four-foot high, individually painted, Atlantic Puffin sculptures created in the Philippines and decorated by local artists, clubs and community groups, schools, charities and day centres. The puffins are made of high quality, durable, cold cast poly-resin and fibreglass and will be placed on plinths around the island.

The 62 puffins will go on display at various locations around

Guernsey – including local businesses, schools, attractions and places of interest, churches, restaurants and local landmarks – at the beginning of April 2023 and will remain in position until the end of August 2023.

They will then be auctioned off in September to raise funds for Autism Guernsey and GSPCA to continue carrying out their vital work supporting individuals impacted by autism, and vulnerable animals in and round the Bailiwick.

**Further information at**  
[puffinparade.org.gg](http://puffinparade.org.gg)





# GIVING A BOOST TO HEALTHCARE IN THE BAILIWICK

BY PETER WATSON, CHAIRMAN OF FIRST CONTACT HEALTH

ADVERTORIAL

According to 2019 figures, Japan has the highest number of life-saving MRI scanners in the world with 55.21 per million of the population. USA is second with 40.44, Germany third with 34.71. England has just 7.23. But a new machine has been installed in Guernsey, meaning our small island punches well above its weight.

First Contact Health has made a significant investment in a Philips Ingenia Ambition MRI full-body scanner installed in our clinic in the Lower Pollet. The manufacturer rightfully boasts that it's bigger, more comfortable and quicker than other, older machines. It contains patented technology called ComforTone, which reduces noise from the machine by 80%. Compressed Sense increases the speed of scans by 50% and it is a sealed magnet, making it safer and more efficient. The scanner's cooling system contains liquid helium, and needs just seven litres, whereas an older machine requires 1500-1600 litres.

So, what will it do for islanders and our health services? Our investment will support the economy by reducing unhealthy and costly waiting lists and reduce reliance on expensive locums. We are currently in negotiation with the Health & Social Care Department to alleviate the pressure, and speed up diagnosis, for islanders who may be waiting with painful, untreated conditions. We aim for all patients to be scanned within 72 hours of their initial appointment.

The scanner was officially unveiled in January by His Excellency the Lieutenant-Governor, Lieutenant-General Richard Cripwell. A number of Guernsey politicians were in attendance, including Economic Development President Deputy, Neil Inder.

'The efficiency of their system is good for Guernsey because we know there are queues elsewhere in local healthcare,' he said. 'Anything that helps patients bypass the hold ups and speed up the process has got to be good.'

His vice-president, Deputy Steve Falla, agrees: 'Of course it's good to have additional resources in the private sector over and above what we can offer. It's always good to see a business in action rather than read about it on a sheet of paper and I've been incredibly impressed by what I've seen here.'

First Contact Health was founded to provide cost-effective diagnosis and treatment of muscle and joint issues. Our first clinic opened in 2018 and in November 2021 we moved to a new site with more rooms, a bigger gym and space for a full body MRI machine.

We are musculoskeletal (MSK) specialists and believe we have improved the treatment opportunities open to islanders by providing much-needed alternatives to existing healthcare services. We have been offering an extremity scanner to our patients from the outset scanning the foot, ankle, knee and soft tissue of the leg. It can also scan the hand, wrist, elbow and soft tissue of the arm.

We believe affordable treatment, quick response times, no waiting lists and the availability of on-site specialist scanning has made a huge contribution to islanders' health. Once a condition has been diagnosed we instigate an evidence-based treatment plan. Treatments include platelet-rich plasma injections, an anti-gravity treadmill, laser therapy and exercise-based therapy.

The new scanner means we will be able to move away from purely MSK diagnosis and management and offer life-changing screening and other important treatments.

Preventive care helps lower health care costs and MRI scanners play a vital role in catching health problems before they become acute. This reduces emergency treatments, which are costly to patients, the States of Guernsey and insurers.

Many diseases, if caught early, can be eradicated and screenings can save everyone from crippling medical costs. In this time of economic uncertainty, we believe our investment will offer islanders the appropriate diagnosis and treatment they deserve.

From only £399 you can have a scan at First Contact Health for any part of your body, including brain, spine, legs and arms. Skip waiting times by calling 722999 or visit [www.firstcontacthealth.com](http://www.firstcontacthealth.com) and follow us on Facebook.





ABOVE L-R: RESERVOIR NATURE TRAIL; OATY & JOEY'S PLAYBARN; UP CLIMBING GUERNSEY. BELOW: THE FAIRY RING.

# FAMILY FUN IN GUERNSEY

It's that time of year when you can experience all four seasons in one day in Guernsey, so if enjoying the island's beautiful beaches is off the cards, what is there to keep children entertained? The answer is plenty! Here are Antonia Rainbow's top picks of things to do with children in Guernsey now.

## OUTDOOR FUN

**Les Vardes Quarry Nature Trail**, Route du Port Grat, St Sampson - This 2km walk takes you around Guernsey's quarry with amazing views - it's staggering how deep the quarry is. The path is mainly gravel for the first part, then it changes to a dirt track before you come to a grassy area with a picnic table (with fantastic sea views) and a bench. A lovely mud-free walk for children of all ages with the new addition of an Animal Adventure Trail, with beautifully carved animal statues to look out for. This really is a must for fans of lorries and trucks, especially if you visit on a week day when the quarry is in action.



**St Saviour's Reservoir Nature Trail**, Rue A L'or, St Saviours - Tucked away in St Saviour's is a walk around the reservoir that will take you through lots of woodland, over a dam, over a few bridges and down some country lanes. It's always an hour enjoyably spent and is suitable for children of all ages.

**The Little Chapel**, Les Vauxbelets, St Andrews - The miniature size of the chapel, alongside its beautiful decoration, makes it fascinating for children (and adults) and is a real must-see when in Guernsey. The biggest surprise is seeing a tiny staircase inside leading down to the lower level, my girls think they look like stairs in a fairy tale castle!

**Walk from Portelet Harbour to the Fairy Ring**, Torteval - This walk has it all, a beach, German bunker, a fort with cannons (Fort Pezeries), trees to climb, the most stunning scenery in all directions and La Table Des Pions (The Fairy Ring), which, according to local folklore, was a meeting place for fairies. With a wide paved footpath making it suitable for those with a pushchair, and plenty of benches to take in the view, it's the perfect place for a family walk whilst in Guernsey.

## INDOOR FUN

**Oaty & Joeys Playbarn**, Oatlands Village, Les Gigands, St Sampson - Home to one of Britain's largest play frames, Oaty & Joeys offers fun for kids of all ages. With lots of levels to explore, a variety of slides, including a giant 6.3m astra slide, interactive and sensory areas and

a large play area for under-fours. Also includes Highway 66 Bowling Alley, Make-A-Bear, pottery painting, trampoline barn and Oaty's Diner with plenty of seating on two levels.

**Guernsey Museum at Candie**, Candie Road, St Peter Port - A great place to explore with the family thanks to the Discovery Room, a dedicated space for children with a themed immersive Time Warp area. Also includes permanent and temporary exhibitions, a theatre and a family-friendly cafe. All set in the beautiful grounds of Candie Gardens.

**Up Climbing**, The Galaad Chapel, Rue de Galaad, Castel - Up Climbing is a great place for some family fun whether it's taking on the high walls or watching your toddler tackle a climb for the first time. The beauty of climbing is that it is suitable for everyone, you can feel it working your arms (and fingertips!) but you don't need to be fit to give it a go.

*Antonia Rainbow lives in Guernsey and is mum to nine-year-old twin girls. She founded Guernsey With Kids to help local families and visitors get the best out of the island. Visit [guernseywithkids.com](http://guernseywithkids.com) for more information on the locations mentioned about, along with many more places to visit.*







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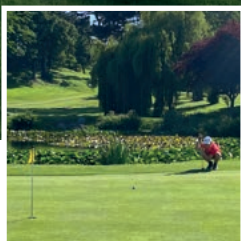
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# ACTIVITIES FOR GROWN UPS

PUT A SPRING IN YOUR STEP AND EXPLORE WHAT ACTIVITIES ARE ON OFFER IN GUERNSEY.

Many people come to Guernsey to enjoy cliff-top walks and explore the cobbled streets of St Peter Port. But there is plenty more to do on the island – here we take a look at just a few.

## LAND

Clay pigeon shooting is available to enjoy at The Guernsey Clay Target Shooting Club. Situated on the west coast, it is Guernsey's largest clay pigeon shooting club, offering a wide range of clay shooting disciplines, suitable for novices through to experienced shooters. Open on Sunday mornings from 9am – 12.30pm, club guns are available for visitors.

If you fancy a round of golf, then visit L'Ancrese and the Royal Guernsey Golf Club. A current handicap certificate is required unless accompanied by a playing member of the club. Visitors can play the full 18 holes links course before enjoying the facilities at the comfortable club house.

Or head to Golf 19 at St Pierre Park and its nine-hole par three parkland golf course designed by former Ryder Cup captain Tony Jacklin, offering a challenge to all type of golfers.

Practice your driving at its 16-bay, two-tier state-of-the-art driving range which includes Toptracer Range technology that brings games, challenges and shot data to life.

Check out your skateboarding skills at one of Britain's largest skateboarding parks. Open 9am – dusk (weather permitting), the Skatepark at Beau Sejour (Guernsey's public leisure centre with a whole host of activities, including an indoor swimming pool) incorporates a multi bowl area, street course, mini ramp, grind rails and many technical features.

Designed for skaters, BMXers and stunt scooters from beginner to pro. No BMX or scooters pegs allowed without nylon covers or bungs. Those 10 years and under must wear helmets and be supervised.

Guernsey is a sporting paradise for both visitors and islanders alike. There's plenty to do to keep active with a wide variety of different sports and leisure activities on offer for any age and fitness level.

The island's natural environment provides excellent opportunities for those interested in running, cycling or walking with cliff paths and lanes offering a quiet and safe place to exercise.

The sea and coastline also offer a huge range of sporting opportunities. Widely enjoyed water sports include sailing, rowing, kayaking, stand up paddle boarding, surfing and coasteering, to name just a few.

## SEA

Regular kayaking or coasteering trips are available for those who are looking for a unique and unforgettable insight to the real wilderness and hidden parts of Guernsey. There are a number of professional companies that hire out kayaks and paddle boards.

Sailing and surfing are popular pastimes for locals. Instruction in both is available. Vazon is a popular surfing beach and is where the Guernsey Surf School is situated. Or, if you're a more experienced surfer, head north to Portinfer, a great surf spot that picks up more swell than Vazon.

Team sports such as football, rugby and cricket are also available and all have active leagues as well as opportunities for spectators to enjoy the action.

Opportunities to 'pay and play' are available at the island's main Leisure Centre, Beau Sejour, including tennis, squash, table tennis and swimming. There are 3 golf courses and a number of private health and sports clubs and gyms.

*For a full list of sports available in Guernsey, as well as contact details and information, visit the Guernsey Sports Commission [www.guernseysports.com](http://www.guernseysports.com)*



# ON THE BALL

## NEW GUERNSEY HOCKEY DEVELOPMENT OFFICER, SAM WATSON, CHATS TO AMANDA EULENKAMP ABOUT HIS ROLE AND HIS AMBITIONS

Having arrived on island from the UK at the beginning of the hockey season, Sam Watson is relishing his role as the first full-time hockey development officer on the island.

Previously a part-time role, the expansion to full-time has been facilitated by a combination of monies from the hockey club itself, some generous sponsors, and the Guernsey Sports Commission. It also indicates how important the sport is to the island and why it deserves a full-time staff member.

### GUERNSEY CONNECTIONS

Sam had recently graduated from university, having studied international development and geography, and was ideally looking for a role 'abroad', when his family – grandparents, aunts and uncles who live on the island – forwarded the job role to him.

The rest, as they say, is history.

Saying that Guernsey is 'sort of abroad,' his previous knowledge of the island was confined to summer holidays on the beach. However, during the months he has lived here, he has got to grips with 'the centre of the island' and immersed himself into island life.

### ROLE AND AMBITIONS

While coaching plays a big part in Sam's role (he is primarily involved with the U14 boys, as well as helping out with the U16 and U18 girls), the job extends beyond the hockey pitch.

'The role has an element of hockey outreach, going into primary schools and delivering sessions to students who may not have had the chance to play hockey before,' he says. 'From there, there is an open invitation for them to come to minis training on a Sunday morning. Minis attracts many young children, all eager to improve and have fun playing the sport.'

'Giving children the opportunity to play hockey, with proper sticks and actually grasp the game, is great. Children in years five and six think: 'oh, hockey is actually really fun', and then there's a definite chance that when they go to secondary school, they continue to play, maybe think about joining a club and getting involved. I think that's really key.'

'Sport is so helpful in terms of both physical and mental health.'

On retaining children in the game who often abandon sports in their mid-teens, Sam's view is that hockey is really good at keeping people involved through their 20s, 30s, 40s, and beyond.

'If they start playing in adult teams when they're around 15 or 16 years old, the team doesn't disband just

because they may go away to university, for example. I think it's great because the pathway is there for the whole of your adulthood.'

During the Christmas break, the men's and women's first teams played in the annual game against the Nomads, the name given to the team of returning university students who are home for the holidays. The match has run for three years and was born out of the pandemic, when travelling away for matches or hosting games at the hockey club for visiting teams was not possible.

One of Sam's ambitions is to make hockey inclusive for all, and prior to Christmas he trialled walking hockey, which attracted a good number of participants and looks set to become a permanent fixture.

With hockey appealing to players across ages and abilities, it is also ticking another of his ambitions, namely to get as many people to play as effectively as possible.

Another area that Sam oversees is the responsibility of the club to make sure that all coaches have the relevant safeguarding, first aid, and DBS certificates. Guernsey Sports Commission plays an important role in helping clubs get their certificates loaded onto a central database that is transparent so that players and parents can check that everyone is qualified.

### INTERINSULARS

The interinsulars are hotly contested matches between Guernsey and Jersey. While some may liken the games to an Everton/Liverpool or Spurs/Arsenal derby, Sam's so far limited experience of them is to compare them to varsity matches.

'I could definitely tell it meant something,' he smiles, when reflecting on the junior interinsulars held in November. 'It was my first experience of them... we have the senior interinsulars coming up.'

'They're certainly competitive games and it's good for players to play against different people.'

### HOCKEY FAMILY

For anyone who has visited the hockey club, maybe as a parent with a child at minis on a Sunday, or simply gone down to watch a game, there's no getting away from the family-feel and close-knit community that is Guernsey hockey.

It's one of the attractions of the job for Sam, who has also joined a team as a player. With his uncles having played for Casuals, it was, according to Sam, 'the only option of a team that I could play for'.

'Once you're in a team, in a club, you become part of a community and want to stay. Team mates become friends,' he says, an ethos that there is no doubt he plans to continue.





'SPORT IS SO HELPFUL IN  
TERMS OF BOTH PHYSICAL  
AND MENTAL HEALTH.'

IMAGES ©GUERNSEY PRESS







# A RESERVOIR OF CALMNESS

DUNCAN GOODHEW WON GOLD IN THE 100M BREASTROKE AT THE 1980 MOSCOW OLYMPICS. SWIMMING HAS BEEN A PART OF HIS LIFE FOR AS LONG AS HE REMEMBERS AND HE REGULARLY SWIMS IN THE SEA OFF ALDERNEY, WHERE HE HAS A HOME. HE TALKS TO AMANDA EULENKAMP.

Duncan's connection with Alderney goes back to his grandparents, who knew the owners of the Grand Hotel on the island. It's where his mother met his father, who happened to be sailing around the island one summer when she was working there. They met again in London shortly afterwards and subsequently married.

The story goes that Mother Friday's House – which he now owns – was bought as a wedding gift for his mother from his father. Long summer holidays spent on Alderney became a part of life for the Goodhew family. To this day, he has friends on the island, including one of his best friends whom he has known 'since we were knee high to a grasshopper'.

'His daughter was one of my daughter's bridesmaids,' he says. 'I bought Mother Friday's House back a few years ago and we held my daughter's wedding reception there. It's given my family incredible continuity.'

'Both my children have been there pretty much every year of their lives, as I have been, and it's almost like a reservoir of calmness, of goodwill and memories. It's an important constant in our lives.'

## SWIMMING

As a young boy, Duncan used to swim in the sea off Alderney. However, one of his earliest experiences

was in his family's 'DIY' pool in West Sussex where his father had dug up a grass tennis court to create a swimming pool. 'I was about five years old,' he remembers.

His love of swimming and the outdoor life grew, especially as he struggled at school. 'I didn't find out that I was dyslexic until I went to an interview at Millfield. Then, I had an accident and fell from a height, hitting my lip on the root of the tree. It became very swollen and they think I might have damaged a nerve in my lip. But, somehow, that trauma caused the loss of my hair.'

'Swimming became my lifeline because I was drowning in the classroom. It was the lifeline that changed my life.'

He acknowledges how lucky he was to go to a school that valued swimming as much as football, cricket and rugby. 'I'm eternally grateful for the school having those facilities that made it possible for me to swim.'

After leaving Millfield, he read business management at North Carolina State University. It was during this time that he got his first cap for Great Britain at the 1976 Montreal Olympic Games. 'The Queen came in and sat down just before my race (100m breaststroke). I dived in and, much to my delight, won my heat, breaking the Olympic record in front of her,' he says.



ALL IMAGES SUPPLIED BY DUNCAN GOODHEW

## THE PSYCHOLOGY OF WINNING

However, the 24-hour wait between the heats and the final proved difficult psychologically for him. 'I wasn't a natural winner,' he says. 'In swimming, you have one minute in every four years to get it right. It took me three and half years to understand that I had to actually give myself permission to win. My coach at the time tried different strategies.'

A myriad of medals (bronze and silver) followed, but not the elusive gold. However, it was at the 1980 Moscow Olympic Games that the combination of hard work both physically and mentally, paid off. 'When I came up to breathe with 25m to go, I told myself: "Duncan, if you don't do something right now, you're not going to win". And then all of the psychological conditioning I'd done came to bear and I literally saw the others slow down and I maintained the pace.'

## BEYOND SWIMMING

It was a defining moment for Duncan, but the decision was made to retire from competitive swimming. 'Swimming gave me amazing opportunities to travel, to explore, to get to know myself and to meet people. Swimmers are nicknamed "squaddies" because it's like being in the army; you go through such gruelling training. I'm sure it was a good decision to leave even though I thought there was still fuel in the tank.'

After his retirement from swimming, he was selected by the British Bobsleigh Association to represent Great Britain at the 1981 European Championships. He competed in the two- and four-man sleigh events and was awarded with an MBE in 1983 for services to sport.

'When I received my MBE from the Queen, I made sure that all the buttons on my shirt were done up; I had the top hat, the shoes. She said: "I suppose you're unaccustomed to dressing so smartly". I'd met her previously when I was team captain at the Commonwealth Games and had a bowl of ice cream

dripping over my hands. I was wearing a pair of cut-off jeans, a shirt with one button and a pair of clogs – it was the '70s! I thought I looked pretty cool!'

A career in business followed, as well as stints on games shows – even working alongside Sooty. The show was entitled: "Hair Today", where presenter Matthew [Corbett] discovers that he is losing hair, and Sooty makes a magic potion. Things go wrong and Matthew and Sweep become bald.

'It sold 11 million copies! And there were only 22 million households in the country at the time!' laughs Duncan. 'There's a whole generation who knows who I am because of Sooty!'

## A HAPPIER LIFE

Duncan describes swimming as a 'life skill', saying that if you can't swim, then your life is potentially in danger. But it's also a 'gateway sport'.

'If you can't swim, then there's a whole bunch of water sports that either you're going to be precluded from, or you're going to feel really awkward around,' he says. 'If you go on holiday, near the water or where there is a swimming pool, you feel inadequate if you're just sitting on the side. Furthermore, there are certain jobs where you have to be able to swim.'

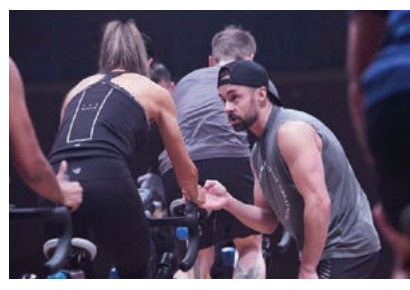
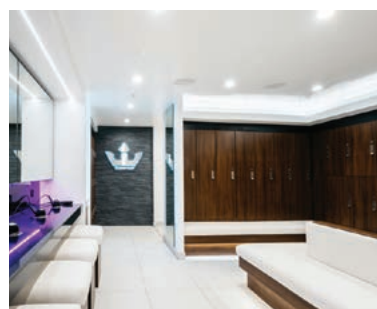
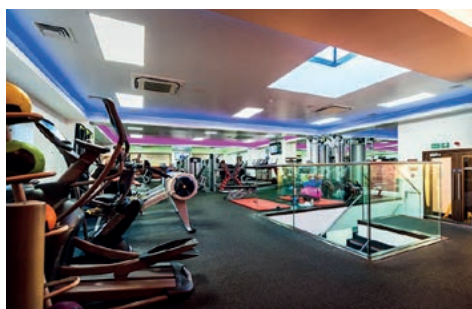
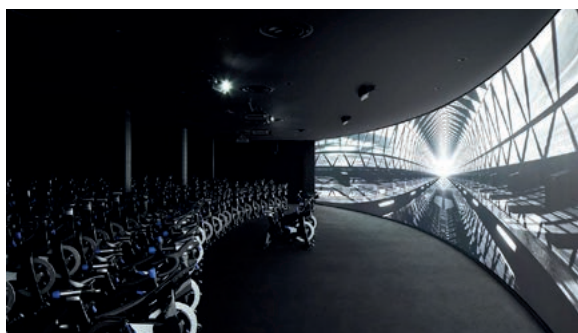
'But I suppose the greatest thing to me is if you talk to any physician, they'll tell you that swimming is the best strategy for good health. It doesn't wear the body like other sports. There's been research about happiness and mental wellbeing: a regular swimmer is 4% happier than somebody who doesn't swim. If they swim outdoors, then it's 8%.'

'I remember talking to Jenny Pitman [the racehorse trainer] whose horses used to swim. And astronauts train in water – so, in a sense, you're getting an off-world experience here on Earth.'

'To me, one swim a day is a good day; two swims a day is a great day.'



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# NO MORE EXCUSES

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'We see a lot of people come to us in January seeking a change in lifestyle, particularly after the Christmas period when we all have a propensity to enjoy all the things we shouldn't. It's important we help people get back into a regime of healthy living without overt pressure or excessive cost,' said Martin.

Kings has a range of membership options available, including newly introduced rolling non-contract memberships, all of which give you access to more than any other health club facility on the island.

'I've worked in the UK gym industry for some time now and Kings is as good as anything I've come across in terms of the quality and range of facilities and services offered,' said Martin.

Kings has been long established as Guernsey's premier venue for lifestyle fitness. The venue first opened its doors back in 1857 and has evolved over the last 166 years to become a luxury health club complete with indoor and outdoor heated swimming pools, sauna and steam room along with tennis and squash courts.

Further significant investment has been made in recent years. In terms of the fitness studio experience, the Immersive Cycling Studio is amongst the best in Europe. The floor-to-ceiling IMAX-style screen wraps around you, a cinema-style surround sound system combined with extensive feature lighting, specialised UV cannons and strobe lighting gives a sense of movement and the stadium-style tiered arrangement ensures that every rider benefits from a unique immersive experience.

With three indoor cycling classes to choose from, including the groundbreaking immersive journey of 'The Trip', alongside more traditional offerings of Les Mills RPM and Sprint, there is something to suit every indoor cycling or fitness enthusiast.



There is a fully air-conditioned, modern, purpose-built fitness studio at Kings, featuring the very latest in audiovisual technology and specialist feature lighting. With the largest range of world class Les Mills workouts on the island, the variety and choice of classes is second to none and ranges from short, sharp high-intensity fat burning classes, to core strengthening workouts, as well as more tranquil and stretch oriented classes such as BodyBalance too.

The gym at Kings is updated with new equipment on a regular basis. New bespoke lifting platforms have recently been installed and this will soon be followed by the rollout of even more brand-new industry leading cardio and resistance equipment too.

But it is not just the amazing facilities that attract so many people to join Kings. The friendly, professional staff are what makes Kings so unique and ensures that members stay as part of the 'Kings family' for many years after first joining.

Kings recently enhanced their customer care and service in the gym to provide members with more support to help you achieve their exercise goals. Jo Richardson has recently been appointed as the new Gym & Studio Manager and, along with our new dedicated Gym Team, will be working to improve our support on the gym floor and offer all members exercise programmes in the gym free of charge.

*If you would like to join Guernsey's Premier Health Club, then please call the membership team on 743902 or email [info@kings.gg](mailto:info@kings.gg) for further information or to arrange a complimentary tour of the facilities.*

*Sign up before 28th February 2023 and pay no joining fee, saving up to £150.*







# OH WHAT A NIGHT!

The 2022 Sporting Achievement Awards were a real celebration of a bumper year of Guernsey sport, showing the breadth and depth of talent on the island, reports the Guernsey Sports Commission.

From the Commonwealth Games in Birmingham to the Football Championship; from the shooting ranges at Bisley to the grass wickets in Guernsey, trophies were awarded to a broad cross section of sports.

The top award of the night, the Guernsey Sports Commission Trophy for the Outstanding Performer of the Year, was awarded to Bristol City star Alex Scott, whose star has continued to rise during 2022. Dubbed the Guernsey Grealish, Scott is now in this third season at the Robins, with Premier League football and further England caps surely only a matter of time.

Top sportswomen of the year and winner of the Guernsey Brewery Salver was Lucy Beere MBE for

her stunning performance at the Commonwealth Games, winning a hard-fought silver medal – the first Guernsey athlete for nearly three decades to stand on a Commonwealth podium.

Her Team Guernsey colleague, Alastair Chalmers, was awarded the Richard Burton Salver for the outstanding individual sporting achievement of the year by a sportsman. After producing his fastest season opener ever in April, Alastair ran an exceptional 48.88 second island record at the World Athletics Challenger meet in Belgium in May, won a third straight British title in June, and represented Great Britain at the World Championships in Oregon in July. But the best was yet to come. 22-year-old Chalmers made



history by becoming the first Sarnian to win a medal in the sport of athletics – he came storming back from Covid to snatch bronze in the 400m hurdles.

Top young sportsperson of the year was golfer Ollie Chedhomme, following a tremendous year becoming the first guernsey player to win the Hampshire Boys Championship since Peter Wilcox in 1978.

The Beau Sejour Trophy for the outstanding team performance by a team of under 18s was awarded to the Guernsey Cricket Under 17 team for their fantastic run in the ICC Under-19 Cricket World Cup European Division 2 Qualified played on home soil in July. Although they narrowly missed out to Italy in the final their hard-fought win over Norway in the semi-final saw them win promotion to Division 1.

Guernsey Cricket also took home the Sports and Nautical Events Shield for their hosting of the World Cup qualifier event.

The Sports Commission Small Team trophy was awarded to the Ladies Commonwealth Games Swimming Relay Team of Orla Rabey, Tatiana Tostevin, Laura Le Cras and Molly Staples, who qualified for the finals of both the 4 x 100m freestyle and medley relays. Up against the big swimming nations the girls finished in 7th and 6th respectively, setting new island records in the process.

The Trophy for teams of over four competitors went to St Martin's AC for their unforgettable 2021/22 season. They became the first team since Vale Rec in the early '80s to finish a Priaulx League campaign undefeated as they mounted a successful defence of the island's top-flight title. And it got even better at the Track in May when they were crowned CI champions with victory over St Clement - the first Guernsey team to lift the Upton Park Trophy in a decade.

It was great to see strong nominations for both our para-sport awards this year. Sight impaired climber Michael Ellis was awarded the Baroness Tanni Grey-Thompson Trophy for the Para sport athlete with a

physical impairment. Michael placed second at his debut climbing competition after he headed to Wales in September for the third round of the national paraclimbing series. Michael competed in two qualifying rounds before reaching the final with his guide, Chris Harvey.

There were joint winners of the Ferbrache & Farrell Trophy for the Para sport athlete with a Learning Impairment. Badminton's Clint Gardner and Jay Webber took home the trophy after their stellar performance in the Special Olympics GB Summer Series of Sport where they both won gold in their respective singles events then combined to take gold in the mixed doubles.

The Dave Dorey Trophy is awarded for the outstanding contribution to sport and Guernsey's only international blue badge Table Tennis umpire Ben Foote beat off strong competition to take the title. Ben has had a busy couple of years travelling the world to officiate at some of the top events including the ITTF World Championships in Houston, the European Youth Top 10 in Tours, France, and the Dusseldorf Open last month but the highlight of Ben's year was umpiring the men's gold medal match between England's Liam Pitchford and India's Sharath Kamal Achanta at the Commonwealth Games in Birmingham in July

Rifle shooter Nick Kerins was awarded the Sir John Loveridge Trophy for the sportsperson making the greatest progress in the year. Having reached his first final for the HM Queens prize at the National Championships at Bisley, Nick excelled in the testing conditions, and at one point after the first 900-yard distance looked like he was in contention for a win. After another excellent shoot at 1000 yards, he ended up in 7th place against some of the best shooters in the world.

All in all, it was fantastic evening and a real celebration of sport, plus the chance to look forward to 2023 and, in particular, Guernsey hosting the NatWest International Island Games in July.

## THE WINNERS

Lambourne Shield for the outstanding performance of a young sportsperson under the age of 18

**Ollie Chedhomme (golf)**

Beau Sejour trophy for the outstanding performance of a team of under 18s

**Guernsey under 17 Cricket team**

Guernsey Sports Commission small team trophy

**Ladies Commonwealth Games Relay Team (swimming)**

Baroness Tanni Grey Thompson Trophy for the Para sport athlete with a physical impairment

**Michael Ellis (climbing)**

Ferbrache & Farrell LLP trophy for the Para sport athlete with a learning impairment - jointly awarded to

**Clint Gardner and Jay Webber (badminton)**

Guernsey Sports Commission Trophy for the outstanding team performance of the year

**St Martin's AC (football)**

Dave Dorey memorial trophy for outstanding contribution to their sport

**Ben Foote (table tennis)**

Sir John Loveridge Trophy for the sportsperson making the greatest progress in the year

**Nick Kerins (shooting)**

Guernsey Brewery Salver for the outstanding individual sporting achievement of the year by a sportswoman

**Lucy Beere MBE (bowls)**

Richard Burton Salver for the outstanding individual sporting achievement of the year by a sportsman

**Alastair Chalmers (athletics)**

Guernsey Sports Commission Trophy for the outstanding performer of 2022

**Alex Scott (football)**

Sports and Nautical Events Shield

**Guernsey Cricket**



# 'POSTER CHILD' FOR CHEST & HEART



Lt-Governor, Lt General Richard Cripwell, meets with nurses at the Oberlands Centre.

Guernsey's Lt-Governor, Lt General Richard Cripwell, has become patron of Guernsey Chest & Heart.

He officially took up the post in January and met with nurses at the Oberlands centre.

'I'm honoured to become patron,' he said. 'It's a cause that means a lot to me as I lost a close friend suddenly to a heart attack last year.'

'It turned out he had underlying symptoms, so I think it is incredibly important to be informed about the causes of heart disease and what can be done to prevent it.'

Older men are particularly at risk of cardiovascular disease.

Lt General Cripwell was thankful for the advice that he personally had received from the centre.

'I see myself as something of a poster child for the charity given my age and lifestyle.'

'I don't mind sharing that I take statins, and, since coming for my first screening, the nurses have been fantastic with the advice they've given me. I've learned so much about the small changes I can make to my life, and I would encourage anyone worried about their heart health to get screened,' he said.

Centre manager Julie Jones was grateful for the Lt-Governor's support, and expressed her gratitude to those donating to the charity.

'It costs about £100,000 annually to run this facility, and with the money received we've been able to set up a free preventative screening program by installing four clinical screening rooms and make the centre a warm, clean environment that people feel comfortable coming to,' she said.



Left to right: James Le Flocq, Senior Recruiter with Camille Norman Ross Burrows, Project Manager.

## SOURCE RECRUITMENT DRIVES LOCAL CHARITY RECRUITMENT

Source Recruitment has launched a new community initiative, focusing on helping Guernsey's charitable sector.

Working alongside the Guernsey Community Foundation to develop close partnerships with local charities, it has developed a brand new volunteer/charity platform to assist with third sector recruitment.

'We believe in helping people feel fulfilled, not only in their workplace but also in their daily lives,' said senior recruiter at Source Recruitment, James Le Flocq. 'We've experienced a rise in candidates coming to us feeling burnt out and unsatisfied, yet unable to reduce their pay to sustain a healthier quality of life. Volunteering can offer the perfect solution for finding that work-life balance, offering professional and personal fulfilment while helping the local community.'

'Similarly, we are approached by candidates who have gaps in their CVs that could be filled with the right voluntary placement. We also know that businesses are increasingly interested in what people do in their spare time. Beyond their skills, experience and qualifications, volunteering is a great way to enhance their professional appeal.'

'We hope that this new scheme will also encourage some of our registered jobseekers actively seeking employment to consider volunteering.'

Joni Nettleship, office manager and third sector liaison at the Foundation, said: 'Volunteering can be extremely fulfilling. We are thrilled that Source has offered its skills and time to help the third sector reach as many people as possible. Board roles have been particularly hard to fill this year so this project will hopefully enable local charities to find the right candidates.'

## TISE FUNDRAISING ASSISTS VICTIMS & WITNESSES OF CRIMES

Staff at The International Stock Exchange have raised more than £16,000 in support of the Guernsey Victim Support and Witness Service. The organisation is an independent charity offering free and confidential support to victims and witnesses of crime and their family and friends.

Chosen by staff as its charity of choice for 2022, the team at TISE organised a series of activities during the year, including games evenings, raffles, sweepstakes, a sponsored step challenge throughout July, and an afternoon tea for nearly 100 guests hosted at St Pierre Park Hotel.

'We are delighted to receive this support from TISE,' said Jenny Murphy, manager at Guernsey Victim Support and Witness Service. 'As an independent charity, which is not part of the police, the criminal justice system or the government, this financial contribution will make a big difference. Our aim is to ensure that victims and witnesses have the best possible experience of support on both a practical and emotional level at what can be a very traumatic and challenging time, so this help from the staff at TISE is hugely appreciated.'

TISE has also made donations to similar victim support charities in



Jenny Murphy, manager at Guernsey Victim Support and Witness Service.

Ireland and Jersey, which are the other jurisdictions where it has staff based. The Prialx Premature Baby Foundation has been chosen by staff as their charity of choice for 2023, which is the Exchange's 25th anniversary year.

## SURE COMMUNITY FOUNDATION REACHES £300K MILESTONE



Lucienne De La Mare, chair of the Sure Community Foundation.

The Sure Community Foundation, a registered charity that offers support through donations to non-profit organisations, has reached its £300,000 milestone. Managed by trustees formed from Sure employees, it is purely funded by a combination of staff and business

donations. Since 2012, 60 charities across Guernsey, Jersey, and the Isle of Man have benefitted.

'We have been in place for ten years now and it's a great achievement to have reached the £300k milestone,' said Lucienne De La Mare, chair of the Sure Community Foundation. 'The Foundation's work has made a valuable impact across the community, and we'd like to thank the team for their dedication and kindness which makes this all possible.'

Charities that benefitted in 2022 include Headway Guernsey, Bright Beginnings, Grow Limited, Relate Guernsey, Guernsey Voluntary Service and Citizens Advice Guernsey.

## RICKSHAW RUN



Three Guernsey friends have completed a 1,800 mile journey across India as part of the Rickshaw Run.

William Allen, 31, his brother Robert-James Allen, 27, and Sam Rawlings, 28, began their trip in Jaisalmer in Northern India on 2 January, and were raising money for two Indian charities, Cool Earth and The Rescue Foundation. So far, they have raised more than £2,800.

William Allen said it was bittersweet to have finally crossed the finishing line.

'I won't miss the means of travel and the driving conditions,' he said.

The team, known as Cumin Resources, came home in 10th place overall (out of 65 teams that started) and with their auto rickshaw still intact. The same could not be said for some of the other teams, however.

## GSPCA VOTED CHAMBER'S CHARITY OF THE YEAR 2023

The GSPCA has been confirmed as Guernsey Chamber of Commerce's charity of the year. Supporting charities is an important aspect of the work undertaken at the Chamber of Commerce, and a vital part of the wider community work many of its members engage in.

The GSPCA's goal is to prevent cruelty to all animals; to rescue animals in distress; to provide shelter for strays; to foster and encourage kindness and consideration in the treatment of animals and birds, whether domestic or wild.





# COME WITH US

## ON OUR JOURNEY TO HELP THEM

From just £5 per month, you can Buy-A-Night and help Guernsey families as they face one of the hardest journeys of their lives. Our compassionate housing, right next to Southampton Hospital, is a lifeline for those with premature babies or critically ill children. The flats have provided comfort and reassurance for thousands of nights and, with your help, will continue to do so for thousands more.

#BuyANight #HostANight

To learn more and sign up visit [ppbf.org.gg](http://ppbf.org.gg)

Scan the QR Code opposite with your smart phone or iPad camera, then press the QR button that pops up.

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HOTELS





# SkySnacks

Enjoy refreshing drinks and snacks at great prices, plus make the most of Aurigny's excellent duty-free offers.

Products listed may be subject to change due to availability.

## HOT DRINKS

Black Coffee  
White Coffee  
Cappuccino  
Latte  
Hot Chocolate  
English Breakfast Tea

£2.50  
EACH

### WARNING:

These drinks are hot, please handle with care in order to protect yourself and fellow passengers.

## SOFT DRINKS

150ml  
Coca Cola or Diet Coke  
150ml  
Britvic Orange  
150ml  
Schweppes Lemonade or  
Canada Dry Ginger Ale  
150ml  
Slimline Tonic Water  
or Tonic Water  
500ml  
Still Spring Water £2  
Sparkling Spring Water £2  
200ml  
Robinsons Fruit Shoot £2.20

£1.35  
EACH

## BREAKFAST BITES

Muffins  
Various flavours



£2.75  
EACH

## SWEETS

Dairy Milk Duo, Maltesers  
Big Bag, or 4-Finger Kit Kat



£2.20  
EACH

## SNACKS

Pringles  
Original or  
Sour Cream  
& Chive

Mini  
Cheddars

Sea Salted  
Pretzels

Snack  
Shortcake



£2.20  
EACH

## BAR DRINKS

Jack Rabbit

£5 18.75cl  
Sauvignon Blanc,  
Rosé or Merlot

Lunetta Prosecco  
£6.50 200ml

Strongbow Cider,  
Madri Lager  
or Guinness  
£5 440ml



2 FOR  
£8

2 FOR  
£8

2 FOR  
£11

2 FOR  
£8

Spirits 50ml £5.50

Bacardi, Courvoisier,  
Gordon's, Jack Daniel's,  
Smirnoff Red, Bombay  
Sapphire, Famous Grouse,  
Blue Bottle Gin & Pink Gin



2 SPIRITS  
AND  
2 MIXERS  
£12

## COMBO DEALS

### DEAL 1

Hot drink  
AND  
Muffin

£4.50

### DEAL 2

Cheddars,  
Pretzels OR  
Pringles AND  
Beer, Cider,  
OR Wine

£7.00

### DEAL 3

Cheddars,  
Pretzels  
OR Pringles  
AND  
a soft drink

£3.50

### DEAL 4

Hot drink and  
Kit Kat OR  
Maltesers OR  
Dairy Milk OR  
Snack Shortcake

£4.50

### DEAL 5

Soft drink OR  
Water AND Kit  
Kat OR Maltesers  
OR Dairy Milk OR  
Snack Shortcake

£3.00

### DEAL 6

Beer  
OR Cider  
AND  
Wine

£8

## ALLERGENS

Please be aware that some of our products may contain allergens and some of our customers may bring onboard their own products containing allergens. If you are susceptible to serious complications arising from allergens it is **your responsibility** to make our cabin crew aware of this immediately.



# On board DUTY FREE



## SPIRITS 1 Litre

- ▶ Gordon's London Dry Gin  
£11.99 each or 2 FOR £19.99
- ▶ The Famous Grouse Whisky  
£12.99 each or 2 FOR £19.99
- ▶ Bombay Sapphire Gin  
£15.99 each or 2 FOR £27.99
- ▶ Smirnoff Red Vodka  
£11.99 each or 2 FOR £19.99

### MIX & MATCH

Famous Grouse Whisky or  
Gordon's Dry Gin  
2 for  
£19.99

## INFLATABLE EMBRAER 195 JET

£12



FUN  
CHILDREN'S  
TOY

## CIGARETTES & TOBACCO

	200 Pack	400 Pack
▶ Marlboro Gold	£49	£79
▶ Benson & Hedges	£46	£75
▶ Lambert & Butler Silver	£43	£62
▶ Mayfair	£43	–
▶ Golden Virginia Tobacco	5 x 50g	£49
▶ Amber Leaf	8 x 30g	£45

On flights from the Channel Islands to the UK, the allowance includes 200 cigarettes and four litres of spirits. On flights from the UK to the Channel Islands, the allowance includes 200 cigarettes and one litre of spirits. A duty-free service is only available on the Embraer and ATR aircraft. You must be 18 or over to purchase tobacco or alcohol. Credit or debit cards accepted.

## SPICED INDICA RUM 70cl

**£30**  
A complex local, golden blend of five rums, aged between 8-10 years

## WHEADON'S GIN 70cl

**£30**  
A premium artisan gin distilled in very small batches handcrafted in Guernsey



70cl  
£30

### PLEASE NOTE:

Items will not be exchanged/refunded, please check your duty free purchases before departing the aircraft.

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Sustainability is at the core of everything we do, be it our relationships with all our stakeholders, to how we undertake the management of wealth. It inspires our approach and influences our clients for a better, braver, and more transparent service.

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## Expert guidance, precisely tailored.

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We specialise in supporting high net-worth individuals and their families. Our clients value our personal, commercial and comprehensive approach.

Our wider services include:

- advising on relocations and high value residency applications in conjunction with trusted tax advisers
- coordinating surveyors and architects, as well as private banks, to provide an integrated, bespoke offering
- responsive and commercially aware planning and construction law advice
- a comprehensive suite of broader private wealth services, delivered in seamless combination with your other service requirements

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